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ABSTRACT

This listing of print and non-print resources related to the prevention of developmental disabilities is intended for use by health professionals and the general public. An introductory section defines developmental disabilities, offers a statement of the problem in Ohio, and describes Ohio's system for prevention/early intervention and the Ohio Developmental Disabilities Prevention Continuing Education Project. The resource list is then divided into three sections: preconceptual, prenatal, and postnatal. The section on preconceptual resources covers genetic inheritance and preparation for pregnancy. The prenatal resources section focuses on maternal lifestyles, nutrition, prenatal care, maternal age, and maternal diseases and infections. The section on postnatal resources lists items on child abuse, childhood infections, head/spinal cord injuries, infant and child care, lead and other poisoning, malnutrition, and near drowning. Each section lists pamphlets, brochures, fact sheets, videotapes, and filmstrips. The listings include title, author, audience level, format, length, date, availability, ordering information, and brief annotation. A final section of training resources lists pamphlets and audiovisual materials on prevention of developmental disabilities; newsletters and journals on early identification and intervention; bibliographies, resource directories, and training packages; national information clearinghouses; Ohio-specific training resources; and related books and articles. (JDD)

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PREVENTION STRATEGIES FOR DEVELOPMENTAL DISABILITIES: AN ANNOTATED RESOURCE LISTING

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IN CONJUNCTION WITH

THE OHIO PREVENTION CONTINUING EDUCATION PROJECT

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Guide for Use

This listing of print and non-print resources related to the prevention of developmental disabilities is a culmination of materials identified over a three-year period. It is intended for use by health professionals and the general public.

Since it would be extremely difficult to identify and list all books, consumer publications and professional journal articles related to the many issues involved in developmental disabilities prevention, only pamphlets, brochures, fact sheets, videotapes, and filmstrips are included for annotation in this directory. However, a list of books and articles pertaining to preconceptional, prenatal and postnatal issues in DD prevention can be found in the Training Resources Section. (See pages 325-349).

Entries are divided into three sections: Preconceptional, Prenatal and Postnatal resources. Within each section, resources are arranged by topic or cause within that given timeframe. An alphabetical listing of materials has been arranged within each subject, according to the following format:

Title of Resource
Author (if applicable)
Audience Level
Format, Length, Date
Availability/Price
Ordering Information
Brief Annotation

For most resources, complete ordering information is given within the entry. However, since many agencies, companies and organizations distribute numerous resource titles, which have been included in this directory, some entries may list only the name of the distributor. An address to complete ordering information for that entry can be found at the back of this section (pages 3-9), "Additional Ordering Information."

Resources appropriate for professional and general consumer audiences are included in the directory. Entries preceded by a " ° " indicate those materials designed for professional use.

The last section (Training Resources) includes listings of newsletters related to early intervention; suggestions for additional reading related to preconceptional, prenatal and postnatal factors; other bibliographies and resource directories identified; national information clearinghouses, Ohio-specific training resources; and materials related to developmental disabilities prevention in general.

Since this Annotated Resource Listing was compiled over a three-year period (from Fall, 1983 to Fall, 1986) the prices and availability of resource materials are subject to change. Therefore, it is advisable to confirm the information with the distributor just prior to placing an order.

Inclusion in this listing does not imply endorsement of resources by either the University Affiliated Cincinnati Center for Developmental Disorders or any of the affiliates of the Ohio Prevention Continuing Education Project.

ADDITIONAL ORDERING INFORMATION

Administration for Children, Youth and Families
Office of Program Development
Post Office Box 1182
Washington, DC 20013
(202) 755-7724

American Academy of Pediatrics
141 Northwest Point Road
Elk Grove Village, IL 60007

American College of Obstetricians and Gynecologists
ACOG Resource Center or ACOG Distribution Center
600 Maryland Avenue, SW
Suite 300 East
Washington, DC 20024

The American Council for Drug Education
5820 Hubbard Drive
Rockville, MD 20852

American Nurses' Association, Inc.
2420 Pershing Road
Kansas City, MO 64108

American Society for Psychoprophylaxis in Obstetrics
ASPO/Lamaze National Headquarters
Post Office Box 33429
Farragut Station
Washington, DC 20033
(703) 524-7802

Center for Disease Control
Center for Health Promotion and Education
Building 14
Atlanta, GA 30333
(404) 329-3145

Centers for Disease Control
Public Inquiries
Building 1, Room B63
1600 Clifton Road
Atlanta, GA 30333
(404) 329-3534

Centers for Disease Control
Immunization Division
Building 14
Atlanta, GA 30333
(404) 329-1886

Consumer Information Center
Pueblo, CO 81009
(202) 566-1794

Consumer Product Safety Commission
1111 18th Street, NW
Washington, DC 20207
(800) 638-8326

Florida Developmental Disabilities Planning Council
1317 Winewood Boulevard
Building 1, Suite 309
Tallahassee, FL 32301
(904) 488-4180

Food and Drug Administration
Office of Consumer Affairs
5600 Fishers Lane (HFE-88)
Rockville, MD 20857
(301) 443-3170

Government Printing Office
Superintendent of Documents
Washington, DC 20402
(202) 783-3238

Health Education Associates, Inc.
211 South Easton Road
Glenside, PA 19038
(215) 576-8701

International Childbirth Education Association
ICEA Bookcenter
Post Office Box 20048
Minneapolis, MN 55420

La Leche League International
9616 Minneapolis
Post Office Box 1209
Franklin Park, IL 60131-8209
(312) 451-1891

March of Dimes Birth Defects Foundation
Professional Education Department
1275 Mamaroneck Avenue
White Plains, NY 10605

March of Dimes Birth Defects Foundation
Public Health Education Department
1275 Mamaroneck Avenue
White Plains, NY 10605

March of Dimes Birth Defects Foundation
Supply Division
1275 Mamaroneck Avenue
White Plains, NY 10605

National Audiovisual Center
National Archives and Records Service
General Services Administration
Information Section Room
Washington, DC 20409
(301) 763-1896

National Cancer Institute
Office of Cancer Communications
Building 31, Room 10A-29
9000 Rockville Pike
Bethesda, MD 20205
(301) 496-5583

National Center on Child Abuse and Neglect
Post Office Box 1182
Washington, DC 20013
(703) 558-8222

National Center for Education in
  Maternal and Child Health
3520 Prospect Street, NW
Washington, DC 20057
(202) 625-8400

National Center for Health Statistics
Scientific and Technical Information Branch
Division of Data Services
Center Building, Room 1-57
3700 East-West Highway
Hyattsville, MD 20857
(301) 436-8500

National Clearinghouse for Alcohol Information
Post Office Box 2345
Rockville, MD 20852
(301) 468-2600

National Clearinghouse for Drug Abuse Information
Post Office Box 416
Kensington, MD 20795
(301) 443-6500

National Clearinghouse for Family Planning Information
Post Office Box 2225
Rockville, MD 20852
(301) 881-9400

National Clearinghouse for Mental Health Information
Public Inquiries Section
5600 Fishers Lane, Room 15 C-17
Rockville, MD 20857
(301) 443-4513

National Committee for Adoption Bookstore
Suite 326
1346 Connecticut Avenue, NW
Washington, DC 20036

National Council on Alcoholism
733 Third Avenue
New York, NY 10017

National Diabetes Information Clearinghouse
Box NDIC
Bethesda, MD 20205
(301) 468-2162

National Easter Seal Society
2023 West Ogden Avenue
Chicago, IL 60612

National Institute on Alcohol Abuse
and Alcoholism
5600 Fishers Lane
Rockville, MD 20857

National Institute of Allergy and
Infectious Disease
Building 31, Room 7A32
NIH
Bethesda, MD 20205

National Institute of Child Health
and Human Development
Office of Research Reporting
Building 31, Room 2A-32
9000 Rockville Pike
Bethesda, MD 20205
(302) 496-5133

National Institute of Mental Health
Public Inquiries
Parklawn Building, Room 11A-21
5600 Fishers Lane
Rockville, MD 20857
(302) 443-4513

National Maternal and Child Health Clearinghouse
3520 Prospect Street, NW
Ground Floor
Washington, DC 20057
(202) 625-8410

National Technical Information Service
U. S. Department of Commerce
5285 Port Royal Road
Springfield, VA 22161
(703) 487-4600

New Jersey Hospital Association
746-760 Alexander Road
CN-1
Princeton, NJ 08540
Attn: Immunization Program Director

New York State Department of Health
Office of Health Education Promotion Services
Room 1084, Tower Building
Empire State Plaza
Albany, NY 12237

Office on Smoking and Health
Technical Information Center
5600 Fishers Lane, Parklawn Building
Room 116
Rockville, MD 20858
(301) 443-1690

Ohio Department of Health
Division of Maternal and Child Health
246 North High Street
Columbus, OH 43216

Ohio Department of Health
Division of WIC
246 North High Street
Box 118
Columbus, OH 43216

Ohio Department of Highway Safety
Post Office Box 7167
Columbus, OH 43205

Planned Parenthood Federation of America, Inc.
810 Seventh Avenue
New York, NY 10019
(212) 541-7800

Polymorph Films, Inc.
118 South Street
Boston, MA 02111
(617) 542-2004

The Salvation Army
Social Services Department
120 West 14th Street
New York, NY 10011

Society for Nutrition Education
11736 Franklin Street
Oakland, CA 94612

State of New York
Division of Alcoholism and Alcohol Abuse
194 Washington Avenue
Albany, NY 12210

Supplemental Food Programs Division
USDA, FNS
Park Office Center
3101 Park Center Drive
Alexandria, VA 22302

U. S. Department of Transportation
National Highway Traffic Safety Administration
NTS-11
400 7th Street, SW
Washington, DC 20590
(202) 426-9294

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Illinois Public Health Association, Birth-to-Three Clearinghouse
March of Dimes, Cincinnati Chapter
National Audiovisual Center
National Center for Education in Maternal and Child Health
National Maternal and Child Health Clearinghouse
National Institute on Alcohol Abuse and Alcoholism
New York State Department of Health
Ohio Department of Health, Refugee Health Program and Wic Program
Polymorph Films
Sparks Center, University of Alabama at Birmingham
Wisconsin Human Services Information Center

INTRODUCTION

OHIO'S MODEL OF PREVENTION/EARLY INTERVENTION CONTINUING EDUCATION

Part I:	Definitions of Developmental Disabilities
Part II:	Causes of Developmental Disabilities
Part III:	Prevention of Developmental Disabilities
Part IV:	Statement of the Problem in Ohio
Part V:	Ohio's System for Prevention/Early Intervention
Part VI:	Ohio Prevention Continuing Education Project as one Ohio Prevention Effort

I. DEFINITIONS OF DEVELOPMENTAL DISABILITIES

The current functional definition of developmental disabilities is: severe, chronic disability of a person which: is attributable to a mental or physical impairment or combination of mental and physical impairments; is manifested before the person attains age twenty-two; is likely to continue indefinitely; results in substantial functional limitations in three or more of the following areas of major life activity; self-care, receptive and expressive language, learning, mobility, self-direction, capacity for independent living, and economic self-sufficiency; and reflects the person's need for a combination and sequence of special, interdisciplinary, or generic care, treatment, or other services which are of lifelong or extended duration and are individually planned and coordinated.

Developmental disabilities are most commonly associated with mental retardation, epilepsy, cerebral palsy, autism, and specific learning disorders, although some cases may not meet the current functional criteria for developmental disabilities.

Mental Retardation: refers to significantly subaverage general intellectual functioning existing concurrently with deficits in adaptive behavior, and manifested during the developmental period. (American Association on Mental Deficiency, 1973)

Cerebral Palsy: a disorder dating from birth or early infancy, nonprogressive, characterized by examples of aberrations of motor function (paralysis, weakness, incoordination), and often other manifestations of organic brain damage such as sensory disorders, seizures, mental retardation, learning difficulty, and behavioral disorders. (American Association of Mental Deficiency, 1973)

Epilepsy (convulsive disorders): clinical disorder characterized by single or recurring attacks of loss of consciousness, convulsive movements, or disturbances of feeling or behavior. These transient episodes are associated with excessive neuronal discharges occurring diffusely or focally in the brain. The sites of neuronal discharge determine the clinical manifestations of the seizure. (American Association of Mental Deficiency, 1973)

Autism: essential features of this syndrome include a prevasive lack of responsiveness to other people, gross deficits in language development, bizarre responses to various aspects of the environment, all developing within the first 30 months of age. (Diagnostic and Statistical Manual of Mental Disorders, 1981)

Specific Learning Disability: means a disorder in one or more of the basic psychological processes involved in understanding or in using language spoken or written, which may manifest itself in an imperfect ability to listen, think, speak, write, spell, or to do mathematical calculations. The term includes such conditions as perceptual handicaps, brain injury, minimum brain dysfunction, dyslexia, and developmental aphasia. The term does not include children who have learning problems which are primarily the results of visual, hearing or motor handicaps, of mental retardation, of emotional disturbances, or of environmental, cultural, or economic disadvantage.

II. CAUSES OF DEVELOPMENTAL DISABILITIES

Causes of developmental disabilities can be categorized according to the time when the insult occurs.

	CONCEPTION	BIRTH	
PRECONCEPTIONAL	PRENATAL		POSTNATAL
--Genetic Inheritance --Unhealthy Lifestyle · Tobacco Use · Malnutrition · Alcohol/Drug Abuse --Cronic Disease States · Epilepsy · Diabetes · Maternal PKU · Rh Factor --Lack of Awareness surrounding needs for early and consistent prenatal care	--Chronic Maternal Disease --Lifestyle factors such as: drug abuse/ misuse and malnutrition --Maternal Infections	--Asphyxia --Infections --Difficult Delivery	--Child Abuse --Childhood Infections --Head Injuries --Lead and Other Poisonings --Malnutrition --Near Drowning --Lack of Stimulation
INADEQUATE PREPARATION FOR PREGNANCY	INTRAUTERINE ENVIRONMENTAL INSULTS	COMPLICATIONS	EXTRAUTERINE ENVIRONMENTAL INSULTS

A. Genetic causes, such as:

1. Single gene disorders are caused by a single gene that is mutant.

Mutations can be expressed in three ways -- autosomal dominant, autosomal recessive, and x-linked.

a. Autosomal dominant disorders are single gene mutations that show expression when paired with a normal gene.

b. Autosomal recessive disorders are single gene mutations which must be paired (two genes -- one from each parent) to produce the effect.

c. X-linked recessive and x-linked dominant disorders are gene mutations which occur on the x(sex) chromosome.

2. Cytogenetic (chromosomal) refers to disorders caused by an error in the number (aneuploidy) or structure (deletion, duplication, translocation) of chromosomes.

a. The most common is Trisomy 21 (Down Syndrome), and is an example of an error in the number (extra 21) of chromosomes.

b. A chromosomal translocation is characterized by the transference of one chromosome (or part of it) onto another chromosome.

3. Multifactorial traits are conditions where both environmental and genetic factors can be involved.

B. Intrauterine environmental causes are:

1. Maternal diseases and associated pharmocologic management

a. Diabetes
b. Epilepsy (Dilantin and possibly Depakene)
c. Heart (Coumadin or Warfarin)
d. Phenylketonuria (Maternal PKU)
e. RH blood factor

2. Maternal infections

a. The following are known causes:

(1) Rubella virus
(2) Cytomegalovirus
(3) Toxoplasma gondii
(4) Herpes Simplex, Types I and II (known cause when active during delivery)

b. The following are suspect:

(1) Herpes Simplex Type II (unknown as an intrauterine factor)
(2) Group B coxsakievirus
(3) Venezuelan equine encephalitis
(4) Treponema pallidum
(5) Varcella
(6) Urinary tract infectious agents

3. Maternal lifestyles

a. Smoking (nicotine and other "unknown" compounds)
b. Drug abuse/misuse -- alcohol, street drugs, prescribed medications (anticonvulsants, anticoagulents, anticancer, hormones)
c. Malnutrition -- abnormal dietary habits
d. Maternal environment -- workplace
e. Substances of occupational significance observed to induce adverse pregnancy outcomes with exposure during pregnancy:

alkylating agents
anesthetic gases
arsenic
benzene
carbon monoxide
chlorinated hydrocarbons
diethystilbesterol
dimethyl sulfoxide
dioxin
ionizing radiation
organic mercury compounds
organophosphate pesticides
    DFP
    parathion
    captan
    carbaryl
    theram
polyoniorianated biphenyls

*Source: Occupational Health and Safety, April, 1979, pg. 40.

f. Maternal environment -- hobbies

ceramics -- lead
photographic solvents

4. Maternal Age

   a. women over 35
   b. adolescents under 17

C. Perinatal factors

1. Birth complications

   a. Prematurity -- low birthweight
   b. Asphyxia
   c. Abnormal/difficult delivery/misuse of anesthesia

D. Postnatal factors

1. Infections

   a. Acute bacterial meningitis
   b. Encephalitis
   c. Gastrointestinal
   d. Reye's Syndrome

2. Safety

   a. Home: Lead and other poisoning
   b. Car, home, playground, or recreational accidents causing head/spinal cord injury
   c. Near-drowning incidents

3. Child abuse/neglect

   a. Inadequate nutrition
   b. Emotional/physical abuse

E. No known or identifiable cause in 60% to 80% of cases

III. PREVENTION OF DEVELOPMENT DISABILITIES

Known causes of developmental disabilities can be prevented through:

1. Preconceptional counseling, including genetic screening,
2. Improved and accessible prenatal care,
3. Identification and management of high risk pregnancies and newborn screening during the perinatal period,

4. Early identification and intervention of infants and young children showing developmental delays,
5. Childhood safety and health programs.

Specifics tasks of preventions: (Adapted from: Allen Crocker, "Current Strategies in Prevention of mental Retardation," Pediatric Annals II. Pages 450-458, 1982.

Rubella immunity status testing and subsequent, appropriate immunization,

Improved and available prenatal care,

Improved and available care for the preterm neonate.

Identification and referral of persons of high risk for genetic counseling,

Identification and referral of alcohol abusing women of childbearing age,

Identification/referral/treatment of the RH negative female,

Continue or install community education programs to reduce the incidence of childhood accidents, specifically head and spinal cord injuries, such as the use of car restraints.

Continue or install education/counseling/direct services to teenagers re contraception and pregnancy,

Continue or install education programs/services to facilitate childhood immunizations,

Identification and referral of child abuse victims and caregivers,

Continue or install community education programs re the importance of good nutrition and available nutrition services,

Newborn screening for treatable inborn errors of metabolism: PKU (phenylketonuria), galactosemia,

Newborn screening for congenital hypothyroidism, Use of amniocentesis, maternal serum alfa feto protein (MSAFP) screening, and other prenatal diagnostic tools,

Carrier identification and referral of genetic conditions: Sickle Cell, Tay-Sachs, Thalassemia,

Monitoring of PKU women of childbearing age,

Continue or install community education and intervention programs re adolescent drug/alcohol-related accidents,

Continue or install community education programs to increase awareness in preconceptional health,

Continue or install community education programs and/or safeguards against near-drowning incidents.

Continue or install community education/screening efforts to detect lead exposure in children.

Early identification and intervention of children showing developmental delays or of identified children, i.e., Down Syndrome, to minimize the effect of the condition.

Ongoing service and support of families who have members with disabilities,

Continuing research into causation,

Professional education re prevention.

IV. STATEMENT OF PROBLEM IN OHIO

In 1981, 11,384 babies of the 166,971 total births were born prematurely; 1,962 were live births with apparent anomalies. During that same year, the fetal death rate in Ohio was 8.3% per 1,000 live births, and the infant mortality rate was 12.3% per 1,000 live births (Ohio Dept. of Health, 1980). In 1981, 24,123 women, age 15-19, and 396 women under the age of 15 gave birth in Ohio. Thus, during that year, 15% of all Ohio births were to teenagers (Ohio Dept. of Health, 1981). Adolescents have the highest rate of any age group for low birthweight, dead or damaged babies. Low birthweight is not only a major cause of infant mortality, but also of complications which may result in neurological defects (Baboon et al, 1980).

Within the Ohio Dept. of Health's Prenatal Care program during 1980, 3,368 women out of 168,743 did not indicate any prenatal care at the time of delivery, and over 1,000 had not been seen beyond a pregnancy confirmation, prior to labor/delivery (Ohio Dept. of Health, 1981).

Congenital anomalies are the second leading cause of death of infants and children under the age of four, and the third leading cause of death for children ages 5 to 14 in Ohio. The Department of Health and Human Services estimates that 6% of the population in the United States are affected by genetic disorders -- about 600,000 Ohioians. In 1980, 22.6% of neonatal and 20.8% of infant deaths in Ohio were attributable to a genetic defect. Within the United States population, 5-10% of those with mental retardation have a genetic origin. Nearly 50% of miscarriages are caused by genetic defects, primarily gross chromosomal defects. The risk for chromosomal defects increase significantly after a woman reaches age 35 and men 55. In 1980, 6,306 of the 169,745 live births in Ohio were to mothers over the age of 35 (Ohio Dept. of Health, 1980).

Prevalence rates for handicapping conditions vary considerably, according to the "functional definition of disability" used. According to the U. S. Department of Education, 12% of school-aged children are handicapped (Swift and Fine, 1986). Swift and Fine (1986) found that 6.1% of children 0-4 in Ohio had a handicapping condition. This supports Abramowicz and Richardson (1975), who found that the rate of mental retardation is lower for preschool children, suggesting more identification of children once they reach school.

Since its inception in 1975, the regionalized system of prenatal care in Ohio has served to decrease the rate of infant mortality from 10.1 in 1977 to 7.8 per 1,000 live births in 1982, demonstrating that once identified and transported to tertiary centers, at risk babies have a much better chance of survival. The problem at hand is to increase the high risk patients access to the health care system that has been elaborately and effectively constructed to intervene in precarious situations. One way of facilitating patient access to services is through the provision of direct consumer training, as well as continuing education for those professionals who provide or plan services for consumers.

V. OHIO'S SYSTEM FOR PREVENTION/EARLY INTERVENTION

If headway toward the prevention of mental retardation and other developmental disabilities is to be achieved, consumer behaviors which have an adverse impact on pregnancy outcome and the lives of children must be altered. Direct consumer training to increase awareness in causes and prevention of developmental disabilities is one avenue to affect consumer behavior. Another avenue for modifying consumers behaviors is through the influence of professionals, from whom consumers receive services and in whom they place their trust. Professionals who have this role are in a strategic position to increase awareness of their clients regarding unhealthy practices which may affect the lives of their children, as well as identify potentially high risk individuals for in-depth assessment. If professionals from all disciplines are willing to get involved in DD prevention and seek continuing education, a comprehensive, multi-disciplinary approach to prevention can be achieved.

Given that, a model (outlined in Table 1.1) to develop, field test, and disseminate state-of-the-art developmental disability prevention training for professionals and consumers has been created in Ohio, to contribute to the reduction of developmental disabilities. Other prevention efforts focused more on medical services are coordinated through the Department of Health, as outlined in Table 1.2. This table also outlines other special prevention training projects, coordinated through the Child Development Committee of the Ohio Developmental Disabilities Planning Council.

Table 1.1

The Ohio Prevention Continuing Education Model

UAF ---------------------- To develop materials

AHEC ---------- OCES ----- Secondary Schools --- To disseminate materials

Professionals ------------- General Consumers --------Teens --- To receive materials

Table 2.1

MODEL OF PREVENTION/EARLY INTERVENTION ACTIVITIES THROUGH OHIO'S DEPT. OF MR/DD AND DEPT. OF HEALTH

Governor

Department of Mental Retardation Developmental Disabilities	Department of Health and Human Services
Ohio Developmental Disabilities Planning Council	Division of Maternal and Child Health
Child Development Committee Special Projects: .. Genetic Screening/ Counseling Training .. Child Abuse Prevention Training .. Fetal Alcohol Syndrome .. Early Intervention .. DD Prevention Continuing Education	.. Regionalized System of Perinatal Care .. Regionalized Genetic Screening Education Program .. WIC Nutrition Services .. Maternal, Infant Care, Clinics .. Special focal projcts such as Fetal Alcohol Syndrome

VI: The Ohio DD Prevention Continuing Education Project:

It would appear that the most comprehensive approach to DD Prevention education is the investment of training energies and monies in both consumers and professionals, if a comprehensive training approach is to be achieved. The fact that no single training network reaches both populations poses a logistics problem, how- ever. Therefore, existing community training resources must be pooled. Indeed, that is what the Ohio Prevention Continuing Education Project was designed to do.

Initiated in 1983 at University Affiliated Cincinnati Center for Developmental Disorders, the Ohio DD Prevention Project is consistent with Ohio's emphasis upon interagency collaboration and utilization of existing resources. It combines the resources of two existing Ohio continuing educational networks for professionals and consumers with the DD expertise of Ohio's University Affiliated Facilities, to establish an ongoing statewide mechanism for DD prevention training, (See Table 1.1, Page 28).

The Project is specially being implemented by Ohio's two UAF's, the Cincinnati Center for Developmental Disorders and the Nisonger Center in Columbus, in collaboration with the Ohio Area Health Education Centers (or AHECs), and the Ohio Cooperative

Extension Service. Through a more recent project initiative, secondary schools have been incorporated as an additional component of Ohio's statewide DD prevention training network.

Following development of the DD Prevention training materials for professionals and consumers, the UAFs are using a training-of-trainers approach to systematically train AHEC, Cooperative Extension, and School personnel to incorporate DD prevention education within their existing continuing education, community, and/or school curricula activities. Statewide evaluation of these training activities is another function of the UAFs.

Training materials have been developed for training physicians and nurses, allied health professionals, and general consumers. A training package, which focuses upon practical ways to incorporate information on prevention of DD into various high school subject area lesson plans, is currently being developed and piloted for training teens through secondary school curricula. The medical and allied health personnel training materials have been provided to the AHECs for inclusion in their existing professional continuing education activities. Similarly, the consumer training materials are being utilized within the Cooperative Extension's Homemaker and 4-H Programs.

Training materials that have been developed by the project to date, include:

- A one-hour videotape training module, "Before Conception," that is targeted for training physicians and other medical professionals.
- A series of six, three-hour training modules, "Prevention Strategies for Developmental Disabilities -- A Multi-Disciplinary Approach," for use in training allied health or human service professionals.
- A training package, "Making Healthy Decisions for Ourselves and Future Babies," for use in training the general public. (Volume II of this curriculum for use with teens is currently under development.)
- This annotated resource listing of existing national prevention-related training and information materials.

In Ohio, it has proven effective to utilize the existing AHEC and OCES training networks to reach professional and consumers with DD prevention information. However, these two systems do not exist within each state. The key, therefore, is to identify available community resources and cooperate with them to achieve mutual training goals -- community and personal wellness. In Ohio, over 1,200 professionals and 10,000 consumers have been reached in two years, using this interagency approach.

PRECONCEPTIONAL

Good prenatal care is generally regarded as the optimum measure to prevent birth defects. Research of embryologic development and placental limitations in the last decade has documented the importance of good prenatal care during the first few weeks of pregnancy, the time of organogenesis; and has supported the necessity for pregnancy education and counseling prior to conception, in an attempt to protect the organism during this phase of rapid cellular growth and differentiation.

Thus, the critical need for early prenatal care has precipitated a new approach to preventing birth defects -- to increase awareness of individuals of childbearing age with information related to genetic, health, and lifestyle factors known to increase the risk for poor pregnancy outcome, before conception, as an embryologic safeguard. This approach, preconceptional health awareness and counseling, serves as a birth defects prevention strategy by facilitating informed decision making regarding childbearing; by allowing time for lifestyle modification prior to the period of embryonic organogenesis; by encouraging family planning and spacing; and by identifying high-risk individuals for referral to community genetic or medical resources for in-depth assessment.

Although preconceptional health and lifestyle awareness is applicable to all women of childbearing age, certain groups of women are at known high risk poor pregnancy outcome and should be targeted with specific health/lifestyle information.

These women include:

women over the age of 35

teenaged women

women who require prolonged prescribed medications

women with diabetes

women with epilepsy, taking anticonvulsant drugs, such as Dilantin

women with artificial heart valve replacements taking anticoagulents such as Coumadin

women who do not have rubella immunity

identified carriers of genetic conditions

women who smoke heavily

women who drink alcoholic beverages, either binge drinking or chronic abuse

women who misuse over-the-counter drugs

women who take illicit drugs

women who are malnourished

women who work or have hobbies where they are exposed to harmful chemicals

women who eat undercooked meat

women who own a cat

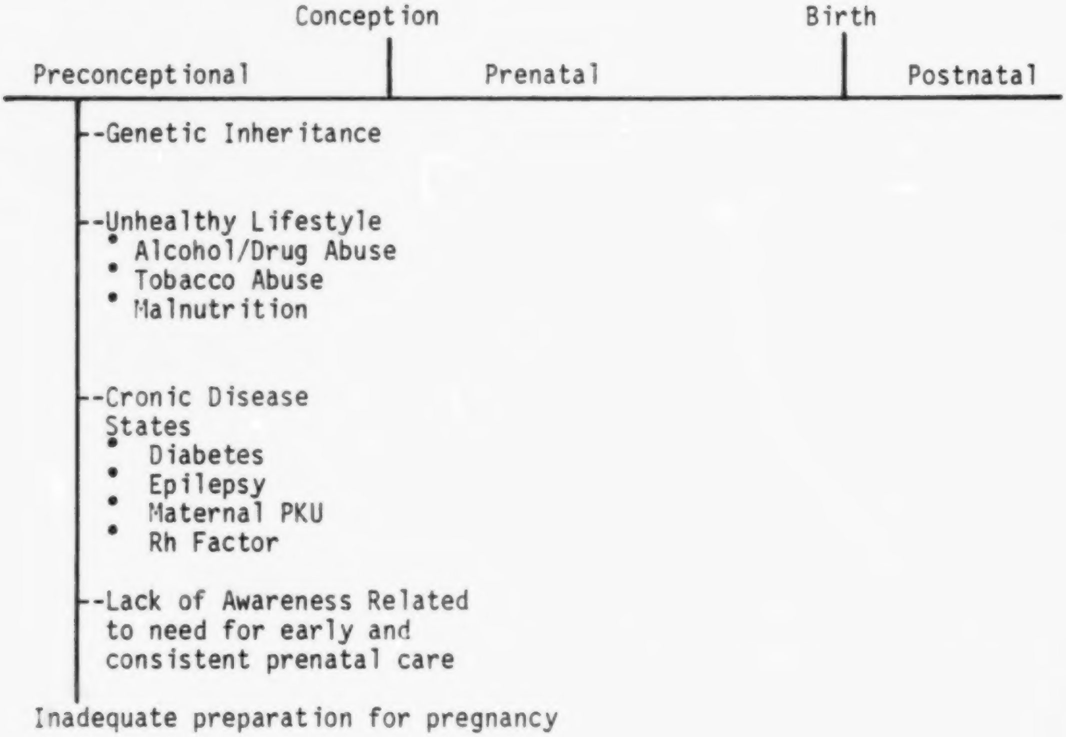
women who have a sexually transmitted disease

women who are Rh negative

individuals with family or personal history of genetic conditions

All of these high risk categories are intensified by socio-economic status and educational level.

Preconceptional factors to consider, therefore, include:



Conception | Birth

Preconceptional | Prenatal | Postnatal

- --Genetic Inheritance
- --Unhealthy Lifestyle
  - Alcohol/Drug Abuse
  - Tobacco Abuse
  - Malnutrition
- --Cronic Disease States
  - Diabetes
  - Epilepsy
  - Maternal PKU
  - Rh Factor
- --Lack of Awareness Related to need for early and consistent prenatal care

Inadequate preparation for pregnancy

Prevention efforts which can be implemented prior to conception include:

Rubella immunity status testing and subsequent, appropriate immunization;

Improved and available prenatal care;

Identification and referral of persons of high genetic risk for genetic counseling;

Identification/referral/treatment of the RH negative female;

Continue or install education/counseling/direct services to teenagers re contraception and pregnancy.

Continue or install community education programs re the importance of good nutrition and available nutrition services;

Carrier identification and referral of genetic conditions: Sickle Cell, Tay-Sachs, Thalassemia;

Monitoring of PKU women of childbearing age;

Continue or install community education programs to increase awareness in preconceptional health;

Continuing research into causation;

Professional education re prevention.

The two major categories to be covered in this section will be genetic inheritance and preparation for pregnancy, i.e., lifestyle modification and early prenatal care.

GENETIC INHERITANCE

Asi Que Tengo Las Characteristics De Las Celulas Falciformes

Children

Pamphlet Length: 16 pp. Date: 1976

Single Copy free.

(NIH)78-479 (Spanish Version)
(NIH)78-421 (English Version)
National Maternal and Child Health Clearinghouse

Also available in English.
"So I Have The Sickle Cell Trait" - Explains the sickle cell trait in Spanish.

Autism

General Public

Fact Sheet Length: Date: 1983

Single Copy free

NIH Pub. No. 83-1877
National Institute of Neurological and Communicative Disorders and Stroke
Building 31, Rm. 8A16
NIH
Bethesda, MD 20892

A severely incapacitating, lifelong developmental disability that usually appears in the first 3 years of life. Chemical exposure in pregnancy and perinatal viral infections are among the potential causes. Also available in Spanish - NIH Pub. No. 81-2282, 1980.

•Birth Defects Original Article Series - Ethical Issues Arising in the Genetic Counseling Relationship

Professionals

Booklet Length: Date: 1978

Free

14-9
March of Dimes Birth Defects Foundation
Professional Education Division

Prologue, propositi, professionals, procedures, and propositions.

•Birth Defects Original Article Series- A Guide to Human Chromosome Defects, 2nd Edition

Professionals

Booklet Length: Date: 12/80

5/$3.00

Vol. XVI, No. 6
March of Dimes Birth Defects Foundation
Professional Education Division

A guide with useful information and helpful insights into questions being asked about chromosome defects, especially by parents and prospective parents.

Causes and Treatments for Genetic Disorders

General Public

Pamphlet Length: 13 pp. Date: 1977

Single copy free from Resource Center; for sale from Publications Secretary - $15/100, $60/500, $120/1000.

Patient Information Booklet R-42
American College of Obstetricians and Gynecologists

Explains genetic diseases, their causes, risks, and tests to detect them, including a discussion of amniocentesis. Briefly touches on genetic counseling.

• **Chemical and Physical Exposures of Parents: Effects on Human Reproduction and Offspring**

Barbara Reiber Strobino, Jennie Kline, and Zena Stein

Professionals

Pamphlet	Length: 20 pp.	Date: 1978

International Childbirth Education Association

Reviews observed effects on reproduction of parents' exposure to environmental hazards both before and after conception.

• **Cooley's Anemia, A Medical Review**

Professionals

Pamphlet	Length: 50 pp.	Date: 1981

Single copy free

(HSA)81-5125
Code No. B87
National Maternal and Child Health Clearinghouse
38th and R Streets, NW
Washington, DC 20057

Reviews the medical knowledge about this group of inherited blood disorders. Covers prevalence, clinical manifestations, complications, diagnosis, management, and related topics.

Cooley's Anemia: Prevention Through Testing

General Public

Pamphlet	Length: 6 pp.	Date: 1980

Single copy free

(NIH) 80-2026
Public Inquiries
National Heart, Lung, and Blood Institute
NIH
Bldg. 31, 4A-25
Bethesda, MD 20892

Written for parents of children with Cooley's anemia. Describes this inherited blood disease and encourages testing for the Cooley's anemia trait and prevention of the disease.

Cooley's Anemia: Prevention Through Understanding

General Public

Pamphlet Length: 16 pp. Date: 1980

Single copy free

(NIH) 80-1269
Public Inquiries
National Heart, Lung and Blood Institute
NIH
Bldg. 31, 4A-25
Bethesda, MD 20892

Defines Cooley's anemia, its cause, symptoms, and treatment. Describes prevention through testing and genetic counseling services. Current research is discussed and a glossary of terms is included.

Cleft Lip and Cleft Palate

General Public

Pamphlet Length: 8 pp. Date: 1982

Single copy free

(NIH) 82-1145
Public Inquiries
National Institute of Dental Research
NIH
Building 31, 2C33
Bethesda, MD 20892

Provides a brief overview of the cleft lip and palate, describing the disorders, effect on hearing and speech, adjustment of the child, causes and treatment. Includes suggestions on where to obtain help.

* Designing Your Family Planning Education Program

Professionals

Booklet	Length: 90 pp.	Date: 1980

Single copy free

U. S. Department of Health and Human Services
Public Health Services
Bureau of Community Health Affairs
5600 Fishers Lane
Rockville, MD 20857

Comprehensive planning manual for the development, implementation and evaluation of family planning programs.

Down Syndrome

General Public

Information Sheet	Length: 1 p.	Date: 8/83

Free

09-174-00
March of Dimes Birth Defects Foundation
Supply Division

Public Health Education information sheet (genetic series) on what Down Syndrome is, its cause, and seriousness.

Facts About Down Syndrome

General Public

Pamphlet Length: 16 pp. Date: 1984

Single Copy Free

Office of Research Reporting
National Institute of Child Health and
Human Development
NIH
Bldg. 31, Room 2A32
Bethesda, MD 20892

Describes the genetic and physical aspects of infants affected by Down Syndrome and discusses the health and developmental problems they may face throughout their early years, adolescence and into adulthood. The pamphlet also lists volunteer resource agencies

* Family Pedigree Chart

Anyone involved in genetic studies

B&W poster Length: 13" x 19" Date:

$1 prepaid. Minimum order - 4 copies

International Childbirth Education Association

Depicts the proper way to develop a family pedigree, for use in counseling for genetic disease; for anyone involved in genetic studies - the high school biology student as well as the experienced genetic counselor.

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Friedreich's Ataxia

General Public

Fact Sheet Length: Date: 1982

Single copy free

NIH Pub. No. 82-87
National Institute of Neurological and Communicative
Disorders and Stroke
NIH
Building 31, Room 8A06
Bethesda, MD 20892

This brief fact sheet describes the disorder which is thought to be caused by an abnormality in one of the genes that is passed from parents to their children.

From Generation to Generation: Genetic Counseling

High School Students

Filmstrip or slide set Length: 12 mins. Date: 1977
being revised

Filmstrip kit/$15, Slide set kit/$25

59-100-00 (filmstrip)
59-100-01 (slide set)
March of Dimes Birth Defects Foundation/Supply Division

Explains medical genetics in easily understood terms and discusses inherited diseases and genetic counseling through the use of case histories. A showing guide, narration sheet, and Genetic Counseling booklet are included in the kit. Suitable for young people in a variety of health education programs.

• **Genetic Change**

Professionals

Film Length: 58 mins. Date: 1976

Purchase: $325, Rental: $75

#NOVA-319
Public Broadcasting System Video
475 L'Enfant, S.W.
Washington, DC 20024
(800) 424-7963

NOVA investigates research on hemophilia, a genetic blood disease. Scientists can now detect a variety of genetic defects, such as hemophilia, in unborn babies. But how is a defect defined and what are the social implications concerning an effected fetus?

Genetic Counseling

General Public

Booklet Length: 22 pp Date: 7/83

Free

#09-022-00
March of Dimes Birth Defects Foundation
Supply Division

This booklet explains how family histories and sophisticated tests can predict many birth defects, including Down syndrome, Tay-Sachs disease and sickle cell anemia. It also explains how these conditions are inherited. A good resource for couples referred for genetic counseling as well as for students and allied health workers.

• **Genetic Counseling - A Professional Fact Sheet**

Professionals

Fact Sheet Length: Date:

Write for charges

Cincinnati Regional Genetics Center - CCDD
Pavilion Building
Elland and Bethesda Avenues
Cincinnati, OH 45229
Attn: L. Hoechstetter

Indications for referral for genetic counseling; when amniocentesis for prenatal diagnosis indicated.

Genetic Counseling in Family Planning

General Public

Pamphlet Length: Date:

Write for charges

Medical Research and Public Health Committee
Massachusetts Association for Retarded Children
381 Elliot Street
Newton Upper Falls, MA 02165

What genetic counseling is, by whom it is best done, and a few basic facts

Genetic Counseling: Learning What to Expect

Judith Willis

General Public

Pamphlet Length: 4 pp. Date: 1981

Single copy free

(FDA) 81-9006
Food and Drug Administration
HFE-88

U.S. Department of Health and Human Services

Describes various inherited disorders, the process of genetic counseling, amniocentesis, and other means of determining whether an unborn baby is likely to be normal.

•Genetics and Teratology

Health Professionals

Pamphlet Length: 64 pp. Date: 1981

Single copy free

Publication No. (NIH) 81-2345
National Institute of Child Health and Human Development
Office of research Reporting

Describes the program of the Genetics and Teratology section of the National Institute of Child Health and Human Development (NICHD).

Genetic Disease and Birth Defects: What Every Family Needs to Know

Adult

Pamphlet Length: 3 pp. Date: 1980

Single copy free

National Maternal and Child Health Clearinghouse

Provides an overview of genetics and heredity disorders. Explains recommendations for genetic counseling and briefly discusses amniocentesis. Provides referrals for more information.

•Genetic Education Newsletter

Professionals

Newsletter Length: Date:

Write for charges

Director of Education Services
Foundation for Blood Research
Post Office Box 190
Scarborough, ME 04074

Miscellaneous items relevent to the subject of genetic education.

• Genetic Disorders: Some Answers ... Some Options

Professionals and general public

Pamphlet Length: 6-panel folder Date: 1982

50¢/copy. $18/100; $140/1000

No. 1639
Planned Parenthood Federation of America

Discusses how inherited genetic disorders are passed via primary modes: dominant, recessive, and sex-linked. The purpose of genetic screening and counseling is discussed, as well as testing before and during pregnancy. Amniocentesis is described. Also covered are some options available to couples who are at increased risk of having a child with a birth defect.

A Guide to Human Chromosome Defects

Professionals and general public

Pamphlet Length: 6-panel folder Date: 1982 - 2nd edition

Single copy free, additional copies 50¢ each with a minimum order of 10.

Vol XVI, No. 6
March of Dimes Birth Defects Foundation
Professional Education Department

also

International Childbirth Education Association

Designed for use by physicians, teachers of biology, and other health professionals involved in counseling or in teaching new students about human chromosomes.

Have You Been Tested for Sickle Cell Anemia?

General Public

Folder Length: 6 panel Date: 1982

Single copy - 50¢

#1286
Planned Parenthood Federation of America, Inc.
Publications Department

Understandable explanations of disease, trait, and testing as basis for family planning decisions where indicated, including special considerations.

It Can Happen to Anyone

General Public

Pamphlet Length: Date:

Write for charges

National Association for Retarded Citizens
Post Office Box 6109
Arlington, TX 76011

Explains that mental retardation has many known and unknown causes, emphasizing the information you gather today, related to known areas of control, could prevent mental retardation in your offspring.

Lipid Storage Diseases

General Public

Fact Sheet Length: Date: 1984

Single copy free

NIH Pub. No. 84-2628
National Institute of Neurological and Communicative
Disorders and Stroke
NIH
Bldg. 31, Room 8A06
Bethesda, MD 20892

Lipid storage diseases are hereditary conditions in which large amounts of complex fatty materials accumulate in tissues.

•Mendelian Inheritance

Professionals

Slides and cassettes Length: 162 min. Date: 1980

Write for charges

University Park Press
Baltimore, MD

Contents -- Mendelian inheritance, autosomal dominant disorders, autosomal recessive disorders, x-linked disorders; diagnosis, screening, and treatment of Mendelian disorders.

•Moral, Ethical and Legal Issues on Genetic Counseling: A Physician's View

Professionals

3/4" videocassette Length: 33:08 min. Date: 1981

Write for charges

The Institute for the Study of Mental Retardation and
  Related Disorders
University of Michigan
Ann Arbor, Michigan

Discusses issues and problems in the area of genetic counseling. Considers the responsibility of physicians, the implications of providing particular prenatal screening and diagnostic services, the interrelationship between the professional practitioner and the families as choices are made, and possible future directions for the field.

Neurofibromatosis

General Public

Fact Sheet Length: 5 pp. Date: 1983

Single copy free

NIH Pub. No. 83-2126
National Institute of Neurological and Communicative
 Disorders and Stroke
NIH
Building 31, Room 8A06
Bethesda, MD 20892

Fact sheet describes this genetic disorder of the nervous system.

A Parent's Guide to Cystinosis

Parents

Pamphlet Length: 17 pp. Date: 1981

Single copy free

(NIH) 82-1160
Public Inquiries
National Institute of Child Health and Human Development
NIH
Bldg. 31, 2A34
Bethesda, MD 20892

Gives parents of children with cystinosis basic facts about the diagnosis, physical effects, and treatment of this genetic disease. Discusses the child's care at school and emotional issues facing both parents and child.

PKU

General Public

Information Sheet Length: 1 p. Date: 6/83

Free

09-274-00
March of Dimes Birth Defects Foundation
Supply Division

Genetic series of Public Health Education information sheet, explains what the disorder is, how it affects those who have it, who is at risk, and the latest treatment. Current research into the disorder is also described.

•Polygenic Inheritance

Professionals

Slides & Cassettes Length: 90 min. Date: 1980

Write for charges

University Park Press
Baltimore, Maryland

Polygenic inheritance, polygenic disorders and empiric risk, diagnosis and treatment of polygenic disorders, prenatal genetic diagnosis.

•Report from the Conference on the Prevention of Developmental Disabilities

M. Bi Denedetto, ed.

Professionals

Momograph Length: 43 pp. Date: 1979

$3.00

The Ohio State University
Nisonger Center

This monograph contains five papers and a summary of a panel discussion presented at the conference on the Prevention of Developmental Disabilities held on June 19, 1979 at the Nisonger Center. The monograph reflects the focus of the conference which involved medical, behavioral, and administrative issues in the area of prevention. Three major topics are explored: screening, diagnosis, and counseling; early intervention and prevention; and interagency cooperation.

•Rubella

Professionals

Pamphlet Length: 14 pp. Date: 1980

Single copy free.

For sale by GPO Stock #017-029-00011-8, for $2.75
(HSA)80-5225
Code No. B73

National Maternal and Child Health Clearinghouse
38th and R Streets, NW
Washington, DC 20057

Discusses the disease, particularly its effects on fetus and prevention through vaccination.

Sickle Cell Anemia

General Public

Information Sheet | Length: | Date: 10/81

Free

09-001-00
March of Dimes Birth Defects Foundation
Supply Division

Public Health Education information sheet (genetic series) re: Sickle Cell Anemia, what it is, and its symptoms.

•Spina Bifida

Health Professionals

Videotapes (2) | Length: 26 min. (Prog. 1) | Date:
25 min. (Prog. 2)

Both tapes purchased together for $400. Rental - $55/tape/week
Purchased separately - $225/tape.

Sparks Center Dissemination Unit
University of Alabama at Birmingham
Box 313, University Station
Birmingham, AL 35294

Program 1 - Spina Bifida: Its Diagnosis and Management - gives viewers in health-related professions an overview of the medical and genetics aspects of spina bifida. Content includes such things as genetic screening and counseling, the differences between spina bifida occulta, meningocele, and meningomyelocele, and health problems at birth, early life, and later life.

Program 2 - Developmental Needs of Children with Spina Bifida - intended to give viewers in all health-related professions an understanding of selected developmental problems associated with spina bifida. Content focuses on nutritional needs of the infant, mobility considerations of the pre-schooler, bowel and bladder problems of the school-age child, and social-emotional concerns of the adolescent.

Spina Bifida

General Public

Information Sheet Length: Date: 11/83

Free

09-269-00

March of Dimes Birth Defects Foundation
Supply Division

Public Health Education information sheet (genetic series) re: what spina bifida is, its treatment, and research outlook on same.

Tay-Sachs Disease

General Public

Information Sheet Length: Date:

Free

09-100-00
March of Dimes Birth Defects Foundation
Supply Division

Public Health Education information sheet (genetic series) re: Tay-Sachs disease and how it is transmitted.

Thalassemia

General Public

Information Sheet Length: Date:

Free

09-041-00
March of Dimes Birth Defects Foundation
Supply Division

Public Health Education information sheet (genetic series) re: Thalassemia, what it is, how it is transmitted, and its treatment.

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Torsion Dystonia

General public

Fact sheet Length: Date: 1982

Write for charges

NIH Pub. No. 82-717
National Institute of Neurological and Communicative Disorders and Stroke
Bldg. 31, Room 8A-16
NIH
Bethesda, MD 20892

A neurological disorder which causes twisting, uninterrupted involuntary movement. Several forms of the disease are inherited, and the acquired form may be caused by birth injury.

Tuberous Sclerosis

General Public

Fact Sheet Length: Date: 1978

Write for charges.

NIH Pub. No. 79-1846
National Institute of Neurological and Communicative Disorders and Stroke
Bldg. 31, Room 8A-16
NIH
Bethesda, MD 20892

A genetic disorder that may cause seizures, tumors, developmental delay, and other problems. Diagnosis at birth through characteristic white spots on the skin is important.

*A Two-Edged Sword

Professionals

Film Length: 58 min. Date:

Purchase: $400, Rental: $70

#TGMZ-102
Public Broadcasting System Video
475 L'Enfant, SW
Washington, DC 20024
(800) 424-7963

This program focuses on Tay-Sachs disease, a fatal genetic disorder affecting infants, causing them to lose their sight, hearing and other senses, as well as motor functions. Tay Sachs is a rare disease, particularly affecting those of Jewish descent from Central and Eastern Europe.

Although there is no cure or treatment for Tay-Sachs, great strides have been made in genetic research for carrier and prenatal detection. These tests allow parents to learn if they are carriers, and carrier couples can then avoid having children affected with the disorder.

What Are the Facts About Genetic Disease?

General Public

Pamphlet Length: 34 pp. Date: 1977

Single copy free; for sale also.

Publication #(NIH) 77-370
National Maternal and Child Health Clearinghouse

for sale:

U.S. Government Printing Office

Provides an overview of genetic diseases: their transmission effects, burden, progress, research, prevention, and therapies. Includes a glossary and references for additional information.

PREPARATION FOR PREGNANCY

Choosing Parenthood, Starting A Healthy Family, Unit I

Teaching package Length: Date: 1979

$35

29-243-00
March of Dimes Birth Defects Foundation
Public Health Education Department

Explores the choices and life changes that people face when becoming parents or approaching the parenting decision. Includes a Teacher's Guide (95 pp), 10 student booklets (90 pp.), 3 education posters, and 6 case studies on 3 audiocassettes.

DES: The Drug With Unexpected Legacies

Adult

Pamphlet Length: 4 pp. Date: 1979

Single copy free.

Publication Number: (FDA) 79-3092
Food and Drug Administration
Office of Consumer Affairs

Summarizes the history of prenatal use of the synthetic hormone DES (diethlstilbestrol). Outlines current knowledge of after affects of the drug; increased risk of vaginal or cervical cancers in daughters, excess of genital abnormalities in sons. Also discusses concern about the use of DES to promote growth of animals raised for food, and focuses on the administrative tangle that has prevent FDA from banning the use of DES in animal feed.

DES: The Wonder Drug Women Should Wonder About

Adult

Poster Length: 17" x 24" Date: 1980

Single copy free

Publication # (HSA)80-5630 - White Woman
Publication # (HSA)80-5632 - Black Woman
National Clearinghouse for Family Planning Information

Urges women to find out whether they or their mothers were given DES.

Do's Dont's For Prospective Mothers

General Public

Pamphlet Length: Date: 6/81

Write for charges

United Cerebral Palsy Associations, Inc.
66 East 34th Street
New York, NY 10016

Sensible pregnancy management.

Er O No Ser Una Madre Un Padre

General Public

Pamphlet Length: Date: 9/81

Write for Charges

Planned Parenthood Federation of America, Inc.

Planned parenthood in Spanish.

Etre Ou Ne Pas Etre Une Mere, Un Pere

General Public

Pamphlet Length: Date: 1/83

Write for charges

Planned Parenthood Federation of America, Inc.

Planned Parenthood, in French

Facts About Down Syndrome for Women over 35

Women over 35

Pamphlet Length: 16 pp. Date: 1979

Single copy free.

(NIH) 80-563
Public Inquiries
National Institute of Child Health and Human Development
NIH
Bldg. 31, 2A-34
Bethesda, MD 20892

Aimed at women who are pregnant or planning a pregnancy and are over 35 years old. Explains Down syndrome, the increased risk for women over 35 of bearing a Down syndrome child, genetic counseling, and the outlook for a child with Down syndrome.

Families With Special Needs Children, Starting a Healthy Family, Unit II

Teaching pkg. Length: Date: 1979

$20

29-244-00
March of Dimes Birth Defects Foundation
Public Health Education Department

Provides a frank, in-depth look at birth defects -- the causes and how to guard against them. Parents speak openly about the pain, frustration, burdens, and ultimate rewards of raising children with special needs. Includes a Teacher's Guide (95 pp.), 10 student booklets (48 pp.), a classroom filmstrip, and 3 case studies on 2 audiocassettes.

The Family Health Tree

General Public

Pamphlet	Length:	Date: 1981

Free

09-238-00

March of Dimes Birth Defects Foundation
Supply Division

One-page fold out "apple tree" (reprint from (WOMAN'S DAY) with instructions for filling in certain family members and their health status, as a means of increased awareness in genetic inheritance.

•The Fetal Alcohol Syndrome: Cause for Concern

Professionals

Booklet	Length:	Date: 1981

Free in limited quantity

PER-02
March of Dimes Birth Defects Foundation
Professional Education Department

Assessment of alcohol usage, prenatal counseling, prevention prior to conception.

A Full Time Job

Inner-city youth

Slides/filmstrips & audiocassette	Length: 9:50 mins	Date: 1983

$25 for filmstrip set; $30 for slide set

59-105-00 filmstrip; 59-105-01 slide set
March of Dimes Birth Defects Foundation
Supply Division

A pre-parenthood presentation for inner-city youth, emphasizing that being a parent is a full time job for grownups. This audiovisual also explains the needs for good prenatal care and protecting the unborn child from VD, rubella virus, drugs, alcohol, and tobacco. Includes a Leaders' Guide and activity masters, and is suitable for showing to male audiences as well as general classroom use.

*Healthy Mothers, Healthy Babies

Professionals

Booklet and chart Length: booklet 64 pp. Date: 2/82

(Set of 5) - $13; chart (set of 5) - $5.

March of Dimes Birth Defects Foundation
Supply Division

Framework for curriculum development pre-school through high school - resources and approaches to enhance understanding of healthy pregnancy and birth.

Healthy Mothers, Healthy Babies - Someday I Might Be a Parent

Ages 11-18 and community agencies

Teaching pkg. Length: Date: 1982

$40

29-275-00
March of Dimes Birth Defects Foundation
Public Health Education Department

An introduction to Healthy Mothers, Healthy Babies education framework, for use as an instructional tool for ages 11-18 in schools and community agencies. The kit includes the concepts guide (64 pp), chart (36"x22"), a 1/2" or 3/4" videocassette, a time-line fetal growth chart (56"x16"), a Leader's Guide, and 5 additional pamphlets on prenatal care and genetics.

I Never Thought About It

Teens, general public

Slide/tape Length: Date: 1983

$59.50 tape and slides. No charge for preview.

Association for Retarded Citizens - St. Paul
65 East Kellogg
Suite 437
St. Paul, MN 55101
(601)224-3301

Ahmad Roshad of the Minnesota Vikings narrates the presentation. Interviews with teenagers about what causes mental retardation. Statistics on numbers and causes of retardation. Interviews with new, young mothers about their feelings.

If You're Planning to Have Children

General public

Pamphlet Length: Date:

Write for charges

Child Development Center
593 Eddy Street
Providence, RI 02902

General information re planning your family, your health, genetic counseling, preventing infections, drugs and alcohol, and tobacco and caffeine.

Let's Talk About You

Teens

filmstrip/slide/audiocassette Length: 7:35 min. Date: 8/82

Filmstrip/cassette - $25; slide/cassette - $30.

59-101-00 (filmstrip) 59-101-01 (slides)
Supply Division
March of Dimes Birth Defects Foundation

Growing up today isn't easy, and actor John Schneider explains why. In this filmstrip, or slide set and cassette, John and his young friends share a heart-to-heart discussion about their concerns including the importance of caring for yourself today - the benefit of exercise, good nutrition, and avoiding drugs - in preparation for responsible parenthood tomorrow. They also discuss how to prevent birth defects. Designed especially for junior high students, a discussion guide and activity masters are included. Promotional brochure available from your local chapter.

•Physician Training Videotape and Package - "Before Conception"

Medical Professionals

1/2" or 3/4" videotape Length: 20 min. Date: 1985

University Affiliated Cincinnati Center for Developmental Disorders
Elland and Bethesda Avenues
Cincinnati, OH 45229

Covers genetic inheritance, maternal health and lifestyle issues and suggests preconceptional counseling to be an effective mechanism to prevent developmental disabilities.

Looking Ahead

General public

Brochure Length: 1 pp. Date: 1984

Single copy free.

Division of Maternal-Fetal Medicine
Department of Ob/Gyn
214 MacNider Bldg. 202H
University of North Carolina
Chapel Hill, NC 27514

Contains useful information about alcohol consumption during pregnancy. Offers suggestions for abstinence at conception and during pregnancy to ensure the safety of the embryo/fetus.

A Message For Teens From Teens

Teens and preteens

Pamphlet Length: Date:

Free

#09-329-00
March of Dimes Birth Defects Foundation
Public Health Education Department

Teens tell it like it is in this colorful pamphlet. In their own words, the young men and women give poignant reasons behind their responsible decisions on childbearing, smoking, drugs, and more. Designed to make teens aware of good health habits and motivate them to think for themselves. A resource for peer education programs, school nurses or health classes.

Planning for Your Pregnancy

General public

Pamphlet Length: 1 p. Date: 1984

Single copy free from the Resource Center; for sale from Distribution Center - $20/100; $75/500 plus $2 handling.

ACOG Patient Education Pamphlet P056
American College of Obstetricians and Gynecologists

Good eating habits, exercise, possible hazards, and special concerns are covered in this booklet on preconceptional care.

Preconceptional Health Appraisal

Medical professionals for use with consumers

Checklist Length: 2 page with NCR paper Date: 1984

Division of Maternal and Fetal Medicine
Department of Ob/Gyn
214 MacNider Bldg. 202H
University of North Carolina
Chapel Hill, NC 27514

Preconceptional health checklist organized in unique format which enables physicians to keep copy as well as give patients a copy with suggestions for improving health status written on patients copy.

Preventing Fetal Alcohol Effects: A Practical Guide for OB/GYN Physicians and Nurses

Healthcare professionals

Booklet Length: Date: 1981

Single copy free, or $2.25 from GPO

National Clearinghouse for Alcohol Information

or:

Government Printing Office
Superintendent of Documents

Information designed to assist healthcare professionals in identifying patients who are subject to the health hazards associated with alcohol consumption during pregnancy.

Rubella

General public

Information sheet Length: Date: 3/83

Free

09-129-00
March of Dimes Birth Defects Foundation
Supply Division

Public Health Education information sheet re: what Rubella is, how it affects an unborn baby, and its prevention.

Rubella Immunization: The Next Generation Depends on It

General public

Pamphlet Length: Date:

Write for charges.

"Rubella" Public Affairs
Abbott Laboratories
Department 383P
North Chicago, IL 60064

Facts about rubella and vaccination for same.

Shelley and Pete

Jr. & Sr. High

Color film Length: 22 min. Date:

Write for charges

Ohio Department of Health

This open-ended film easily lends itself to group discussion. Topics include adolescent sexuality, birth control, adolescent pregnancy, and the responsibilities of parenthood. After Shelley becomes pregnant, she and Pete marry and attempt to settle down to raise their daughter, Carol. Both quickly become dissatisfied with their lives - Shelley's boredom of being home all day, and Pete's feeling of being trapped in a situation he doesn't want to be in. Communication problems between the couple compound their marital conflict.

Statement on Rubella Vaccination and Control of Rubella Virus Infection in Women of Childbearing Age

Professionals

Pamphlet Length: 2 pp. Date: 1070

Single copy free.

American College of Obstetricians and Gynecologists Resource Center

Ask for American College of Obstetricians and Gynecologists Statement of Policy, and give title.)

Delineates female population at risk and presents recommendations for vaccination of at-risk populations and the treatment of pregnant woman exposed to rubella.

Starting a Healthy Family

Teens, young adults

Brochure Length: Date:

Free

March of Dimes Birth Defects Foundation
Local Chapter

Promotional brochure about an educational kit that draws together the fields of medicine, community health, adolescent psychology, social sciences, and biology to give young people vital information they need to make healthy choices about their lives and future childbearing.

Starting A Healthy Family Starter Set

Teens, general public

Teaching Package Length: Date: 1979

$50

29-242-00
March of Dimes Birth Defects Foundation
Public Health Education Department

Single copies of all components of the Starting A Healthy Family Classroom Set. This draws together the fields of medicine, community health adolescent psychology, social sciences, and biology to give young people vital information they need to make healthy choices about their lives and future childbearing. This new kind of health education is easily integrated into classes for health, home economics, life planning, life sciences, biology or social studies for junior and senior high school students, as well as adult community groups. The S.A.H.F. program consists of three units. Unit III - Families and Futures has been discontinued and is no longer available. Each unit is designed to be used by itself, or in conjunction with other units. Promotional brochures available from your local March of Dimes chapter.

Take Care of Yourself

General public

Pamphlet Length: Date:

Write for Charges

National Association for Retarded Citizens
Post Office Box 6109
Arlington, TX 76011

When you're planning to have a child, you should be aware of the causes of mental retardation.

°Teenage Fertility in the United States

Health Professionals

Pamphlet Length: 78 pp. Date: 1978

Single copy free

Library of Congress Cat. Card No. 78-52286
Centers for Disease Control

Summarizes regional and State variations in teenage fertility, provides a measure of excess of unintended fertility, and serves as a data reference source for family planning and research in the area of teenage childbearing.

To Be a Mother/To be a Father

General public

Pamphlet Length: Date: rev. 3/73

25¢/copy; $8/100; $65/1000.

Planned Parenthood Federation of America, Inc.

Family size can be planned; there are many good methods, approved by doctors, from which to choose.

Two to Get Ready

Adult, parents

Film/videocassette Length: 27 min. Date: 1976

Film - $275 to purchase, $25 rental. Videocassette - $80.

National Audiovisual Center

Portrays how both parents prepare for parenthood and focuses on psychological preparation. Designed to help prospective parents think about the reasons for having a baby, and the decision about when to have one. This film is one episode from "Footsteps", a PSB series on parenting.

What It Means To Become a Parent

General public

Pamphlet Length: Date: 1/76

Write for charges

Planned Parenthood Federation of America, Inc.

What you need to know to help you plan to have a baby when you want.

Your Head is Your Own Thing, But . . .

General public

Pamphlet Length: Date:

Write for charges

Prevention
National Association for Retarded Citizens
2709 Avenue "E" East, Post Office Box 6109
Arlington, TX 76011

The period from conception through early infancy is crucial to the prevention of mental retardation.

Woman - Child

General public

16mm/video Length: 15 min. Date: 6/83

16mm film/$80. 3/4" or 1/2" videocassette/$35.
Available for loan from Public Education Division

March of Dimes Birth Defects Foundation
Supply Division

Looks at problem of adolescent pregnancy through eyes of 6 teenagers. Stresses the importance of prenatal care. Promotional brochure available from local chapter.

Were You or Your Daughter or Son Born After 1940?

Adults

Pamphlet Length: 17 pp. Date: 1980

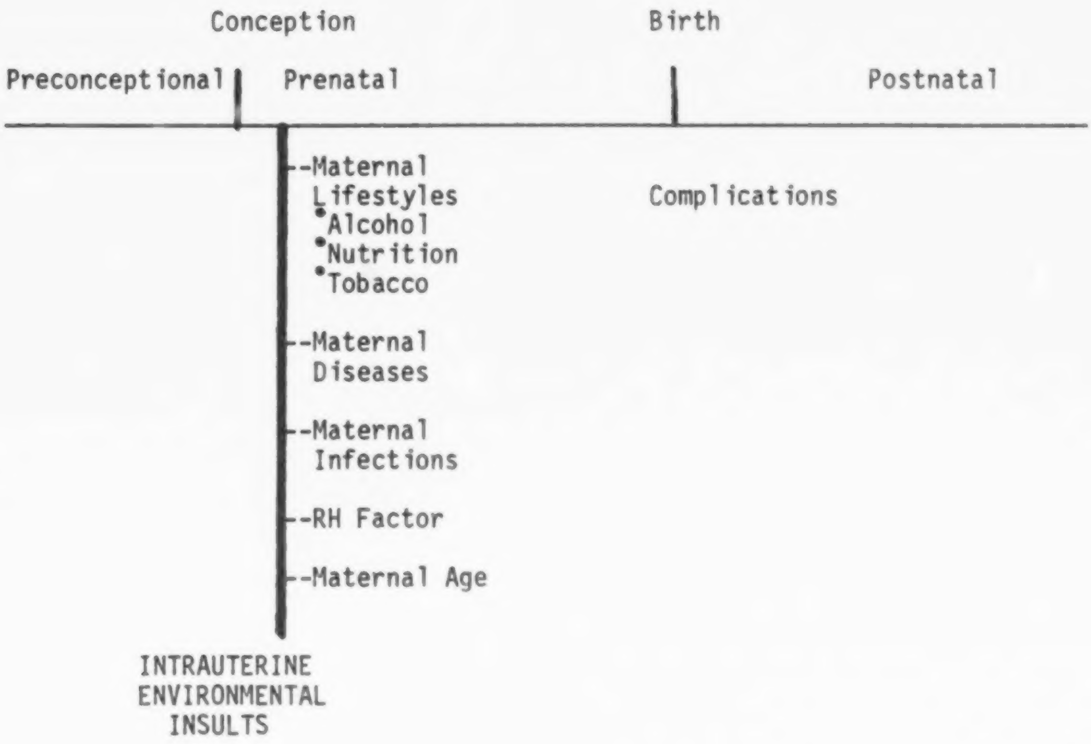
Single copy free

Publication Number: (NCI) 80-1226
National Cancer Institute
Office of Cancer Communications

Discusses the link between DES-type drugs taken during pregnancy and abnormalities found in offspring, including cancer of the female reproductive organs.

PRENATAL

Prenatal causes of developmental disabilities can be categorized as follows:



The materials to follow pertain to prenatal influences, including birth complications and will be sub-divided into the categories identified.

Prevention strategies which can be implemented during pregnancy and at the time of delivery include:

Improved and available prenatal care;

Improved and available care for the preterm neonate;

Identification and referral of substance abusing women of childbearing age, specifically alcohol;

Identification/referral/treatment of the RH negative female;

Continue or install education/counseling/direct services to teenagers re contraception and pregnancy;

Continue or install community education programs re the importance of good nutrition and available nutrition services;

Use of amniocentesis, matermal serum alfa feto protein (MSAFP) screening, and other prenatal diagnostic tools;

Continuing research into causation of prenatal origin; and

Professional education re prevention.

MATERNAL LIFESTYLES

Alcohol and Pregnancy Don't Mix

Teens and general public

Pamphlet Length: Date:

Write for charges

Ohio State University Cooperative Extension Service
11100 Winton Road
Cincinnati, OH 45218-1199

Harm alcohol can do to unborn baby, is FAS something new, what if father is an alcoholic?

·Alcohol and Pregnancy

Professionals

Pamphlet Length: 1 p. Date: 1977

Single copy free

American College of Obstetricians and Gynecologists
Statement of Policy - Resource Center

Discusses the risks of excessive and moderate alcohol consumption during pregnancy and the use of intravenous alcohol to inhibit labor.

•Alcohol and Drug Abuse Information and Training Sources for Nurse Educators

Professionals

Pamphlet Length: Date:

Write for charges

MS 246
National Clearinghouse for Alcohol Information

Professional resource listing, useful to the nurse educator in alcohol and drug abuse education.

Alcohol and the Unborn

Teens and adults

Pamphlet Length: Date:

Write for charges

Fetal Alcohol Syndrome Project
1317 Winewood Boulevard
Tallahassee, FL 32301

A pamphlet written and distributed by HRS, summarizing Fetal Alcohol Syndrome - why, how alcohol drinking affects the unborn, who is at risk, and a quiz for concerned mothers. Should be easily understood by most students and adults.

Also available in Spanish.

Alcohol and the Unborn

Professionals

Instructor/Counselor Guide Length: Date:

No charge

Fetal Alcohol Syndrome Project
1317 Winewood Boulevard
Tallahassee, FL 32301

A good discussion guide piece for workshop leaders, etc. Presents Fetal Alcohol Syndrome overview including information on maternal alcoholism, assessing maternal alcohol consumption and referral information. Includes a table on the incidence of commonly found malformations.

Alcohol and Your Unborn Baby

General public, teens and adults

Pamphlet Length: Date:

Limited quantities at no charge

DHEW Publication No. (ADM) 78-521
National Institute on Alcohol Abuse and Alcoholism

A non-professional level pamphlet - should be easily understood by students at the high school level, as well as adults. The pamphlet presents specific consumer information concerning the effects of heavy drinking on the unborn baby, how alcohol affects the fetus, how much drinking is harmful, and other factors that may play a role in the development of the syndrome. Pamphlet also gives some guidelines for alcohol use during pregnancy.

•**Alcohol As A Risk Factor in Pregnancy**

Professionals and general public

Article Length: Date:

Write for charges

RP 0259
National Clearinghouse for Alcohol Information

Drinking before and during pregnancy, effects of alcohol on the male.

Alcohol: Crisis for the Unborn

Professionals and general public

16mm color film Length: 7:50 min. Date: 1979
3/4" videocassette
1/2" videocassette

Free loan availability by title and show date.
$55 for film, $35 for videocassette

March of Dimes Birth Defects Foundation
Supply Division

Dealing with fetal alcohol syndrome, this film shows the tragic outcome of drinking alcohol during pregnancy. Recommended by The National Education Association, the film is suitable for junior and senior high school classes in biology, health education, home economics, and social studies, as well as community education programs in churches, clubs, health departments, hospitals, and employee health education groups. Teacher's Guide included with all prints. Cleared for TV.

•Alcohol's Hazards in Pregnancy

Frank I. Iber

Professionals

Color slides & syllabus Length: Date: 1981

Write for charges

Nutrition Today
Annapolis, Maryland

Explores the relationship between ingestion of alcoholic beverages and pregnancy disorders and birth defects.

•Assessing the Patient With an Alcohol Problem

Susan W. Reed

Professionals

Booklet	Length: 13 pp.	Date:

Write for charges

RP 0357
National Clearinghouse for Alcohol Information

Denial and Dependence, the nurse's role, taking initial history and complete history, planning/intervention, and evaluation.

Babies Don't Thrive in Smoke-Filled Wombs

General public and prenatal care providers

Pamphlet or button	Length:	Date: 8/83

Pamphlet free. Buttons - 25/$3.50

Supply Division
March of Dimes Birth Defects Foundation

If you smoke during pregnancy, you may be hurting your unborn child.

80

Born Hooked

General public

16mm color, 3/4" & 1/2" videocassette Length: 13:30 min. Date: 1978

$65/film, $35/videocassette
Free loan available by title and show date

March of Dimes Birth Defects Foundation
Supply Division

Views complex medical, social and ethical problems related to the pregnant drug addict, and to the newborn suffering from narcotic withdrawal. Recommended by the National Education Association, the film is suitable for classes in biology, family life education, general science, home economics, and social studies. Many adult groups can use the film for health education programs with civic groups, hospitals, employee organizations, and health professionals. Teacher's Guide included with all prints. Cleared for TV.

Caffeine and Pregnancy

General public

Pamphlet Length: Date: 1981

Write for charges

U.S. Department of Health and Human Services
Public Health Service
Food and Drug Administration
Office of Public Affairs
5600 Fishers Lane
Rockville, MD 20857

Also available in Spanish.

Food and Drug Administration believes that pregnant women should be alert to products that have caffeine in them.

•Cigarette Smoking and Pregnancy

Professionals

Pamphlet Length: 4 pp. Date: 1979

Single copy free; $6.25 for 25 copies

American College of Obstetricians and Gynecologists
Technical Bulletin 53
Publications Secretary

Lists effects of smoking on fetus, neonate, and mother. Describes pathopharmacology of smoking, gives recommendations for education and provides further readings on the subject.

•Congenital Alcohol Effects: What the Healthcare Provider Can Do

Professionals

Pamphlet Length: Date:

Write for charges

RPO 260
National Clearinghouse for Alcohol Information

Characteristics of fetally alcohol-affected children, evaluating their developmental progress and remediation.

Dear Mom

General public

Pamphlet Length: Date:

Single copy free

Maine Department of Mental Health and Mental Retardation
Room 411
State Office Building
Augusta, ME 04333
(1-207-289-3161)

Letter to expectant mother from her unborn child asking that she not drink while she's pregnant.

•Diagnosis and Management of the Alcoholic Patient

Professionals

Booklet Length: 5 pp. Date: rep. 1980

RPO 301
National Clearinghouse for Alcohol Information

Early intervention which can improve the prognosis of a major health problem.

•Drug Abuse and Alcoholism Teaching in U.S. Medical and Osteopathic Schools, 1975-1977

Professionals

Booklet Length: 13 pp. Date:

RPO 303
National Clearinghouse for Alcohol Information

Principal findings of a survey, concentrating on the positive or significant findings.

•Drug Dependence In Pregnancy: Clinical Management of Mother and Child

Professionals

Book Length: 109 pp. Date: 1979

Single copy free. Also for sale by GPO Stock #017-024-00799-4 for $5.

(ADM) 79-678
National Clearinghouse for Drug Abuse Information

Provides practical information for hospital systems and drug treatment programs in delivering services to pregnant drug addicts and their offspring. Discusses prevalence and classification of psychotropic drug use; pharmacologic effects on mother and infant; management of prenatal care, labor, and delivery; and treatment of narcotic withdrawal in the newborn.

Drugs, Alcohol, Tobacco Abuse During Pregnancy

General public

Pamphlet Length: Date: 4/83

Free

March of Dimes Birth Defects Foundation
Supply Division

Mixing drugs and alcohol is always potentially dangerous; during pregnancy it's double jeopardy.

Drugs and Pregnancy

General public

Pamphlet Length: 4 pp. Date: 1980

Single copy free

(FDA) 80-3083
Food and Drug Administration
HFE-88
5600 Fishers Lane
Rockville, MD 20857

Describes the concerns about taking drugs, both prescription and over-the-counter ones, during pregnancy because of the possible harm to the unborn child.

Drugs, Alcohol, Tobacco Abuse During Pregnancy

General public

Pamphlet Length: Date: 4/83

Free

March of Dimes Birth Defects Foundation
Supply Division

Mixing drugs and alcohol is always potentially dangerous; during pregnancy it's double jeopardy.

Drugs and Pregnancy

General public

Pamphlet Length: 4 pp. Date: 1980

Single copy free

(FDA) 80-3083
Food and Drug Administration
HFE-88
5600 Fishers Lane
Rockville, MD 20857

Describes the concerns about taking drugs, both prescription and over-the-counter ones, during pregnancy because of the possible harm to the unborn child.

Drugs, Smoking and Alcohol During Pregnancy

Pregnant women

16mm color & videocassette Length: 12 min. Date:

Rental - $30, Purchase - $295

Polymorph Films

New research findings about the harmful effects of drugs, smoking and alcohol are constantly in the news and many pregnant women are both confused and concerned.

"Drugs, Smoking and Alcohol During Pregnancy" presents clear and compelling information about how these substances in the mother's blood can effect the growing baby. Simple animation illustrates the dangers of smoking and alcohol abuse.

The film emphasizes the use of cautiousness with all medication. An excellent means of conveying this information in readily understandable form, and may be shown at any time in the pregnancy.

The Effects of Alcohol on Pregnancy Outcome

General public

Reprint Length: 8 pp. Date: 1984

Single copy free

RPO 503
National Clearinghouse for Alcohol Information

Gives the most recent information on the risks associated with drinking alcohol during pregnancy. Includes overview of fetal alcohol syndrome and the effects of prevention, treatment, and public education efforts. Also contains a brief discussion of paternal drinking. References.

The Effects of Marijuana on the Reproductive System

Pregnant woman, teens, parents

Pamphlet Length: 6 pp. Date: 1982

35¢ copy

The American Council for Drug Education

Describes marijuana's effects on the adolescent's reproductive system, discusses how it disrupts the menstrual cycle, and why it is especially dangerous for pregnant women.

Facts About Pregnancy and Smoking

General public

Pamphlet Legnth: 8 pp. Date: 1983

Single copy free

Public Inquiries
National Institute of Child Health and Human Development
NIH
Bldg. 31, 2A32
Bethesda, MD 20892

Summarizes recent researh findings about the effects of smoking on the fetus.

•Facts About Smoking and Pregnancy

Professionals and public

Pamphlet Length: 8 pp. Date: 1983

Single copy free

National Institute of Child Health and Human Development

Summarizes recent research findings about the effects of smoking on the fetus.

Facts on Fetal Alcohol Syndrome

Professionals and general public

Pamphlet Length: Date: 6/80

Write for charges

State of New York
Division of Alcoholism and Alcohol Abuse

Facts about FAS, a Health Self Test, and major and minor criteria for the diagnosis of alcoholism.

A Family Systems Approach to Alcoholism

Murray Bowen, M.D.

General public

Pamphlet Length: 11 pp. Date: 1974

35¢/copy

National Council on Alcoholism

Outlines some principles of family systems theory, conceptualizes alcoholism as a symptom of a larger social unit (family), and ways systems therapy can alleviate the problem.

*Family Violence

Professionals

Reprint Length: Date: Fall 79

Write for charges

RPO 256
National Clearinghouse for Alcohol Information

The pregnant drinker; endogenous aversion to alcohol, risks to the fetus; implications for public health.

*FDA Drug Bulletin

Professionals and general public

Reprint   Length: Date: 7/81

Write for charges

Volume 11, Number 2
State of New York
Division of Alcoholism and Alcohol Abuse

Surgeon General's advisory on alcohol and pregnancy.

*The Federal Monitor

Professionals

Newsletter   Length: 8 pp.   Date:

$10/1 year, $18/2 years. (Published 8 times/year)

Alliance for Perinatal Research and Services, Inc.
Post Office Box 6358
Alexandria, VA 22306

Covers news on legislative and regulatory activities relating to the health care of women and children, with emphasis on childbearing. Provides timely updates on Federal and State legislation, activities of Federal agencies, hearings and meetings, court cases, and relevant education materials.

The Feminine Mistake

Jr. High to Adult

Color Film   Length: 24 min.   Date:

Write for charges

Ohio Department of Health

This film takes a realistic look at what happens to women who smoke, giving viewers several impelling reasons for giving up cigarettes. Tests conducted on a pregnant woman show that fetal breathing movement stops each time she smokes a cigarette. The wrinkled faces of longtime smokers attest the damaging effects of smoking on the skin.

Fetal Alcohol Effects

Pregnant women

Booklet Length: 15 pp. Date: 1983

Single copy free; quantity discounts.

Channing L. Bete Co., Inc.
200 State Road
South Deerfield, ME 01373
800/628-7733

Discusses possible effects of drinking on fetal development, physical and mental problems that may result. Concludes that the safest amount of alcohol for pregnant women is none.

•Fetal-Alcohol Syndrome

Professionals

Information sheet Length: 1 p. Date: 2/79

Write for charges

National Institute of Child Health and Human Development
Office of Research Reporting

Manifestations of maternal alcohol abuse and studies being done.

Fetal Alcohol Syndrome

Teens and adults

Film Length: 13 min. Date:

Write for charges

Department of Health and Rehabilitative Services
Audio Visual Resource Center
Post Office Box 210
Jacksonville, FL 32231

A non-professional level film - excellent for eighth grade through adult. The film presents David Smith, M.D., and some of the largest research on Fetal Alcohol Syndrome. Uses family case studies to emphasize the permanent mental and physical limitations that many children suffer due to prenatal alcohol consumption, although the children may not be classified as having the severe syndrome.

•The Fetal Alcohol Syndrome: Cause for Concern

Professionals

Booklet Length: Date: 1981

Free in limited quantity

PER-02
March of Dimes Birth Defects Foundation
Professional Education Department

Assessment of alcohol usage, prenatal counseling, prevention prior to conception.

•Fetal Alcohol Syndrome Community Education Kit

Professionals

Teaching Package Length: Date:

$40/package, shipping included

California Urban Indian Health Council, Inc.
1615 Broadway, Suite 210
Oakland, CA 94612

Contains 16 components: photo, posters, fact sheets, bumper stickers, book markers, pamphlets, a training script, and more aimed at creating an awareness of and preventing Fetal Alcohol Syndrome in the Indian community. All items are culturally appropriate. Intended for use as a training device and health education tool.

•Fetal Alcohol Syndrome: New Perspectives

Professionals

Reprint Length: Date: Summer 1979

Write for charges

National Clearinghouse for Alcohol Information

Recognition of the syndrome, prospective research, effects on physiology, metabolism, associated risk factors, and implications for prevention.

Fetal Alcohol Syndrome Fact Sheets

General public

Fact Sheet Length: 1 p. Date: 1983

$7.50/25 sets

Wisconsin Clearinghouse
1954 East Washington Avenue
Madison, WI 53704
608/263-2797

Twenty-five sets of five different fact sheets, which include a history of fetal alcohol syndrome, demographics, characteristics, prenatal care/-prevention, and common questions and answers.

•The Forgotton Children

R. Margaret Cook

Professionals

Book Length: 112 pp. Date: 1969

$1.95/copy

National Council on Alcoholism

A study of more than 100 children with parental alcoholism. The author, a social worker with broad experience in the field of alcoholism, offers recommendations for treatment of alcoholics and their families.

•Glossary of Terms on Fetal Alcohol Effects (For Non-Medical Professionals)

Non-medical professionals

Reprint Length: Date: 1979

Write for charges

RP 0261
National Clearinghouse for Alcohol Information

Terms and their definitions, adapted from training materials at the Pregnancy and Health Program, University of Washington.

A Good Beginning - Harmful Influences for Your Unborn Baby

General public

Pamphlet Length: Date: 11/82

Write for charges

NU 104
Ohio State University Cooperative Extension Service
11100 Winton Road
Cincinnati, OH 45218-1199

Alcohol, drugs, etc. are risk factors related to pregnant women's health, which could classify her as high risk.

•A Health Care Provider's Package: Preventing Fetal Alcohol Effects

Professionals

Package Length: Date: 1982

Single copy free

National Clearinghouse for Alcohol Information

Provides fact sheets, sources of information, a glossary of terms and a selected bibliography on fetal alcohol effects.

•Health Professions Education Project in Alcohol and Drug Abuse

Professionals

Pamphlet Length: Date:

Write for charges

National Clearinghouse for Alcohol Information

Description of HPE (Health Professions Education) project that is establishing a data base of relevant curriculum resource materials for use by health professions educators.

"Healthy Babies Say Thanks Mom for Not Drinking During Pregnancy" Materials

General public

Posters and pamphlet Length: Date: 1985

Single copies free

Ohio Department of Health
Division of Maternal and Child Health
246 North High Street
Columbus, OH 43216

Facts related to Fetal Alcohol Syndrome with emphasis upon abstinence from alcohol during pregnancy.

How Not to Love Your Kids

General public

Pamphlet Length: Date: 7/81

Write for charges

Southwestern Ohio Lung Association
2330 Victory Parkway
Cincinnati, OH 45206

If you smoke, you may hurt your children.

•Information for Physicians - Prenatal Diethylstilbestrol (DES) Exposure

Physicians

Pamphlet Length: 31 pp. Date: 1981

3 free copies per request

Publication No. (NCI) 81-2049
National Cancer Institute
Office of Cancer Communications

Recommendations of the Diethlstilbestrol-Adenosis (DESAD) Project for Identification and Management of Exposed Individuals. Booklet provides current information on the health status of DES-exposed persons, methods available for their identification, and plans for continuing examination and management.

94

An Inner Voice

Adult, Native American or general audience

Poster Length: 31" x 19" Date: 1982

Single copy free

National Clearinghouse for Alcohol Information

Drinking and pregnancy prevention message. Poster has a Native American theme, but can be used for all audiences.

Is It Safe To Drink While I'm Pregnant?

General public

Poster Length: Date:

State of New York
Division of Alcoholism and Alcohol Abuse

Risks involved and who to contact for information or help with a drinking problem.

Also available in Spanish.

Marijuana

Parents, teens, and young adults

Pamphlet Length: 8 pp. Date: 1982

35¢/copy

The American Council for Drug Education

Available in Spanish - "La Marihuana al Dia."

Gives an overview of marijuana's effects on physical health, including reproduction, and describes signs of regular use, impact on driving and learning, and supports needed to stop use.

•The Marijuana Epidemic: A Physician's Guide

Professional

Color slides Length: 80 pp. Date: 1984
book, speeches

$15

The American Council for Drug Education

Designed for physicians to use in educating community groups about the health hazards of marijuana. Contains background materials for the physician, speeches for youth and adult audiences, frequently asked questions and answers, slides to use with the speeches, and resource information. Developed with the cooperation of the American Medical Association staff and Scientific Council. Suitable for all youth and adult groups of any size. Information in the kit is authoritative and current.

•Maternal Ethanol Exposure Induces Transient Impairment of Umbilical Circulation and Fetal Hypoxia in Monkeys

Professionals

Reprint Length: Date: 11/82

Write for charges

State of New York
Division of Alcoholism and Alcohol Abuse

Possible explanation of one of the mechanisms of mental retardation in children afflicted with fetal alcohol syndrome.

•Medication Chart

Professionals

Poster - b&w Length: 20" x 18" Date: 1977

Write for charges

American Society for Psychoprophylaxis in Obstetrics
Lamaze National Headquarters
Post Office Box 33429
Farragut Station
Washington, DC 20033
703/524-7802

Lists the drugs normally used in labor and delivery, their therapeutic effects, effects on labor, side effects, placental transfer information, and method of administration.

Medicines Can Harm Your Unborn Baby

General public, pregnant women

Write for charges Length: Date:

Medical Research and Public Health Committee
Massachusetts Association for Retarded Citizens
381 Elliot Street
Newton Upper Falls, MA 02164

Precautions for pregnant women against the use of any drug or medicine.

Medicines Used During Pregnancy

Adult, pregnant women

3/4" Beta/VHS videocassette Length: 5 min. Date:

$60

Title #A09210/ME (3/4")
Title #A09211/ME (Beta)
Title #A09212/ME (VHS)

National Audiovisual Center

This program discusses medicines which may be harmful to a developing fetus, if taken during pregnancy.

My Baby Will Be Strong ... Healthy

Expectant mothers

Posters Length: 16" x 23" Date:

Single copy free

AV 99.5
National Clearinghouse for Alcohol Information

Illustrates expectant mother's concern for the health of her unborn child and advises against drinking alcohol during pregnancy.

National Institute on Drug Abuse: Publication for Teachers

Teachers

Bibliography Length: Date:

Single copy free

National Clearinghouse for Drug Abuse Information

Lists publications on drug abuse and prevention, designed for use by teachers.

•NIAAA Funded Women's Alcoholism Treatment Programs

Professionals

Booklet Length: 3 pp. Date: 11/80

Write for charges

RP0039
National Clearinghouse for Alcohol Information

Program listed under headings "Dawn" and "Skyward."

No Smoking: Fetal Growth in Progress

General public

Poster Length: 8 1/2" x 11 Date:

30¢ copy

International Childbirth Education Association

Blue lettering on white.

Now You're Smoking for Two: A Guide to Smoking and Pregnancy

Adult

Pamphlet Length: 2 pp. Date: 1983

Single copy free

Office on Smoking and Health

Explains why smoking during pregnancy affects the unborn infant and encourages pregnant women to quit. Contains questions commonly asked about smoking during and after pregnancy; includes risks for the infant, when to stop, and quitting techniques.

•Nurses' Attitudes Toward Alcohol and Alcoholism

Professionals

Booklet Length: 6 pp. Date:

Write for charges

RP 0356
National Clearinghouse for Alcohol Information

Seaman-Mannello Scale Form B, with instructor's guide to interpretation of scores.

•Nurse Education in Alcohol Abuse and Alcoholism: Course Outlines

Professionals

Booklet Length: 9 pp. Date:

Write for charges

RP 0361
National Clearinghouse for Alcohol Information

Resource to nurse educators who wish to design a curriculum to meet student needs for alcohol education.

•Physician Education in Substance Abuse: Curriculum Objectives

Professionals

Booklet Length: Date: 1980

Write for charges

National Clearinghouse for Alcohol Information (NCALI)

Intent to convey opinion of experts as to what should be included in a medical curriculum on substance abuse.

A Pregnant Woman Never Drinks Alone

General Public

Pamphlet, poster & bumper stickers Length: Date:

Single copy free

Maine Department of Mental Health and Mental Retardation
Room 411
State Office Building
Augusta, ME 04333
(1-207) 389-3161

Alcohol related birth defects. Available in French and English.

•On the Sidelines: An Adult Leader Guide for Youth Alcohol Programs

Professionals

Booklet Length: Date: 1981

Write for charges

Superintendent of Documents
U.S. Government Printing Office

Ideas, suggestions, and alcohol education concepts to help adults stimulate and support alcohol abuse prevention projects.

One For My Baby

Professionals and general public

Film/Videocassette Length: 27 min. Date: 1982

$30/1 day preview; $90/sale (video), $375/sale (film) to non-profit organizations.
$175/sale (video), $475/sale (film) to profit organizations.

WHA-TV Distribution Department
821 University Avenue
Madison, WI 53706
(608)263-2121

This film presents information about fetal alcohol syndrome (FAS). Kenneth Jones and other authorities discuss the symptoms of FAS, as well as the relative risks to the unborn when women drink during pregnancy. Two couples who have FAS children - one natural-born, one adopted -- are also interviewed, and describe their feelings about the syndrome as the camera focuses on the children. Prevention of FAS through abstinence is stressed in this film.

Pregnancy on the Rocks: The Fetal Alcohol Syndrome

Professionals and general public

Film/Videocasette Length: 52 min. Date:

$35/week preview; $450/purchase

Peter Glaws Productions
138 B Avenue
Coronado, CA 92118
(714) 435-3179

Interviews with experts in the field of fetal alcohol effects, including Ernest Abel, Anne Streissguth, Robert Sokol, Sterling Clarren, Gerald Chernoff, Kenneth Jones, Henry Rosett, and Ph. DeHaene are presented. Affected mothers and children across the United States and in France are examined. The many causes and effects of Fetal Alcohol Syndrome are delineated, including amounts of alcohol ingested, nutrition habits, socioeconomic status, use of tobacco and other drugs, growth deficiencies, low birthweight, small head circumference, mental retardation, and facial deformities. Differentiation between light, moderate, and heavy alcohol consumption, metabolic rates of the pregnant woman, and genetic background are discussed. This film was aired on PBS.

*Preventing Fetal Alcohol Effects

Professionals

Teaching Package Length: Date:

No charge

National Clearinghouse for Alcohol Information

Developed to help health care providers explore alcohol-related concerns with expectant mothers and other women who may be considering pregnancy. Offers some practical information that will help health care providers integrate within their routine practices screening procedures targeted to reducing fetal alcohol effect.

•Preventing Fetal Alcohol Effects

Professionals

One Sheet Length: Date:

Write for charges

National Clearinghouse for Alcohol Information

Purpose of the NCALI Healthcare Provider's Packet - practical information that will help healthcare providers.

°Preventing Fetal Alcohol Effects: A Practical Guide for OB/GYN Physicians and Nurses

Health care professionals

Booklet Length: 20 pp. Date: 1982

Single copy free. For sale by GPO - $2.25/copy; printing negatives for sale by GPO - $87.

Publication Number: (ADM) 81-1163
National Clearinghouse for Alcohol Information
GPO Stock No. 017-024-01111-8
(negatives - Jacket No. 354-793)
U.S. Government Printing Office

Provides guidelines to assist healthcare professionals in identifying patients who are subject to the health hazards associated with alcohol consumption during pregnancy. Gives practical advice on how to obtain a history of patients' drinking patterns and what to do if a drinking problem is suspected.

•The Primary Care Physician and the Patient With Alcoholism: Blocks to Diagnosis and Treatment

Professionals

Report Length: 25 pp. Date: 1980

Write for charges

RPO 305 - National Clearinghouse for Alcohol Information

Rational framework for understanding typical diagnostic problems; accepted counseling principles and their usefulness.

Questions and Answers About DES Exposure During Pregnancy and Before

General Public

Professionals

Pamphlet   Length: 17 pp.   Date: 1981

Single copy free

(NIH) 81-1118 -Public Inquiries
National Cancer Institute - NIH
Building 31, 10A-29
Bethesda, MD 20205

Answers questions that mothers and children exposed to DES (diethylstilbestrol) most often ask.

•Questions and Answers About Drug Abuse, Pregnancy and the Impact on Babies

Professionals

Pamphlet   Length: 8 pp.   Date:

Single copy free with self-addressed, stamped (.42) envelope

National Committee for Adoption

Preliminary report concerning the effects of maternal drug abuse during the pregnancy by mothers who place their children for adoption. The effects of maternal drug abuse begin before conception and can extend significantly into the postpartum period. This overview of the effects of maternal drug abuse may be useful to a variety of professionals caring for such mothers and their children.

•Recognition of Fetal Alcohol Syndrome

Professionals

Reprint   Length: Date: 6/81

Write for charges

State of New York
Division of Alcoholism and Alcohol Abuse

Recognition, diagnosis, incidence, prevalence and prevention.

Rex Morgan, M.D. Talks . . . About Your Unborn Child

Adults

Pamphlet Length: 16 pp. Date: 1980

Single copy free

Publication Number: PH 167
National Clearinghouse for Alcohol Information

Comic book style presentation on information on the risks of drinking during pregnancy.

Right From The Start

Women, pregnant social drinkers; general public

Slide/tape Length: 9 min. Date: 1980

Sale - $110; Rent - $17 (1 week; deductible within 3 months of rental)

Media Services
Child Development and Mental Health Center
University of Washington
Seattle, WA 98795
(206)543-4011

Aimed at pregnant social drinkers, this public education slide/tape presentation discusses a healthy pregnancy from a newborn infant's point of view. Nutrition and exercise are stressed and the harmful effects of alcohol are explained. The presentation of 78 slides is programmed to advance automatically, in sequence to the narrative on cassette tape.

Should I Drink?

Teens, general public

Comic book Length: Date:

Write for charges

National Clearinghouse for Alcohol Information (NCALI)

Discusses Fetal Alcohol Syndrome and the effects of alcohol.

Should I Drink?

Pregnant women

Brochure Length: Date: 1983

Free

83-919
National Clearinghouse for Alcohol Information
Post Office Box 2345
Rockville, MD 20852

This pamphlet, in picture format, has a very simple explanation about the effects of alcohol on your unborn baby. The pamphlet also indicates other habits that can be harmful to your baby. It recommends that you do not drink, and suggests things to do instead of drinking.

•Smoking and Pregnancy: A Kit for Health Care Providers

Professionals

Information Packet Length: Date: 1982

Write for charges

ALA Item #0432 - American Lung Association - Local Chapter

A package to be distributed to obstetricians, prenatal clinics, hospitals, and other providers who care for pregnant women. It includes a comprehensive guide to using the program in counseling pregnant women, a graphic flip chart, ALA leaflets on smoking, a sample Kit for Pregnant Women, patient Flowchart and Smoking Record for use in patients' medical records, and two full-color posters picturing mothers and their babies, with the "Because I Love My Baby" theme.

Additional copies of mother/baby posters are available, ALA Item #5022C and #5023C. A new poster of a pregnant woman with a nonsmoking message is also available ALA Item #5024.

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Smoking and Pregnancy: A Kit for Pregnant Women

General public

Information packet Length: Date: 1982

Write for charges

ALA Item #0408C
American Lung Association - Local Chapter

For distribution directly to pregnant women, the Kit includes a graphic leaflet on the health effects of smoking during pregnancy, an in-depth "Question and Answer" leaflet, a pressure-sensitive sticker, and tent card that say "Because I Love My Baby I Quite Smoking," and a form to order the ALA FREEDOM FROM SMOKING self-help manuals.

Smoking and Pregnancy

General public

16mm color TV spot Length: 30 sec. Date:

Write for charges

ALA Item #6227
American Lung Association - Local Chapter

The TV spot offers help from the American Lung Association in helping women quit smoking during pregnancy. The spot was originated by the Office on Smoking and Health of the U.S. Department of Health and Human Services, and adapted to Lung Association use.

Smoking and Pregnancy TV Public Service Announcements

Pregnant women

3/4" and 2" quad. Length: Date: 1982

Free preview. Call for purchasing information.

New York State Department of Health

This series of three TV PSAs targets pregnant women and urges them to stop smoking; features an animated stork talking with a live actress; can be tagged for another organization's use. The PSAs are: (No. 1) 30 seconds; (No. 2) 20 seconds; and (No. 3) 10 seconds.

Teenage Cigarette Smoking Self Test

Teens

Booklet Length: Date:

Write for charges

U. S. Department of Health and Human Services
Public Health Service
Office of Smoking and Health
5600 Fishers Lane
Rockville, MD 20857

Self-test and discussion leader's guide. Allows the teenager to explore knowledge of health effects, feelings about smokers and views on why people begin smoking.

Teen Posters

Teens

Poster Length: 17" x 22" Date: 1980

Single copy free

Office on Smoking and Health

Encourages teens not to smoke.
Spanish version available.

•Teratogens: An Update

Professionals

Reprint Length: Date: 1/84

Write for charges

Thomas P. Shepard, Professor of Pediatrics
University of Washington
Seattle, WA 98195
(206)543-4011

Summary of current knowledge about degree of risk and mechanisms of teratogenesis and counseling guidelines.

Two Things Every Women Should Know About Smoking Cigarettes

Adult

Pamphlet Length: 4 pp. Date: 1980

Single copy free

Publication Number: (PHS) 80-50114
Office on Smoking and Health

Identifies two health concerns for women associated with smoking cigarettes: effects on the fetus during pregnancy and increased risk of lung cancer. Encourages women to stop smoking.

*Understanding the Physiology of Alcohol Abuse

Professionals

Booklet Length: 4 pp. Date: 11/80

Write for charges

RP 0355
National Clearinghouse for Alcohol Information

(#7 of the physiological consequences) - Reproductive System - Fetal Alcohol Syndrome

Warning: Alcohol Can be Hazardous to Your Unborn Baby's Health

General Public

Pamphlet Length: Date:

Write for charges

State of New York
Division of Alcoholism and Alcohol Abuse
194 Washington Avenue
Albany, NY 12210

What FAS (fetal alcohol syndrome) is, its effects, and where to go for help.

Also available in Spanish.

What You Need to Know About You, Your Baby and Drinking

General public

Pamphlet Length: 3 pp. Date: 1978

20¢/copy

National Council on Alcoholism

Describes the Fetal Alcohol Syndrome (FAS) in an easy-to-read format.

What You Should Know About Marijuana

General public

Brochure Length: Date: 1980

$8/100 copies

American Academy of Pediatrics

How does grass affect the mind and body? This brochure discusses the risks that marijuana users take, and includes a special caution for pregnant women. Parents will want to know how marijuana affects learning ability and scholastic performance.

When the Baby's Life Is So Much Your Own

Adult

Pamphlet Length: 4 pp. Date: 1980

Single copy free

Publication Number: (FDA) 80-1057 - English
(FDA) 80-1057S - Spanish
Food and Drug Administration
HFE-88

Advises about general health care during pregnancy and provides information on the effects of specific medicines and drugs on the unborn baby. These include drugs containing the female hormones estrogen and progestin, barbiturates, tranquilizers, amphetamines, tetracycline antibiotics, and aspirin.

Also available in Spanish.

NUTRITION

All About Eating For Two

General public

Pamphlet Length: 4 pp. Date: 1984

Single copy free

(FDA)84-2183
Food and Drug Administration
HFE-88
5600 Fishers Lane
Rockville, MD 20857

Discusses how pregnancy and lactation affect a woman's nutritional needs.

•Assessment of Maternal Nutrition

Professionals

Pamphlet Length: 25 pp. Date: 1978

$1

American College of Obstetricians and Gynecologists
Publications Secretary

Guide for physicians, nurses, and nutritionists to help integrate nutrition into the normal health surveillance performed during pregnancy. Lists and explains the important factors which identify an obstetrical patient at nutritional risk.

The Best of Times - Placemat

Pregnant women

Placemat Length: Date:

Free

09-004-00
March of Dimes Birth Defects Foundation
Supply Division

Good nutrition is vital for the pregnant woman and her baby. This placement serves up colorful mealtime reminders, using bright cartoon-like illustrations to show what makes a nutritious, balanced diet.

Eating for Two

Expectant mothers

Color film Length: 15 min. Date: 1968

Write for charges

Ohio Department of Health

A Public Health Nurse assists an expectant mother with meal planning which will better assure that nutrient needs of the pregnant woman and her family will be met.

The Family Health Cookbook

General public

Book Length: 284 pp. Date: 1980

$9.95

Society for Nutrition Education

Contains basic nutrition information for pregnant women, infants, and adolescents. Each of the more than 250 recipes is followed by a breakdown of its protein, fat, sodium, calorie, and major mineral content.

Food For Thought . . . And Eating

General public

Pamphlet Length: Date: 1978

Write for charges

The National Foundation/March of Dimes
Box 2000
White Plains, NY 10602

Nutrition during pregnancy.

Food Facts Talk Back

General public

Booklet Length: 34 pp. Date: 1974

$1.05/copy for members ; $1.25/ copy for non-members

#0803
The American Dietetic Association
Sales Order Department
P. O. Box 10960
Chicago, IL 60610-0960
312/280-5000

Examines major food fallacies and provides facts. Sections on additives, vegetarianism, weight reduction, pregnancy and balanced diets.

Food for a Healthy Mother and Baby

General public, teenagers

Pamphlet Length: Date:

Free

Health Program Office
Nutrition Program
1317 Winewood Boulevard
Tallahassee, FL 32301

Describes healthy diet for pregnant women.

Food for the Teenager During and After Pregnancy

Pregnant adolescents

Pamphlet Length: 31 pp. Date: 1982

Single copy free. Bulk quantities available from GPO $4.50/copy; $90/100 copies; $835/1000 copies.

Publication No. (HRSA) 82-5106
GPO Stock No. 017-026-00103-4
National Maternal and Child Health Clearinghouse
and U. S. Government Printing Office

Provides information about practices of good nutrition that can help teenagers give birth to healthy babies. In addition, provides tips on good health habits and provides sample meal menus.

Food, Pregnancy and Health

General public

Pamphlet Length: 1 p. Date: 1982

Single copy free from Resource Center. For sale from Distribution Center: $20/100; $75/500; $150/1000 plus $2 handling

ACOG Patient Education Pamphlet P001
American College of Obstetricians and Gynecologists

Stresses importance of good nutritional habits during pregnancy. Lists four basic good groups, with examples of each.

For Young Mothers-To-Be: How To Take Care of Yourself and Your Baby

Pregnant women

Pamphlet Length: 4 pp. Date: 1984

Write for charges

Dairy and Nutrition Council
Mid-East
135 S. Perry Street
Dayton, OH 45402
(513)223-6289

Discusses the importance of eating properly during pregnancy, in order to have a healthy baby. Discusses the four food groups and what is needed from them.

A Good Beginning - Pregnancy and Lactation: Nutrition Facts and Fallacies

General public

Pamphlet Length: Date: 5/80

Write for charges

NU 102
Ohio State University Cooperative Extension Service
11100 Winton Road
Cincinnati, OH 45218-1199

Fallacies and facts related to the food concerns of women during pregnancy and lactation.

A Good Beginning - The Pregnant Teenager: Nutrient Needs

Teens

Pamphlet Length: Date: 5/80

Write for charges

NU 103
Ohio State University Cooperative Extension Service
11100 Winton Road
Cincinnati, OH 45218-1199

Nutrient needs, i.e. protein, minerals, etc., and suggestions for improving daily dietary intake during pregnancy.

Great Expectations

General public

16mm film, 3/4" videocassette, super 8mm color   Length: 22 min.   Date: 1975

$370/film, $350/videocassette; $35/rental for one week.
8mm by special order only.

Society for Nutrition Education

Also abailable in Spanish.
The benefits of sound nutrition during pregnancy and lactation are emphasized, including nutrients of special concern to pregnant and nursing women, weight gain during pregnancy, solutions to diet-related problems, and the advantages of breastfeeding to both baby and mother. Includes leader's guide (English only), and 20 copies of What Should I Eat?

How Teeth Grow

General public

Pamphlet   Length: Date: 1956, rev. 1978

Write for charges

National Dairy Council
Rosemont, IL 60018

Proper food during prenatal period - for healthy mouths of mother and baby.

How WIC Helps: Eating For You and Your Baby

Pregnant and breastfeeding women

Pamphlet Length: 8 pp. Date: Rev. 1981

Write for charges

Program Aid No. 1198
Supplemental food Programs Division
U.S. Department of Agriculture

Tells pregnant and breastfeeding women about the WIC Program. Describes the WIC foods available to these categories of program participants, discusses the major nutrients provided by each of the foods and how the body uses the nutrients, and prescribes amounts of the four basic food groups to be consumed each day. Recipes and snack ideas using the various WIC foods are included to reinforce and expand the nutrition education aspect of the publication.

Also available in Spanish.

Idaho Nutrition Modules

Expectant parents/parents of infants

Education modules Length: Date:

Write for charges

Ohio Department of Health
Division of WIC

Contains information on breastfeeding, bottlefeeding, infant feeding, reading baby food labels, and making baby food.

Inside My Mom

Parents or parents-to-be

Filmstrip/slides Length: 7:45 min. Date: 1974

$10 - filmstrip, $15 - slide set

March of Dimes Birth Defects Foundation
Supply Division

Provides food for thought for parents, parents-to-be, and the next generation of parents. Combining cartoon animation with live action, it offers sound nutritional advice in an informal manner. Used with the showing guide, it is a versatile lead-in for disucssion about the basics of preventive health care.

The Junk Food Blues

General public

Comic Book Length: Date: 1978

Write for charges

The National Foundation/March of Dimes
Box 2000
White Plains, NY 10602

The importance of nutrition during pregnancy.

•Maternal Nutrition

Health professionals, students

Filmstrip/cassette Length: 10 min. Date:

Write for charges

Ohio Department of Health
WIC Division

This filmstrip is geared toward groups of health professionals who will be working with prenatals. It would be a very good training filmstrip covering topics such as: dietary needs, weight gain, prenatal supplements, obtaining dietary history and counseling. Pictures are slightly outdated.

Nutrition Education Learning Modules for Pregnant Adolescents, Expectant Fathers, School Age Parents and Their Families

Pregnant adolescents, expectant fathers, parents

Booklet Length: Date: 1980

Write for charges

Ohio Department of Health
Division of WIC

Contains learning materials, resource ideas and evaluations on prenatal nutrition, feeding the toddler/preschooler, breastfeeding, consumer awareness, keeping track of what you eat, key nutrients, vegetarian diets, fast foods, food is more than what you eat, myth information about food, postnatal nutrition, and infant feeding.

Nutrition for Pregnancy

Prenatals

Slides/Cassette Length: 15 min. Date:

Write for charges

Ohio Department of Health
Division of WIC

The slide graphics are simple, but clear. They discuss the four basic food groups, visiting the doctor, good iron sources and calcium. This is an informative, short film.

•Nutrition in Maternal Health Care

Professionals

Pamphlet Length: 14 pp. Date: 1974

Single copy free

American College of Obstetricians and Gynecologists
Resource Center

Designed as a guide to the nutritional component of maternal health services. Organized in sections dealing with clinical aspects of nutrition in pregnancy, nutritional risk during pregnancy, components of nutritional services, and nutrition personnel resources.

Nutrition for the Newborn (Breastfeeding, Formula Feeding, Supplemental Foods

Prenatals

Filmstrip/Slides Length: 15 min. Date:

Write for charges

Ohio Department of Health
Division of WIC

Discusses the advantages of mothers' milk, and the kind amount of food needed by the nursing mother. Recommended for use in prenatal or breastfeeding support group classes.

Nutrition for Those With Special Needs - Pregnant Women, Infants, Young Children

Pregnant women/parents of young children

Educational kit Length: Date: 1976

Write for charges

Ohio Department of Health
Division of WIC

Lesson plans designed to be conducted by the para-professional with some training. The plans include activity ideas and some handouts.

Nutrition Lesson Plan - Series I

Pregnant women, parents, caregivers of young children

Education modules Length: Date: 1984

Write for charges

Ohio Department of Health
Division of WIC

Consists of ten modules developed to address the needs of WIC participants. Each module includes a lesson plan, sample resource/handout materials which can be reproduced, and a list of materials needed for the lesson.

Nutrition: To Baby With Love

General public, professionals

Film, 16mm Length: 9.5 min. Date:

Loan only - allow one month for scheduling

Gerber Products
Fremont, MI 49412

Film focuses on prenatal nutrition, and beginning foods for baby, food preparation and tour of Gerber.

Nutritional Management of High-Risk Pregnancy

Professionals and general public

Pamphlet Length: 44 pp. Date: 1981

$5/copy

Society for Nutrition Education

Explores in detail the role of diet in helping to lessen the incidences of perinatal mortality and neonatal complications in pregnant women who are under 17 years of age, or who have diabetes or preeclampsia. A reference manual for professionals.

Nutritional Management of High-Risk Pregnancy

Professionals

16mm & 3/4" videocassette color Length: 22 min. Date: 1981

$440/film, $330/videocassette; $35/rental for 1 week. Pre-payment is requested.

Society for Nutrition Education

Features successful hospital programs for the nutritional management of high-risk pregnancies of young adolescents and women with diabetes or pre-eclampsia. Topics include a team approach, risk factors, and nutritional guidelines for diabetic and preeclamptic pregnant women. Includes leader's guide and 20 copies of *Nutritional Management of High-Risk Pregnancy Reference Manual*.

Endorsed by the American College of Obstetricians and Gynecologists.

Nutritional Requirements of High-Risk Pregnancy

General public

Audiocassette Length: Date:

$13 members, $18 non-members

ACS 8-82
The American Dietetic Association
Sales Order Department
Post Office Box 10960
Chicago, IL 60610-0960
312/ 28-5000

Discusses conditions of high-risk pregnancy, including pre-pregnancy obesity, diabetes, adolescence, pregnancy-induced hypertension and preeclampsia.

•Nutrition Services in Perinatal Care

Professionals

Pamphlet Length: 72 pp. Date: 1981

Single copy free

National Maternal and Child Health Clearinghouse

Identifies the personnel, the competency levels, and the support necessary to provide nutritional assessment, education, and services within a regionalized system. Also includes a summary of current knowledge of perinatal nutrition.

•Pediatric Products Handbook

Professionals

Booklet Length: Date: 1983

Write for charges

Mead Johnson Nutritional Division
Evansville, IN 47721

Infant formulas, complete diets, special diets, oral electrolytes, diet modifiers, hospital feeding systems, additional product information, pediatric vitamins and OTC products.

Products for Dietary Management of Inborn Errors of Metabolism and Other Special Feeding Problems

Professionals and general public

Booklet Length: Date: 1983

Write for charges

Mead Johnson
Nutritional Division
(customer service is at 2404 Pennsylvania Street, Evansville, IN 47721)

Information of Phenylketonuria, Maple Syrup Urine Disease, Hereditary Tyrosinemia, Alcaptonuria, Homocystinemia, Histidinemia, Urea Cycle Disorders, Acidemia, Hereditary Fructose Intolerance; product information and clinical experience.

Proper Nutrition for Your Unborn Baby

General public

Pamphlet Length: Date:

Write for charges

Medical Research and Public Health Committee
Massachusettes Association for Retarded Citizens
381 Elliot Street
Newton Upper Falls, MA 02164

Importance of and explanation of proper nutrition during pregnancy.

Recipe For Healthy Babies

General public

Pamphlet Length: Date: 5/82

Free

09-219-00
March of Dimes Birth Defects Foundation
Supply Division

The food you eat is the food that nourishes your unborn baby.

What Should I Eat?

Pregnant Women

Poster Length: 17" Date: 1975

$1, for orders under $5, add 75¢ for postage and handling.

Society for Nutrition Education

Illustrates the best food sources of protein, vitamins A and C, iron, calcium, and folic acid, and the recommended number of servings per day of seven food groups that supply these nutrients. The increased nutritional needs of pregnant women and desired weight gains during pregnancy are also discussed.

Also available in Spanish.

PRENATAL CARE

•ACOG Self-Learning Packages

Professionals

Multimedia Kit Length: Date: 1977

$100/package for ACOG members; $125/package for non-members

ACOP Publications Secretary
American College of Obstetricians and Gynecologists

Presents current information and patterns of practice with a clinical emphasis. Topics include prenatal fetal assessment and premature labor.

•ACOG Update

Professionals

Audiocassette series Length: 60 min. each Date: 1975

ACOG Update
c/o Medical Information Systems, Inc.
185 Great Neck Road
Great Neck, NY 11021

Utilizies a panel discussion format on a single vital topic. Subjects include diabetes in pregnancy, antenatal diagnosis of genetic disorders, and many other topics in all areas of obstetrics and gynecology. Accompanied by transcrips and pre- and post-tests.

•Amniocentesis

Health professionals and pregnant women

Color 16mm videocassette	Length: 7 min.	Date: 1979

Rental - $25. Purchase 16mm - $65, videocassette - $60

16mm Title #A01274/CG
Videocassette Title #A01277/CG
National Audiovisual Center

Aimed at health professionals and pregnant women. Provides an opportunity to observe how amniocentesis is done, including patient preparation and the drawing of the amniotic fluid.

•Amniocentesis for Prenatal Chromosomal Diagnosis

Professionals and general public

Pamphlet	Length: 40 pp.	Date: 1980

Write for charges

Birth Defects Branch
Center for Environmental Health
Centers for Disease Control
Atlanta, GA 30333

Provides information regarding chromosomal disorders and the use of amniocentesis for prenatal diagnosis. Includes a discussion of the indications for amaniocentesis and information regarding Down syndrome.

•Antenatal Diagnosis and Down syndrome

Professionals

Pamphlet	Length: 16 pp.	Date: 1980

Single copy free

Publication number: (NIH)81-538
National Maternal and Child Health Clearninghouse

Describes high-risk mothers, antenatal diagnosis, and problems associated with Down Syndrome.

Assessing Childbirth Drugs

General public

Pamphlet Length: 1 p. Date: 1980

Single copy free

(FDA) 80-3101
Food and Drug Administration
HFE-88

Discusses the risks and benefits of drugs given to relieve pain during labor and delivery.

°Automobile Passenger Restraints for Children and Pregnant Women

Health care professionals

Pamphlet Length: 3 pp. Date: 1983

Single copy free from the ACOG Resource Center. Also for sale - $12.50/25 copies, plus $2 handling charge. (Distribution Center)

ACOG Technical Bulletin #74
American College of Obstetricians and Gynecologists
Distribution Center

Provides information to help health care professionals teach pregnant women how to use seat belts during pregnancy, and why it is important that they use them.

Baby's Book

General public

Pamphlet Length: Date: 1980

Write for charges

Gerber Products Co.
Fremont, MI 49412

Gives new mothers and fathers some of the basics of prenatal preparation and baby care during the early months after baby's birth.

Be Good To Your Baby Before It Is Born

General public

Pamphlet Length: Date: 3/82

Free

09-002-00
March of Dimes Birth Defects Foundation
Supply Division

A pregnant woman's health habits can affect her baby for the rest of its life. This booklet guides the pregnant woman from the first prenatal visit through the delivery. Some of the topics covered: your first check-up, diet and weight gain, risks to the baby from substances such as smoking and alcohol, exercise and rest, sex, childbirth classes, common pregnancy problems and warning signs, labor and delivery, and nursing. Great for prenatal care clinics, doctors' offices, WIC sites.

Also available in Spanish.

Because You Love Your Baby

General public

Slide/Tape Length: 5 min. Date: 1982

Write for charges

ALA Item #6175
American Lung Association - Local Chapter

This presentation highlights the decision of a smoker as she is confronted with the effects of smoking on her unborn baby. Can be used as a review of these health effects for health care providers or to present the facts directly to pregnant women.

Before The Baby

Pregnant women

Slides/audiocassettes videocassette/script — Length: 10 min. — Date: 1980

$28 for the kit

Title A02906/CG
Food and Drug Administration
HFL-20
5600 Fishers Lane
Rockville, MD 20857

Gives pregnant women guidelines to follow on weight gain, drug use, smoking, diagnostic X rays, alcohol use, and other aspects of prenatal care. Suited for use in obstetrical and gynecological offices and clinics, family planning and public health clinics, health maintenance organizations, and physicians' offices.

Birth Defects - Tragedy and Hope

Teens and adults

Booklet — Length: — Date: 1/83

Free

09-026-00
March of Dimes Birth Defects Foundation
Supply Division

Kinds of birth defects, causes, detection and diagnosis, treatment and prevention.

Birth in the Squatting Position

Pregnant women

16mm & videocassette color | Length: 10 min. | Date:

Rental $30; Purchase $210 for 16mm and $175 for Super-8 video

Polymorph Films

After observing Indian women delivering their babies while squatting, the Brazilian obstetricians Drs. Moyses and Claudio Paciornik adapted this traditional method for use in a modern hospital setting. They discovered benefits which include less perianal tearing, improved fetal blood supply and significantly less need for medical intervention. They made this film to illustrate the method by showing a series of women giving birth in the squatting position.

Bookmark - Prenatal Care

Pregnant women

Bookmark | Length: | Date:

Free

09-058-00
March of Dimes Birth Defects Foundation
Supply Division

A pregnant woman's personal habits can help prevent birth defects. This handly bookmark reminds mothers-to-be to eat nourishing foods, see the doctor regularly and to be aware of the dangers of alcohol, tobacco and drugs.

Care For Two: Baby and You

General public

Filmstrip Length: Date: 1979

Free

Procter & Gamble Co.
Professional Services Division
Cincinnati, OH 45201

Good overview of early pregnancy (do's and don't's). Including practical suggestions for care of self and providing for offspring. Also includes section on parenting, infant stimulation and safety.

Caring For Two

General public and teenagers

Pamphlet Length: 8 pp. Date: 1981

50¢/copy. $15/100, $120/1000.

No. 1629
Planned Parenthood Federation of America, Incorporated

Discusses the importance of early and ongoing prenatal care. Directed primarily at teenagers. This is the second pamphlet in the Pregnancy Resource Books series.

Caring For Your Unborn Baby

General public

Pamphlet Length: Date:

Write for charges

Child Development Center
593 Eddy Street
Providence, RI 02902

General information re: prenatal care, nutrition during pregnancy, preventing infections, medicine and drugs, prenatal diagnosis, and continuing prenatal care.

Caring For Your Unborn Child

General public

Pamphlet Length: Date:

Write for charges

Medical Research and Public Health Committee
Massachusettes Association for Retarded Citizens
381 Elliot Street
Newton Upper Falls, MA 02164

System of regular check-ups throughout pregnancy to reduce the chances of giving birth to a mentally retarded baby.

Cesarean Childbirth: Handbook for Expectant Parents

Expectant parents

Pamphlet Length: 16 pp. Date: 1981

Write for charges

American Society for Psychoprophylaxis in Obstetrics
Lamaze National Headquarters
P. O. Box 33429
Farragut Station
Washington, DC 20033
703/524-7802

Whether or not a couple is expecting a cesarean birth, this easy-to-read text will help them understand the medical procedures and how they can apply their Lamaze training to have a positive cesarean delivery.

The Choice is Yours

Grades 8-12

Curriculum Length: Date: 1983

Write for charges

Florida Developmental Disabilities Planning Council

Three-hour curriculum supplement. The program contains wideotape segments, activities for 8-12 grade students, a teacher's guide and mastery test. Emphasizes prenatal care in the prevention of the birth of a child with developmental disabilities.

•Congenital defects

Health professionals

Pamphlet	Length: 62 pp.	Date: 1981

Single copy free

Publication Number: (NIH) 82-2304
National Institute of Child Health and Human Development
Office of Research Reporting

Reprinted from a chapter in "Child Health and Human Development - An Evaluation and Assessment of the State of the Science." Covers research progress with gametes, embyros, and fetuses. Outlines research gaps and opportunities, priorities, and recommendations for future research.

Dad, It's Your Baby Too

General public

Pamphlet	Length:	Date: 5/82

Free

09-237-00
March of Dimes Birth Defects Foundation
Supply Division

Emphasizes the role fathers play before and after birth.

•Diabetes Mellitus: Pregnancy Counseling

The University of Michigan

Social workers and the traditional diabetes team

3/4" color videocassette   Length: 15 min.   Date: 1980

Write for charges

Michigan Diabetes Research and Training Center
The Department of Postgraduate Medicine and
Health Professions Education
University of Michigan Medical School

This program summarizes the many aspects of diabetes which are important to the woman who has diabetes and who is contemplating pregnancy. The content includes the family impact of a high-risk pregnancy, the differences in risk between insulin and noninsulin-dependent diabetic mothers, the various risks encountered by the fetus (stillbirth, RDS, congenital defects, etc.) and the incidence and management of various obstetrical complications occasioned by diabetes. The program would be useful for social workers, in addition to the traditional diabetes team.

•Diagnostic Ultrasound Imaging in Pregnancy

Professionals and general public

Pamphlet   Length: 16 pp.   Date: 1984

Single copy free

Office of Medical Applications of Research
NIH
Building 1, Room 214
Bethesda, MD 20892

A summary of the NIH Consensus Development Conference on ultrasound. Discusses the appropriate use of ultrasound, theoretical risks, and makes recommendations for further reserach.

Do's and Don'ts for Prospective Mothers

General public

Pamphlet Length: Date: 6/81

Write for charges

United Cerebral Palsy Association, Inc.
66 East 34th Street
New York, NY 10016

Guidelines for sensible pregnancy management.

Especially for Fathers

Prospective fathers

Pamphlet Length: 1 p. Date: 1984

Single copy free (Resource Center). For sale from the Distribution Center - $20/100, $75/500, plus $2 handling.

ACOG Patient Education Pamphlet P032
American College of Obstetricians and Gynecologists

Discusses ways in which fathers can participate in pregnancy, childbirth, and child care, and answers basic questions fathers-to-be may have.

Expectant Mother's Guide

Pregnant women

Pamphlet Length: Date: 5/81

Write for charges

Gerber Products Company
Fremont, MI 49412

Covers prenatal health concerns and lifestyles, to ensure a safe pregnancy; a healthy baby.

Expectant Mothrs: What You Should Know About Mental Retardation: What You Can Do

Pregnant women

Pamphlet	Length:	Date:

Write for charges

National Association for Retarded Children
386 Park Avenue South
New York, NY 10016

Explores known causes of mental retardation and prevention measures.

Facts About Premature Birth

Adult

Pamphlet	Length: 9 pp.	Date: 1983

Single copy free

National Institute of Child Health and Human Development
Office of Research Reporting

Reprint of article in 1983 issue of "Genesis" magazine. Covers the research over the past 20 years to reduce the number of premature births. Identifies high risk pregnancies, diagnosis and treatment of low birth weight infants, technological advances and future areas of research in premature births.

Fathers

General public

16mm color film	Length: 28 min.	Date: 1980

$385/purchase, $45/rental for 3 days.

American Society for Psychoprophylaxis in Obstetrics

A touching film on the role of fathers both before and after birth. Explores feelings of new fathers and those with older children. Winner of the CINE Golden Eagle Award. Recommended for church groups promoting the family unit, childbirth education classes, and other groups interested in the parental role of fathers.

*Fetal Circulation Notebook Chart

Professionals

Chart	Length:	Date: 6/78

20¢

G157
Ross Laboratories
Columbus, OH 43216

Shows organs and primary vessels of the fetal circulatory system.

From Pregnancy to Parenthood

New Family

Pamphlet	Length:	Date:

25¢/copy

G341
Ross Laboratories
Columbus, OH 43216

Moves the new family through pregnancy and the first few weeks with their new baby. The pregnant mother's diet, general health care and clothing are discussed. Some guidelines for care of the new baby are given which include feeding, clothing, bathing, safety and health.

Genesis

Physicians, childbirth educators, and parents

Periodical Length: Date:

$30/year (published 6 times a year).

American Society for Psychoprophylaxis in Obstetrics
Lamaze National Headquarters
P. O. Box 33429
Farragut Station
Washington, dC 20033
703/524-7802

Contains articles and information about prepared childbirth and parenthood. In addition to sections for physicians, childbirth educators, and parents, each issue looks in-depth at a pertinent topic, with "tear-out-and-save" pages relating to the topic explored.

Guarding Your Newborn Child Against Metabolic Disorders

General public

Pamphlet Length: Date:

Write for charges

Medical Research and Public Health Committee
Massachusettes Association for Retarded Citizens
381 Elliot Street
Newton Upper Falls, MA 02165

How the disorders are detected and treated.

•Guidelines on Pregnancy and Work

Professionals

Pamphlet Length: 72 pp. Date: 1977

$3/copy

Secretary
American College of Obstetricians and Gynecologists

Contains an extensive review of the medical, obstetrical, and industrial research findings that converge with important implications for the pregnant employee. Offers a framework to assist in determining whether a pregnant woman should be placed in, or continue, a specific job.

Having a Baby -- What To Expect During and After Pregnancy

General public

Pamphlet Length: Date:

25¢/copy.

G703
Ross Laboratories
Columbus, OH 43216

Answers questions the pregnant woman may have about her body and health during pregnancy, and after the baby is born.

Healthy Infants

Professional and public

Pamphlet Length: 12 pp. Date: 1981

Single copy free

Publication No. (HSA) 80-5244
National Maternal and Child Health Clearinghouse

Describes the challenges of reducing infant mortality and morbidity in the United States; emphasis on preventive services.

•Healthy Mothers, Healthy Babies

Professionals

Booklet Length: 64 pp. Date: 2/82

Set of 5 books/$13; set of 5 charts/$5.

29-255-00
March of Dimes Birth Defects Foundation
Supply Division

Framework for curriculum development - pre-school through high school - resources and approaches to enhance understanding of healthy pregnancy and birth.

•Healthy Mothers, Healthy Babies Chart

Professionals

Color Poster Length: 36" x 22" Date: 1981

$5 for 5

29-256-00
March of Dimes Birth Defects Foundation

Chart outlining the objectives for learners in each area at the various grade levels discussed in the concepts guide. Provides organized and sequential curriculum development.

•Healthy Return

Professionals

Videotape Length: 7 min. Date: 1984

Write for charges

Wisconsin Human Services Information Center
317 Knutson Drive
Madison, WI 53704
(608)266-1164

Designed to be used as a motivational piece to help obtain community support for Developmental Disability Prevention programs. Makes the point that prevention activities save money in the long run.

His Baby Too

Teens, general public

Film/filmstrip/videotape Length: 41 1/2 min. Date: 1980

Free rental. Purchase available on 30-day approval.

Sunburst
Dept. T6
39 Washington Avenue
Pleasantville, NY 10570

"Dave's Story" (14 min.) - Describes story of unwed teens who are faced with unplanned pregnancy, feelings, emotions, and how situation is handled.

"The Choices" (14 min.) - Focuses on needs and rights of the unwed teenage father, dispels myths of the teenage boy as seducer. Outlines choices available for pregnant teenagers.

"Making The Decision" (13 1/2 min.) - Discusses the impact of 3 alternatives for pregnant teenagers (marriage, single parenthood, and adoption) on 3 teen couples. Discusses benefits of mutually made decisions.

Good presentation to stimulate group discussion.

ICEA Position Paper: Cesarean Birth

General public

Pamphlet Length: 2 pp. Date:

10¢/copy

International Childbirth Education Association

Relates optimal birth outcome to individualized approach to management of pregnancy, labor and birth.

¨ICEA Position Paper: Diagnostic Ultrasound in Obstetrics/Electronic Fetal Monitoring

General public

Pamphlet Length: 12 pp. Date:

55¢/copy

International Childbirth Education Association

Set of two pamphlets presenting recommendations on the use of ultrasound techniques, including indications for use, advantages and disadvantages and alternatives.

•ICEA Review

Professionals

Periodical Length: Date:

$3/year for ICEA members at the time of membership application; back issues $1.50. Published 3 times a year.

International Childbirth Education Association

Each issue examines a topic of current interest and/or controversy within the childbearing field, and includes abstracts from literature as well as editorial and guest commentary.

•Identifying the Alcohol-Abusing Obstetric/Gynecologic Patient: A Practical Approach

Professionals

Reprint Length: Date: Summer 1980

Write for charges

National Clearinghouse for Alcohol Information

Problems in diagnosis, taking an alcohol-abuse history.

•Introduction and Overview of 06 Year IPO Activities

Professionals

Pamphlet Length: Date:

Write for charges

Community Information Coordinator
Improved Pregnancy Outcome Project
Department of Health and Human Resources
Office of Health Services and Environmental Quality
P. O. Box 60630
New Orleans, LA 70160

General information which outlines the past and present goals, objectives and activities of the IPO (improved pregnancy outcome) project.

•Initiatives to Improve Pregnancy Outcome

Health professionals and general public

Pamphlet Length: 16 pp. Date: 1980

Single copy free

National Maternal and Child Health Clearinghouse

Describes federal initiatives to improve perinatal and child health and describes selected State approaches to Improved Pregnancy Outcome Projects.

Journey to Birth

General public, especially women of childbearing age

color 16mm sound/ videocassette   Length: 20:35 min.   Date:

16mm - $85, 3/4" or 1/2" videocassette - $45.

59-008-00 (16 mm)
59-008-01 (3/4" videocassette)
59-008-02 (1/2" videocassette)

March of Dimes Birth Defects Foundation Supply Division

Narrated by Ellen Burstyn, this film shows that life's most important journey is usually a stunning success - if the baby's parents make intelligent choices along the way. The pregnant woman who eats a healthful diet, seeks early prenatal care, and avoids smoking, drugs, and drinking can do a great deal to smooth her baby's path. We now actually have instruments which serve as windows into the womb, allowing dramatic views of the fetus, beginning at six weeks and already taking on human form. Important information for a general audience, especially women of childbearing age. (Cleared for television.)

Labor and Birth: A Guide For You

Linda Todd

General public

Pamphlet   Length: 52 pp.   Date: 1981

$2.50/copy

International Childbirth Education Association

Simple, concise description of labor process, relaxation and breathing techniques, medical procedures and post-partum needs of newborns and parents. Requires minimal reading skill.

*Making Healthy Decisions for Ourselves and Future Babies, Volume II: Prevention Choices: Teens Choosing to Make a Difference

Judy Geunther, M.S., Janet Gauntner, M.A., and Karen Heiser, Ph.D

Teachers for use with teens

Workshop Length: 1 hour Date: 1986

Write for charges

Ohio State University
The Nisonger Center
434 McCampbell Hall
1580 Cannon Drive
Columbus, OH 43210

These prevention materials were developed specifically for educators working with teen audiences, and are designed to be utilized in schools and youth clubs. Divided by major topic areas, e.g., alcohol, nutrition, they outline key facts about each area, describe learning activities relevant to teens, and relate this information to the prevention of developmental disabilities. In this format, therefore, topics can be presented as a comprehensive unit on prevention, or they can be intergrated into existing health, home economics, social sciences, science, language arts, or drama classes. All materials are written so that they can be utilized by an educator without special training in developmental disabilities.

•Making Healthy Decisions for Ourselves and Future Babies, Volume I: Important Considerations for Consumers

Janet Gauntner, M.A., and Karen Heiser, Ph.D.

Professionals for use with general public

Workshop Length: 1 hour Date: 1986

Write for charges

Ohio State University
The Nisonger Center
434 McCampbell Hall
1580 Cannon Drive
Columbus, OH 43210

These materials identify key information which adults in childbearing years need to optimize the likelihood of having healthy babies. Major emphasis is placed on information critical during pregnancy and the first years of life. Activities particularly appropriate for adult audiences are suggested, and fact sheets for persons with limited reading skills also are included. Professionals from a variety of health, education, medical and social service backgrounds have effectively used these materials with a wide range audiences.

•Maternal PKU

Health professionals

Pamphlet Length: 90 pp. Date: 1982

Single copy free

Publication Number: (HSU) 81-5299
National Maternal and Child Health Clearninghouse

Contains proceedings of a conference in Dec., 1979, on the female with either PKU or hyperphenylalaninemia. Covers survey data on the effects of maternal PKU, pathogenesis, treatment, screening social and ethical issues and describes future coopeerative studies.

Nine Months To Get Ready

Adults, senior high, prenatal classes, home economics classes

color film	Length: 25 min.	Date: 1966

Ohio Department of Health

The importance of prenatal care and an explanation of what it involves is the message in this film. This is the story of a young mother who delivered her first baby prematurely because of toxemia. For the second pregnancy, she seeks prenatal care and avoids complications. As we follow her through the initial visit to a clinic, examination, explanation of laboratory tests, instruction in diet and weight control, and regular checkups with the doctor, we learn the reasons for and nature of prenatal care.

The One of Us

Teens, general public

Filmstrip/slide/audio-cassettes	Length: 34 min.	Date: 9/80

Filmstrip and cassette set - $25; slide and cassette set - $35.

March of Dimes Birth Defects Foundation
Supply Division

Part I focuses on hazards that affect the unborn baby, e.g. drugs, etc. (19 min.)
Part II focuses on other environmental hazards, e.g. industrial pollutants, etc.

"Pierre the Pelican" Series

Joan Hertzberg

Expectant parents and new parents

Newsletters Length: Date: 1976-1978

Free to Louisiana residents. Send to parents by request only.

Administrator, Maternal and Child Health Section
State of Louisiana - Department of Health and Human Resources
Office of Health Services and Environmental Quality
P. O. Box 60630
New Orleans, LA 70160

A series of monthly prenatal and postnatal mailings with health and social information for prospective and new parents. A variety of topics are covered in almost 30 newsletters, featuring Pierre the Pelican.

Pregnancy and Daily Living

General public

Pamphlet Length: 10 pp. Date: 1983

Single copy free from Resource Center; for sale from Distribution Center: $20/100. $75/500, plus $2 handling.

ACOG Patient Education Pamphlet P003
American College of Obstetricians and Gynecologists

Nutrition, exercise, work, travel, sexual activity, and sleep are discussed in this booklet on pregnancy and postpartum care.

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•Pregnancy and Infant Health

Professionals

Pamphlet	Length: 93 pp.	Date: 1983

Single copy free

Publication Number (PHS) 79-50069
Office on Smoking and Health
Park Building 1-10
Rockville, MD 20857

Reprint from "Smoking and Health: A Report of the Surgeon General", published in 1979. Reviews the scientific literature on the effects of smoking during pregnancy. Covers birth weight and fetal growth, fetal and infant mortality, lactation, and breastfeeding.

Pregnancy and Oral Health

Pregnant women, health professionals, and health educators

Pamphlet	Length: 10 pp.	Date: 1985

Single copy free

W100
American Dental Association
Bureau of Health Education and Audiovisual Services
211 East Chicago Avenue
Chicago, IL 60611

Good advise for mothers-to-be on nutrition, oral hygiene, and professional dental care. Also a recommended item for women who are considering becoming pregnant.

Pregnancy and Perinatology

Professionals and general public

Pamphlet Length: 40 pp. Date: 1981

Single copy free

(NIH) 81-2347
Public Inquiries
National Institute of Child Health and Human Development
NIH - Bldg. 31, 2A-34
Bethesda, MD 20892

Describes the research programs of the National Institute of Child Health and Human Development in the areas of pregnancy and perinatology, premature labor and birth, disorders of the newborn, and sudden infant death syndrome.

Pregnancy Basics

Adults

Pamphlet Length: 16 pp. Date: 1979

Single copy free

Public Inquiries
National Institute of Child Health and Human Development

Briefly summarizes things to be considered during pregnancy, including nutrition, weight gain, exercise, and lifestyle habits.

•Pregnancy, Birth and the Infant

Professionals

Pamphlet Length: 69 pp Date: 1983

Single copy free

Publication Number: (NIH) 82-2304
National Institute of Child Health and Human Development
Office of Research Reporting

Chapter reprint from "An Evaluation and Assessment of the State of the Science", the five-year plan of the Institute. Summarizes recent research advances, current problems, and areas for concentration in future years.

Pregnancy: Caring For Your Unborn Baby

Prenatals (fathers also) and health professionals

16mm film Length: 15 min. Date:

Write for charges

Ohio Department of Health
WIC Division

Identifies and discusses the choices parents must make to protect the well being of their infant before it is born. Topics include diet, smoking, drugs, (prescription, nonprescription and illegal), and alcohol. Some fo the film sequences are very "hard-hitting" and moving. Very low birth weight infants, those with FAS and those with drug addictions are shown.

*Pregnancy, Work, and Disability

Professionals

Pamphlet Length: 7 pp. Date: 1980

Single copy free; $6.25 for 25 copies

American College of Obstetricians and Gynecologists
Technical Bulletin 58 - Resource Center

For Sale: American College of Obstetricians and Gynecologists
Publications Secretary

Helps the obstetrician-gynecologist protect the health of the pregnant worker and her fetus. Provides medical recommendations to pregnant workers and discusses specific issues.

•Prenatal Diagnosis of Genetic Diseases

Professional

Cassette & guide Length: 60 min. Date: 1980

Write for charges

American Academy of Pediatrics

Introduces genetics in a way which enables the pediatrician to use it in daily practice. Discusses genetic counseling, especially as related to possible neural tube defects, and the use of alpha-fetoprotein and ultrasonography in prenatal diagnosis. Indicates benfits, risks, and pitfalls of prenatal diagnosis.

Prenatal Breast Care: Preparing For Breastfeeding

Expectant parents

Pamphlet Length: Date:

Single copy mailed out - 50¢

Health Education Associates, Inc.

Discusses nipple preparation for normal, flat, and inverted nipples. Answers questions commonly asked by expectant parents.

Prenatal Care

General public

Pamphlet   Length: 98 pp.   Date: 1983

Single copy free. For sale by GPO Stock #017-091-002237-1 $4.25. Reduced for bulk orders.

(HRSA) 83-5070
National Maternal and Child Health Clearninghouse
38th and R Streets, NW
Washington, DC 20057

Describes the physical and emotional changes that occur during pregnancy, emphasizes the father's role in providing support, and identifies some of the decisions that can increase the chances of having a healthy infant. Gives the expectant mother basic information on caring for herself and her unborn baby during pregnancy, including disucssion of some common complaints and what to do about them. Also describes the needs of a newborn baby.

Prenatal Development

Barbara Jampel

General public

3/4" color video or 16mm film   Length: 20 min.   Date: 1974

Video - $285. Film - $370

McGraw-Hill Films, CRM Productions
P. O. Box 641
Del Mar, CA 92014
(619) 453-5000 (Ask for Education Department)

Human prenatal development and the interaction between mother and fetus.

Prenatal Development

High school, college, adult

color film Length: 20 min. Date: 1976

Write for charges

Ohio Department of Health

This film is both an illustration story of the developing fetus and a demonstration of the significance of the prenatal environment. Research conducted with rats and with humans is presented, showing how the developing fetus is affected by the mother's diet, drug intake, and psychological state during pregnancy.

This film may be used as supplemental material to stimulate discussion in such diverse areas as: child development, human physiology, the nature-nuture issue, personality and intelligence, and the responsibility of psychologists and governmental agencies to the public.

Preparation for Parenthood

Prospective Parents

Teaching Package Length: 14 hours Date: 1976

$2.45

Stock No. 321235
Red Cross Local Chapter

Helps prospective parents know what to expect during the prenatal period, labor, delivery, and the baby's first year. Also used in classes for students in junior high school through college. Includes lectures, group discussions, demonstrations, and practice.

Preparenting and Prenatal Care: First Steps to High Level Wellness

T.J. Byrnes, Ph.D., and others

Professionals and general public

Reprint Length: Date:

Single copy free

PE PRS-14
March of Dimes Birth Defects Foundation
Professional Education Department

Reviews the factors that adversely affect fetal and neonatal development and well-being such as teratogens, infections, nutrition, genetic factors, prescriptions, nonprescription drugs, and infectious agents. Discusses the need for prenatal care and offers specific guidelines that should be given to every pregnant woman.

Prevention of Birth Defects Survey

General public

Pamphlet Length: Date:

Write for charges

Roger Strand, Planner, Developmental Disabilities Program Office
Minnesota State Planning Agency
201 Capitol Square Building, 550 Cedar Street
St. Paul, MN 55101

Public information/education resources in Minnesota on prevention of birth defects/mental retardation.

Prevention Strategies for Developmental Disabilities: A Multidisciplinary Approach

Bonnie Hedrick, B.S., M. Ed., Editor

Health and human service professionals

Workshop curriculum Length: 6, 3-hour workshops Date: 1985

$65 per workshop module

University Affiliated Cincinnati Center for Developmental Disorders
Room 3-79
Elland and Bethesda Avenues
Cincinnati, OH 45229

This curriculum is a set of six modules on prevention of developmental disabilities (DD) is designed to provide continuing education to health and human service professionals. The materials increase participant awareness of prenatal causes of DD, such as genetic, health and lifestyle related factors; postnatal causes, such as child abuse, infections and lead poisoning; and prevention strategies which address these causes. Professionals are recruited from a variety of disciplines and encouraged to incorporate simple DD prevention strategies into their routine tasks, in an attempt to achieve a comprehenisve approach to DD prevention. In doing so, professionals are in a position to identify and refer high-risk clients for in-depth assessment, and to convey DD prevention principles to their clientele.

Problem Pregnancies

General public

Pamphlet Length: 4 pp. Date:

Single copy free with self-addressed, stamped (.42) envelope

National Committee for Adoption

One of a series of eight public education pamphlets for distribution to the public and hotline callers. This pamphlet addresses the discovery of unplanned pregnancy and gives an overview of alternatives. Also offers resources to help young women.

Protect Your Baby's Health From PKU

General public

Pamphlet Length: Date:

Write for charges

Ames Company, Inc.
Elkhart, Indiana

Home testing program for all mothers.

Public Service Announcements

Professionals for use with general public

TVs, PSAs, radio PSAs Length: 30 sec. (3) Date: 1983

Write for charges

Florida Developmental Disabilities Planning Council

Three 30-second TV public service announcements (PSAs) and three radio PSAs which are aimed at a different facet of prevention of devleopmental disabilities and treatment. PSAs are written in English and Spanish. Press release, feature story, and fact sheet accompanied original distribution to the media.

*Questions and Answers About Prenatal Care

Professionals

Pamphlet Length: 13 pp. Date: 1985

$1/copy. Prepayments required

Children's Defense Fund
122 C Street, NW
Washington, DC 20001

The answers to questions about providing adequate prenatal care to all mothers.

Seat Belt Use During Pregnancy

General public

Pamphlet Length: 1 p. Date: 1983

Single copy free from Resource Center; for sale from Distribution Center - $20/100, $75/500, plus $2 handling.

ACOP Patient Education Pamphlet P018
American College of Obstetricians and Gynecologists

Covers the correct use of seat belts during pregnancy and the postpartum, and explains why they should be used.

Seat Belt Use During Pregnancy

Pregnant women

Pamphlet Length: 8 pp. Date: 1983

Up to 50 copies - free of charge

Maternal and Child Health
Office of Occupant Protection, NTS-11
National Highway Traffic Safety Administration
U.S. Department of Transportation
400 7th Street, SW
Washington, DC 20590

Patient information pamphlet that discusses the proper way for a pregnant woman to wear a safety belt, and the need for obtaining a child seat once the baby is born.

So, You're Going To Be A Father

Prospective fathers

Pamphlet Length: 2-fold Date: 1983

Single copy free

New York State Department of Health

Discusses the role a man can play in encouraging an expectant mother to adopt good prenatal health habits, and promotes positive support for the mother and involvement in planning for the baby.

So, You're Going To Be A New Father?

Adults, fathers-to-be

Pamphlet	Length: 32 pp.	Date: 1973

$3.75/copy

GPO Stock Number: 017-091-00190-1
U.S. Government Printing Office

Advises the prospective father on what he should expect during his wife's pregnancy, and on ways to provide support and comfort during this phase of their lives. Discusses the moods and feelings new mothers and fathers often experience.

Also available in Spanish.

Starting Out Healthy

Prenatals

Filmstrip/cassette	Length: 15 min.	Date:

Write for charges

Ohio Department of Health
WIC Division

This movie is a good overview of prenatal and breastfeeding nutritional needs. It also discusses breastfeeding vs. bottle. Quite a few additional topics are covered including: feeding schedules, supplements, solid food introduction, commercial vs. homemade baby foods.

It may be too comprehenisve for some WIC participants. This packet includes study sheets, teacher's guide, poster.

•Support During Labor

Medical and nursing students, hospital personnel, medical groups

Color film Length: 20 min. Date: 1962

Write for charges

Ohio Department of Health
Division of Maternal and Child Health

Shows in detail techniques of giving emotional and physical support throughout normal labor. Particular attention is paid to positions that promote comfort. Helpful in prenatal education groups.

Take Care of Your Baby Right From the Start

General public

Pamphlet Length: Date: 3/81

Write for charges

State of New York
Division of Alcoholism and Alcohol Abuse
194 Washington Avenue
Albany, NY 12210

Available in English and Spanish.

Stresses the do's and don'ts of good prenatal care, and urges women who are/who might be pregnant to follow them. Features stork character as "healthy baby expert".

Take Care of Your Baby Right From the Start

General public

Color poster Length: 12" x 52" Date:

Write for charges

New York State Department of Health

Graphically illustrates three prenatal health rules: Don't smoke; don't drink; eat right. Features stork.

Also available - a colorful wall calendar, including informative tips for each week of pregnancy, and space for notes or doctor's appointments. Features stork.

Also available - Counter top brochure holder, 9 3/4" x 17", color. Stands upright with pocket for neat, prominent brochure display. Features stork.

Time-Line Chart of Fetal Development - How a Baby Grows

Schools, hospitals, doctors' waiting rooms, childbirth classes, etc.

Color poster Length: 56" x 16" Date: 1983

Poster - $2; easel-backed exhibit - $10.50

19-204-00 - poster 19-202-00 in Spanish
19-205-00 - exhibit 19-192-00 in Spanish

March of Dimes Birth Defects Foundation
Public Health Education Department

Bright blue and white bands show the month-by-month development of the fetus. Has information on the changes which occur each month to both mother and unborn child, and includes valuable tips on prenatal care.

•A Training Manual: Amniotic Fluid Cell Culture

Professionals

Pamphlet Length: 30 pp. Date: 1981

Single copy free, while supply lasts.

National Maternal and Child Health Clearinghouse

Provides general information about amniotic fluid cell cultures, including cell culture methods, cell types, and chromosome analysis. Outlines potential problems in laboratory techniques. Provides a detailed protocol for cell culture and preparation of chromosomes.

Two To Get Ready

Prospective Parents

16mm/videocassette Length: 29 min. Date: 1979

Rental - $25. 16mm purchase - $275, videocassette - $110.

16mm Title No. A00856/CG
Videocassette Title No. A00883/CG
National Audiovisual Center

Portrays how both parents prepare for parenthood, focusing on psychological preparation. Designed to help prospective parents think about the reasons for having a baby and the decision about when to have it. This film is one episode from "Footsteps", a PBS series on parenting. For information on the entire series, contact the National Audiovisual Center.

Understanding Labor and Delivery

General public

8mm/16mm/video 3/4"/1/2" Length: 20:25 min. Date: 1978

Rental $15 or Purchase $312.

ACO 104
American College of Obstetricians and Gynecologists
Film and Video Serivce
P. O. Box 299
Wheaton, IL 60187

Explains what happens during labor and delivery. Procedures shown include fetal monitoring, IV feeding, prepping, medication for labor, local anesthesia, forceps delivery, spontaneous delivery, and post-delivery procedures.

The Unknowns of Ultrasound

General public

Pamphlet Length: 4 pp. Date: 1983

Single copy free

Publication #609L
Consumer Information Center

Discusses use of ultrasound to monitor fetal growth and development. Presents the latest research on its safety and other medical uses.

Unnecessary Cesareans - Ways to Avoid Them

Diony Young and Charles Mahan

General public

Pamphlet Length: 27 pp. Date: 1980

$1.50/copy

International Childbirth Education Association

How to minimize possibility of cesarean delivery, and increase potential for optimal outcome should it be necessary; fully documented.

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Working Mom

Professionals and general public

Color videotape, 16mm Length: 12 min. Date: 1982

$75 film; $40 for videocassette

March of Dimes Birth Defects Foundation
Supply Division
1274 Mamaroneck Avenue
White Plains, NY 10605

Designed to catalyze discussion about the working pregnant woman's health habits, her frame of mind, and the attitudes of her spouse and co-workers.

Your Baby's Getting Ready for Birth. You Can Too

Pregnant women

Pamphlet Length: Date:

Write for charges

Lamaze Childbirth Association
3590 Milton Avenue
Columbus, OH 43214

Courses available to help the pregnant women prepare for a healthy, rewarding birth experience.

X-rays and Pregnancy

Adult, pregnant women

Poster Length: 17" x 21" Date: 1980

Single copy free

Publication # (FDA) 80-1045 - English version
Publication # (FDA) 80-1045S- Spanish version
Food and Drug Administration HFX-28

Cautions women, "Pregnant ... or think you might be? Tell your doctor before getting an X-ray or prescription."

X-rays, Pregnancy and You

General public

Pamphlet Length: Date: 1982

Write for charges

Department of Health and Human Services
Public Health Service
Food and Drug Administration

Effects of x-rays and how to help minimize the risks. Also available in Spanish.

MATERNAL AGE

Counseling Adolescents in Reproductive Health Care Settings

Professionals

Pamphlet Length: 94 pp. Date: 1980

Single copy free

National Clearinghouse for Family Planning Information

A handbook in adolescent counseling that includes chapters on adolescent development and reproductive health, counseling skills, assessing counseling needs, a counseling model, and counseling the pregnant client.

•Adolescent Pregnancy and Childbearing - Rates, Trends, and Research Findings from the CPR, NICHD

Health professionals

Report Length: 17 pp. Date: 1982

Single copy free

National Institute of Child Health and Human Development
Center for Population Research

Contains a statement on Adolescent Childbearing Today and Tomorrow, and excerpt from the NICHD Annual Report, and publications available through the National Technical Information Service.

Cutting the Risk of Childbirth After 35

Adult

Pamphlet Length: 5 pp. Date: 1979

Single copy free

National Maternal and Child Health Clearinghouse

Discusses the purposes of amniocentesis testing for fetal chromosomal abnormalities,metabolic diseases, and neural-tube defects. Explains the risk of complications, timing, and other problems associated with the procedure. Highlights recommendations for the target population; suggests where to go for more information.

Facts About Down Syndrome for Women Over 35

Women over 35

Pamphlet Length: 16 pp. Date: 1979

Single copy free

(NIH)80-563
Public Inquiries
National Institute of Child Health and Human Development
NIH
Bldg. 31, 2A-34
Bethesda, MD 20892

Aimed at women who are pregnant or planning a pregnancy and are over 35 years old. Explains Down syndrome, the increased risk for women over 35 of bearing a Down syndrome child, genetic counseling, and the outlook for a child with Down syndrome.

*Facts You Should Know About Teenage Pregnancy

Professionals, teens, general public

Information sheet Length: 1 p. Date: 8/83

Free

09-284-00
March of Dimes Birth Defects Foundation
Supply Division

Health risks to the mother and baby; consequences of teenage pregnancy.

The Figures on Our Teenagers are Alarming

Teens and adults

Pamphlet Length: 4 pp. Date: 1979

Single copy free

New York State Health Department
Office of Health Education Promotion Services
Room 1084, Tower Building
Empire State Plaza
Albany, NY 12237
518/474-5370

Discusses the causes and problems of teenage pregnancy, as well as some helpful interventions for adults.

The Figures on Our Teenagers are Alarming

Teens and adults

Poster Length: 16" x 20" Date: 1979

Single copy free

New York State Health Department
Office of Health Education Promotion Services
Room 1084, Tower Building
Empire State Plaza
Albany, NY 12237
518/474-5370

Conveys the seriousness of the problem of teenage pregnancy. (In black and white.)

It Couldn't Happen To Me

Teens, general public

Filmstrip/film Length: Date: 1974

Preview no charge

Planned Parenthoood of Central Ohio, Inc.
206 East State Street
Columbus, OH 43215

About love and sex, and being pregnant. Includes group discussions among pregnant teenagers, interviews with physicians about contraceptives and sexual attitudes among teenagers. There is also a general teen group discussion about today's attitudes on human sexuality, parents' feelings and what types of attitudes should prevail.

•A Manual on Providing Effective Prenatal Care Programs for Teens

Professionals

Book Length: 90 pp. Date: 1985

$7.95/copy. Prepayment required.

Children's Defense Fund
122 C Street, NW
Washington, DC 20001

•A Pilot-Tested Curriculum for a Coordinated Internship Program for Home Economics Educators to Work with Pregnant Adolescents

Professionals

Curriculum Length: Date:

$6/members, $7/non-members, plus $1 handling

Sales Office
American Home Economics Association
2010 Massachusetts Avenue, NW
Washington, DC 20036

Curriculum developed through the Center for the Family of American Home Economics Association. Funded by the March of Dimes/Birth Defects Foundation. Includes annotated bibliography.

Pregnancy After 35

Adults

Color - 16mm and videocassette   Length: 14 min.   Date:

Rental: $35. Purchase $295.

Polymorph Films

Increasing number of women are having to make difficult choices about when or if to have a baby. Women who have not yet borne a child may feel time is running out. Others may not have been able to conceive earlier, due to infertility problems. Some women with grown children may find themselves unexpectedly pregnant again.

"Pregnancy After 35" deals with the physical and emotional aspects of late pregnancy. Statistics relating to Down's syndrome in relation to mother's age are given, and a woman is shown undergoing amniocentesis (a method of testing for Down's syndrome after the first trimester of pregnancy). The film ends with a portrait fo a family that had a first baby when the mother was 38.

Pregnancy After 35

Professionals and general public

Film   Length: 29 min.   Date:

Write for charges

Public Television Library
475 L'Enfant Plaza, S.W.
Washington, DC 20024
202/488-5220

Presents the special considerations of pregnancy after the age of 35. Includes interviews with Alice Rothchild, a resident in pediatrics and obstetrics, and Carole McCavley, author of Pregnancy After 35. Stresses the doctor's role and his/her responsibilities to the pregnant woman. Discusses genetic counseling and the importance of choosing a hospital which is prepared to handle complications. Encourages the older woman to become informed about her pregnancy.

Reviews considered the presentation an excellent use of an interview format. The information provided was current.

Pregnant Teens: Take Care

Teens

Color Film Length: 22 min. Date: 1984

Write for charges

Ohio Department of Health
Division of Health Promotion and Education
P. O. Box 118
Columbus, OH 43266-0118
614/466-4626

This film offers complete prenatal care information for pregnant teens. Everything from nutrition to "telling your parents", fetal development to the effects of drug and alcohol use, and delivers all of this instruction in the context of the personal story of two pregnant teenagers. Special highlights include vital information about the known effects of smkoking on fetal development. Fetal alcohol syndrome, with special emphasis on regular medical attention during pregnancy.

Public Service Advertising Posters

Professionals for use with general public

B&W posters (6) Length: 17" x 22" Date: 1978

$10/members, $12/non-members, plus $2 handling.

#0042-8
Sales Office
American Home Economics Association
2010 Massachusetts Avenue, NW
Washington, DC 20036

Focuses on American Home Economics Association (AHEA) 1976-81 priority issues, three of which relate to adolescent pregnancy and parenting education; these are reproductions of AHEA advertisements released to the media.

•Reaching Out to the Pregnant Teenager

Professionals

Resource package Length: Date: 1981

Write for charges

Program Aid No. 1303 (Nutrition and Technical Services Division)
U.S. Department of Agriculture
Food and Nutrition Services

A collection of resource materials coordinated through a joint public/private effort involving the U.S. Department of Agriculture, the U.S. Department of Health and Human Services, and the March of Dimes Birth Defects Foundation. Designed to assist health programs, food assistance programs, and other related programs to tailor their nutrition education services to the special needs, interest and lifestyles of pregnant teenagers.

Shelley and Pete

Jr. & Sr. High

Color film Length: 22 min. Date:

Write for charges

Ohio Department of Health

This open-ended film easily lends itself to group discussion. Topics include adolescent sexuality, birth control, adolescent pregnancy, and the responsibilities of parenthood. After Shelley becomes pregnant, she and Pete marry and attempt to settle down and raise their daughter, Carol. Both quickly become dissatisfied with their lives - Shelley's boredome of being home all day, and Pete's feelings of being trapped in a situation he doesn't want to be in. Communication problems between the couple compound their marital conflict.

•Social Consequences of Teenage Childbearing

Health professionals

Pamphlet	Length: 35 pp.	Date: 1975

$8.50/paper copy, $4.50/microfiche copy.

Publication Number: SHR-0003170
National Technical Information Service

Reports on a New York study of the determinants and early consequences of the age at which women first give birth. Presented at the conference on the consequences of Adolescent Pregnancy and Childbearing in 197

Teens Having Babies

Teenagers, childbirth education classes

16mm & videocassette color	Length: 20 min.	Date:

Rental $40, Purchase $395.

Polymorph Films

Shows teens getting prenatal care, including a medical history and pelvic exam. Routine prenatal visits demonstrate uterine growth during each trimester, and fetal development is discussed. A nutritionist speaks of appropriate weight gain, food for the health of both mother and baby, and cautions regarding the use of drugs, smoking and alcohol. A social worker explains how she can be of help.

In the film, a childbirth preparation class reviews labor and delivery, demonstrates breathing and relaxation techniques, and discusses cesareans. The film shows a teen couple having their baby in a supportive hospital setting. The delivery is seen, yet without emphasizing the technical aspects, making the film suitable for use with young people.

Can be used in childbirth education classes for all ages, in hospitals and clinics providing obstetrical care for teens or in family life courses.

Trends in First Births to Older Mothers, 1970-79

Professionals

Pamphlet Length: 15 pp. Date: 1982

Single copy free

Publication Number: (PHS) 82-1120
National Center for Health Statistics
Office of Health Research, Statistics and Technology

Reports on statistics of delayed childbearing. Lists birth rates by educational attainment of mother, prenatal care, and low birth weight.

You and Your Baby - A Guide for Teenaged Mothers

Teens

Pamphlet Length: Date: 5/81

Write for charges

Gerber Products Company
Fremont, MI 49412

What being a mother is like; how it will change your life; what you need to know.

You're Pregnant

Teens

Poster Length: Date:

Write for charges

Planned Parenthood of Central Ohio, Inc.
206 East State Street
Columbus, OH 43215

Services of the Teen Pregnancy Network.

You're Pregnant, You're in Your Teens, and You Need Help

Teens

Pamphlet Length: 3 pp. Date: 1983

Free

09-281-00
March of Dimes Birth Defects Foundation
Supply Division

Directs pregnant teenagers to resources and people that can help them. Gives information of good prenatal care.

Woman-Child

Pre-teens, teens and adults

16mm sound or videocassette Length: 15 min. Date: 1984

16mm sound - $80; 3/4" or 1/2" videocassette - $35.

59-001-00 (16mm sound)
59-001-01 (3/4" videocassette)
59-001-02 (1/2" videocassette)

March of Dimes Birth Defects Foundation
Supply Division

This film takes a provocative and probing look at the serious problem of children having children. The health risks for the baby, especially low birthweight, are very real. Low-birthweight babies are prone to many complications, including breathing problems and bleeding in the brain which may result in brain damage or death. The adolescent mother also faces a dim future, often dropping out of school. The film, appropriate for junior and senior high school students, shows how many of these hazards can be eliminated. Its impact is assured, as the consequences of adolescent pregnancy are seen through the eyes of six teenagers. The film also helps increase adult awareness of this growing problem. Promotional brochure available from your local chapter. (Cleared for television.)

MATERNAL DISEASES AND INFECTIONS

Genital Herpes

General public

Pamphlet Length: 8 pp. Date: 1981

Free

National Institute of Allergy and Infectious Disease

Describes in non-technical language the cause, diagnosis, treatment, and prevention of genital herpes, and why active infections are dangerous to the baby at the time of delivery.

Genital Herpes: Questions and Answers

General public

Pamphlet Length: 16 pp. Date: 1983

Single copy - 50¢

#1649
Planned Parenthood Federation of America, Inc.
Publications Department

Arranged in easy-to-read question and answer format, this pamphlet covers symptoms, diagnosis, the how's, why's and when's of recurrences, how symptoms can be relieved, when the disease is contagious, how it's spread, ways to prevent transmission, and effect in pregnancy.

Toxoplasmosis

General public

Pamphlet Length: 5 pp. Date: 1983

Free

National Institute of Allergy and Infectious Disease
Bldg. 31, Room 7A-32
NIH
Bethesda, MD 20892

Describes in non-technical language the possible hazards to the fetus in women who become infected with toxoplasma parasites during pregnancy. Discusses transmission of the disease by cats and eating raw or undercooked meat.

Patient and Professional Education Guidelines

Professionals

Booklet   Length: Date: 1/83

Write for charges

U.S. Department of Health and Human Services
Public Health Service
Centers for Disease Control
Atlanta, GA 30333

Brief definition, criteria, and evaluation measures for quality education programs associated with diabetes.

•Perinatal Herpes Simplex Virus Infections

Professionals

Pamphlet   Length: 3 pp.   Date: 1980

Single copy free

American College of Obstetricians and Gynecologists
Resource Center

(Ask for American College of Obstetricians and Gynecologists and Gynecologists Committee Statement, Committee on Obstetrics: Maternal and Fetal Medicine and the American Academy of Pediatrics Committees on Fetus and Newborn and Infectious Diseases - and give title.)

Reviews epidemiologic aspects of perinatal herpes infections and recommends appropriate preventive measures for the management of pregnant women with active infections, infants exposed to these women during delivery, and perinatal personnel with active infections.

•Pregnancy and Diabetes

Health care providers, health educators, parents and their families

Pamphlet	Length: 37 pp.	Date: 1980

Single copy free

National Diabetes Information Clearinghouse

Contains an annotated list of both public/patient and professional resources on pregnancy and diabetes. List both printed and non-printed materials.

•The Prevention and Treatment of Five Complications of Diabetes - A Guide for Primary Care Practitioners

Professionals

Pamphlet	Length: 67 pp.	Date: 1983

Single copy free

National Diabetes Information Clearinghouse

Represents a synthesis of recommendations developed by the National Diabetes Advisory Board to reduce mortality and morbidity from diabetes. The five diabetes complications described include adverse pregnancy outcome and ketoacidosis as well as visual, foot and kidney problems.

Protecting Your Unborn Baby From Infection

General public

Pamphlet	Length:	Date:

Write for charges

Medical Research and Public Health Committee
Massachusetts Association for Retarded Citizens
381 Elliot Street
Newton Upper Falls, MA 02164

Infections that are extremely dangerous for an unborn baby and what can be done to prevent some of them from harming unborn babies.

Protecting Your Unborn Children from Rh Disease

General public

Pamphlet Length: Date:

Write for charges

Medical Research and Public Health Committee
Massachusetts Association for Retarded Citizens
381 Elliot Street
Newton Upper Falls, MA 02164

Definition of, tests for, and prevention of Rh disease through serum.

Rh Disease

General public

Information Sheet Length: Date: 1/83

Free

09-179-00
March of Dimes Birth Defects Foundation
Supply Division

Public Health Education information sheet (genetic series) re: what Rh disease is, prevention, and how it affects a baby.

Rubella

General public

Information Sheet Length: 1 p. Date: 3/83

Free

09-129-00
March of Dimes Birth Defects Foundation
Supply Division

Information sheet on rubella from Public Health Education, explains what the disorder is, how it affects those who have it, who is at risk, and the latest treatment. Current research into the disorder is also described.

•Rubella

Professionals

Pamphlet	Length: 14 pp.	Date: 1980

Single copy free

National Maternal and Child Health Clearinghouse

Discusses the disease, particularly the effects on the fetus and prevention through vaccination.

•Rubella . . . A Clinical Update

Professionals

Pamphlet	Length: 7 pp.	Date: 1981

Single copy free. For sale at $6.25/25 copies

American College of Obstetricians and Gynecologists
Technical Bulletin 62
American College of Obstetricians and Gynecologists
Resource Center

(for sale)

American College of Obstetricians and Gynecologists
Publications Secretary

Discusses prevention of maternal rubella infection and subsequent teratogenic effects on fetus. Provides guidelines for treatment of rubella exposure or suspected infection during pregnancy.

Rubella Immunization: The Next Generation Depends On It

Pamphlet	Length:	Date:

Write for charges

"Rubella" Public affairs
Abbott Laboratories
Dept. 383P
North Chicago, IL 60064

Facts about rubella and vaccination for same.

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*Sexually Transmitted Diseases

H. H. Handsfield, M.D.

Professionals

Reprint Length: Date: 1982

25 complimentary copies

PER-06
March of Dimes Birth Defects Foundation
Professional Education Department

Clinical, as well as public health impact of the widening range of STDs.

Sexually Transmitted Disease

General public

Pamphlet Length: 24 pp. Date: 1979

Single copy free. For sale by GPO Stock No. - $3.50/copy, or $44/hundred

National Institute of Allergy and Infectious Diseases

GPO Stock No. 017-044-00032-0
U. S. Government Printing Office

Gives non-technical description of several venereal diseases, including gonorrhea and syphilis, and the dangers they pose to the fetus and newborn child.

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Sexually Transmitted Diseases: The Facts

General public

Pamphlet Length: 16 pp. Date: 1983

Single copy 50¢
#1606

Planned Parenthood Federation of America, Inc.
Publications Department

Covers the most common STDs and several of the less prevalent, arranged in alphabetical order. Focuses on symptoms, diagnosis, how they're spread, effect in pregnancy and treatment. Importance of early detection is stressed. Also discussed: ways to lessen the risk of getting STDs, and what to do after possible exposure. Resources for additional information and/or referral are also included.

Sexually Transmitted Diseases

General public

Pamphlet Length: Date: 8/82

Free

09-235-00
March of Dimes Birth Defects Foundation
Supply Division

General information, prevention, symptoms, damage to reproductive capacity, and dangers of untreated STDs.

Toxoplasmosis

General public

Pamphlet Length: 5 pp. Date: 1983

Free

National Institute of Allergy and Infectious Disease
Bldg. 31, Room 7A-32
NIH
Bethesda, MD 20892

Describes in non-technical language the possible hazards to the fetus in women who become infected with toxoplasma parasites during pregnancy. Discusses transmission of the disease by cats and by eating raw or undercooked meat.

Women and VD

General public

Pamphlet Length: Date: 1983

Write for charges

American Social Health Association
260 Sheridan Avenue, Suite 307
Palo Alto, CA 94306

The problem, statistics, consequences, and solutions.

Also available in Spanish.

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POSTNATAL

The material described in this section relates to postnatal causes of developmental disabilities, which are listed below:

BIRTH

PRECONCEPTIONAL PRENATAL | POSTNATAL

- Child abuse
- Childhood infections
- Head injuries
- Lack of stimulation
- Lead and other poisonings
- Malnutrition
- Near-drowning

EXTRAUTERINE
ENVIRONMENTAL INSULTS

Annotations will be discussed according to those identified causative postnatal factors associated with developmental disabilities.

Prevention strategies which can be implemented to reduce the incidence of developmental disabilities of postnatal origin include:

.. Improved and available care for the preterm neonate,

.. Continue or install community education programs to reduce the incidence of childhood accidents, specifically head and spinal cord injuries, such as use of car restraints,

.. Continue or install education programs/services to facilitate childhood immunizations,

.. Identification and referral of child abuse victims and caregivers,

.. Continue or install community education programs re the importance of good nutrition, and available nutrition services,

.. Newborn screening for treatable inborn errors of metabolism: PKU (phenylketonuria), galactosemia,

.. Newborn screening for congenital hypothryoidism,

.. Continue or install community education and intervention programs re adolescent drug/alcohol-related accidents,

.. Continue or install community education programs and/or safeguards against near-drowning incidents,

- Continue or install community education/screening efforts to detect lead exposure in children,
- Early identification and intervention of children showing developmental delays or of identified children, i.e., Down syndrome, to minimize the effect of the condition.
- Ongoing service and support of families who have members with disabilities.
- Continuing research into postnatal causation.
- Professional education re postnatal causes and prevention.

CHILD ABUSE

Child Abuse

General public (Jr. High through adult)

Color film Length: 8 min. Date: 1974

Write for charges

Ohio Department of Health

A film that can be used with almost any audience, the basic facts about child abuse are presented. Insight is given into why adults abuse children, the requirements of the law requiring the reporting of child abuse, and the actions taken following the reporting of suspected cases.

*The Abused and Neglected Child Reporting Law (State of Ohio

Professionals

Pamphlet Length: Date: 11/79

Write for charges

Ohio Department of Public Welfare
30 East Broad Street
Columbus, OH 43215

Highlights of Ohio Child Abuse and Neglect Laws - what must be reported and to whom.

•Child Abuse: An American Concern

Counselors and social workers

Filmstrip/ Audiocassette   Length: 15 min.   Date: 1979

$25

Title #A00786/PS
National Audiovisual Catalog

Child abuse is not simply the violent action of a malicious adult. Abusive acts often stem from a series of events or situations -- and the identification and understanding of those factors are keys to stopping child abuse. This presentation explores environmental and emotional factors that contribute to the abusive behavior of parents.

Child Abuse and Developmental Disabilities: Essays

Professionals and general public

Pamphlet   Length: Date: 11/79

Write for charges

National Center on Child Abuse and Neglect

An overview, followed by essays from the New England Regional Conference which convened with the objective of bringing together professionals in the fields of developmental disabilities and child abuse.

•Child Abuse and Neglect - What the Educator Sees

Professionals

35mm filmstrip audiocassette   Length: 15 min.   Date: 1977

$15

Title #000702/PY
National Audiovisual Catalog

Depicts physical and behavioral indicators of child abuse, child neglect, and child sexual abuse which children are likely to display in a school setting. Discusses the unique vantage point of teachers in identifying and responding to endangered children.

•Child Abuse/Neglect - A Guide for Detection, Prevention and Treatment in BCHS Programs and Projects

Professionals working in BCHS programs and projects

Pamphlet Length: 30 pp. Date: 1979

Single copy free. For sale by GPO, $3.75/copy

Publication Number: (OM) 70-20005
GPO Stock No. 017-026-00064
National Maternal and Child Health Clearinghouse
and U.S. Government Printing Office

Assists BCHS-supported facilities in developing more effective systems for the identification and management of child abuse and neglect.

•Child Abuse, Neglect and the Family Within a Cultural Context

Professionals and general public

Pamphlet Length: 15 pp. Date: 1978

Single copy free

Publication Number: (OHDS) 78-30135
National Center on Child Abuse and Neglect

This mini-anthology contains ten articles on the child-rearing traditions, attitudes, and practices of various ethnic and regional groups and how they relate to general concepts of abuse and neglect. Specific groups discussed include Native Americans, Samoans, low-income American Blacks, Chicanos, Hispanics from Puerto Rico, and residents of the Virgin Islands.

A Child In Our Midst

Adults

Pamphlet Length: 78 pp. Date: 1979

$5/copy, include $1 postage and handling

The Salvation Army

A three-unit seminar, geared to adult groups. Emphasizes sensitization to potential child abuse and neglect and ways to be helpful; fully documented.

Children in Peril

College and adult

Color film Length: 22 min. Date: 1978

Write for charges

Ohio Department of Health

This revealing visual essay presents the seemingly inhuman crime of child abuse in a vivid thought-provoking manner. Behind the stark truth of the battered child remains the fact that the child abuser is not strikingly different from a normal adult.

There exists in all our lives a thin line between control and abuse. The film shows the child abuser as an adult who should be helped, not scorned, by society. In reality, he or she reflects only an exaggeration of our own emotional capacities.

•Clues to Recognizing Child Abuse and Neglect

Professionals

Pamphlet Length: Date: 4/82

Write for charges

Children's Protective Services
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

Areas of maltreatment and indicators as clues.

Definitions of Child Abuse and Neglect

Professionals and general public

Information sheet Length: 1 p. Date: 4/82

Write for charges

Children's Protective Services
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

The Ohio Revised Code definition of abuse and neglect used in determining the validity of a report of abuse or neglect.

The Disabled Child and Child Abuse

Professionals and general public

Pamphlet Length: Date: 1982

Write for charges

Children's Protective Services
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

Understanding handicapping conditions and knowing where to find assistance with the special problems of disabled children, to free these children from dangers of abuse.

Emotional Maltreatment ... It Leaves Scars, Too

Professionals and general public

Information sheet Length: 1 p. Date: 4/82

Write for charges

Children's Protective Services
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

Examples of emotional maltreatment; behavioral characteristics that may indicate the emotionally maltreated child.

Families in Stress

Adults, parents

Pamphlet Length: 24 pp. Date: 1979

Single copy free, while supply lasts

Publication No. (OHDS) 80-30162
National Center on Child Abuse and Neglect

This booklet is intended for parents facing pressures that might lead to abusive behavior. In simple language, it discusses the stress that parents sometimes face, and how and where they can obtain relief. The volume includes the national toll-free telephone number of Parents Anonymous.

*Family Violence: Intervention Strategies

Professionals and general public

Pamphlet Length: 81 pp. Date: 1980

Single copy free

National Center on Child Abuse and Neglect

The nature, extent and possible treatment of domestic violence are examined in this manual. Special attention is given to the role of child protective services workers in assisting violent families. Specific areas covered include the causes and effects of domestic strife, intervention strategies, and program development techniques.

How Could Momma Say She Loved Us?

General public

Booklet Length: 9 pp. Date: 1983

Free of charge

Childhelp
Woodland Hills, CA 91370

Short story about one family's history.

National Study of the Incidence and Severity of Child Abuse and Neglect: Executive Summary

Professional and public

Pamphlet Length: 17 pp. Date: 1981

Single copy free

National Center on Child Abuse and Neglect

Summarizes the findings of the National Study on the Incidence and Severity of Child Abuse and Neglect, which analyzed data collection between May 1979 and April 1980. Topics discussed include the number of reported and estimated cases of abuse and neglect, the incidence rates and numbers of the major forms of child maltreatment, and age and sex of the children involved.

•The Nurse's Role in the Prevention and Treatment of Child Abuse and Neglect

Professionals

Pamphlet Length: 63 pp. Date: 1979

Single copy free

National Center on Child Abuse and Neglect

Discusses the roles and responsibilities of nurses in identifying, reporting, treating, and preventing child abuse and neglect. Includes indicators of problems in the child and in the parents, the assessment and treatment planning processes, prevention and treatment approaches, and interagency coordination and cooperation. Includes standards applicable to the role of nurses.

*The Ohio Department of Public Welfare Is Working To Stop Child Abuse - Child Abuse and Neglect is a Community Problem

Professionals

Information Sheet Length: 1 pp. Date: 4/82

Write for charges

Children's Protective Service
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

Key to eliminating abuse and neglect is crrecting situation which contribute to its occurrence. Programs which work to relieve these tensions through wide range of social services.

*Parent Aides in Child Abuse and Neglect Programs

Child protective services workers and other child care professionals

Pamphlet Length: 57 pp. Date: 1979

Single copy free

National Center on Child Abuse and Neglect

Assists child protective services workers and other child care professionals. Provides information about the development and implementation of parent-aid programs. Includes the goals and general structure of programs; the parent-aide/client relationship; program development; and supervision, training, and evaluation. Sample application and evaluation forms.

Physical Injuries

Professionals

Information Sheet Length: 1 pp. Date: 4/82

Write for charges

Children's Protective Service
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

What physical injuries are most likely to occur in child abuse and guidelines for identifying the abused child.

Prevent Child Abuse

General Public

One Sheet Length: Date: 4/82

Write for charges

Children's Protective Service
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

How to ask for help, and what kind of help may be available.

Profile of Abusive or Neglectful Parents

Professionals and general public

Information Sheet Length: 1 p. Date: 4/82

Write for charges

Children's Protective Service
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

List of characteristics that abusive or neglectful parents are likely to share.

Quiz Yourself - How Much Do You Know About Child Abuse and Neglect?

Professionals and general public

Sheet	Length:	Date: 4/82

Write for charges

Children's Protective Service
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

True/False questions (with answers) about child abuse and neglect.

Reporting Child Abuse and Neglect

Professionals and general public

One Sheet	Length:	Date: 4/82

Write for charges

Children's Protective Service
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

Why you should report (to protect the child), and how to report.

The Three Elements in Abuse

Professionals and general public

Information Sheet	Length: 1 p.	Date: 4/82

Write for charges

Children's Protective Service
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

Most often occurs in the home - the three elements of abuser, abused and a crisis are usually involved.

•The Role of the Mental Health Professional in the Prevention and Treatment of Child Abuse and Neglect

Mental health professionals

Pamphlet Length: 78 pp. Date: 1979

Single copy free

Publication Number: (OHDS) 79-30194
National Center on Child Abuse and Neglect

Discusses the roles and responsibilities of psychiatrists, psychologists, counselors, and other mental health professionals. Specific topics covered include recognition of child abuse and neglect, reporting and the complications it can involve, assessment and treatment strategies, and involvement with the courts and other branches of the child protection system. Standards applicable to the role of mental health professionals are contained in an appendix.

•Selected Readings on Child Neglect

Professionals and general public

Pamphlet Length: 67 pp. Date: 1980

Single copy free

Publication Number: (OHDS) 80-30253
National Center on Child Abuse and Neglect

Contains six papers on various aspects of child neglect, including standards for determining neglect, emotional neglect, casework treatment of a neglectful mother, and treatment of infants with organic failure to thrive.

•Treatment for Abused and Neglected Children

Child protective services workers and other health/social service professionals

Pamphlet Length: 66 pp. Date: 1979

Single copy free

Publication Number: (OHDS) 79-30199
National Center on Child Abuse and Neglect

Designed primarily for use by child protective services workers, this manual discusses various aspects of the treatment of child abuse and neglect victims. Specific topics covered include immediate and long-term medical care, the provision of a safe home environment, and the treatment of developmental and psychological problems. Possible negative effects of various treatment techniques are also discussed.

•Working With Abusive Parents: From A Psychiatric Point of View

Professionals

Booklet Length: 23 pp. Date:

45¢ single copy

U. S. Government Printing Office
Washington, DC 20402
Stock No. 017-090-00019-4

and

Department of Health, Education and Welfare
Office of Human Development, Children's Bureau
National center on Child Abuse, DHEW
Publication No. (OHO) 76-30070

Covers "natural history" of child abuse, pyschologial characteristics and problems of abusive parents, treatment and other helpful information.

Warning Signals: Can We Recognize a Potentially Abusive Parent Before a Baby is Born?

Professionals and general public

Information Sheet Length: 1 p. Date: 4/82

Write for charges

Children's Protective Services
Ohio Department of Public Services
30 East Broad Street, 30th Floor
Columbus, OH 43215

List of characteristics of a potentially abusive parent.

What Happens When Suspected Child Abuse or Neglect is Reported?

Professionals

Pamphlet Length: Date: 4/82

Write for charges

Children's Protective Service
Ohio Department of Public Welfare
30 East Broad Street, 30th Floor
Columbus, OH 43215

Flow chart from point of report to time case is closed.

CHILDHOOD INFECTIONS

•A Call to Action on Behalf of Children

Professionals

Pamphlet Length: 15 pp. Date: 1980

$2.50/copy.*

Publication Number: MCH-11
Publications Orders
American Nurses' Association

Resolutions and statements of concern on topics related to the health and well-being of children, compiled by the American Nurses' Association - Division on Maternal and Child Health Nursing Practice.

*Three methods of payment available:

a) Enclose check/money order made payable to ANA.
b) Use your VISA/MasterCard ($10 minimum purchase)
c) ANA will invoice you ($25 minimum purchase)

DO NOT SEND CASH

Quantity discounts of 20% for 10 or more copies of one title.

•Bringing Up Healthy Babies

Professionals

Pamphlet Length: Date:

Write for charges

Medical Research and Public Health Committee
Massachusetts Association for Retarded Citizens
381 Elliot Street
Newton Upper Falls, MA 02164

Proper health care to prevent a number of infant health hazards.

Call To Action

Adult

Pamphlet Length: 12 pp. Date: 1977

Single copy free

Centers for Disease Control, Immunization Division

Outlines the basic series of immunizations for diseases that should be completed before a child's second birthday. Discusses the dangers of each disease and how children can be protected. Covers vaccine side effects, benefits of community prevention, and how organizations can help. Includes an immunization record.

Child Health Posters

Parents

Posters Length: Date:

Members - $6, Non-members - $7.50

#C-070511 - Teach Your Children Well
#C-070195 - Early Immunization
Center for Health Pormotion
American Hospital Association
840 North Lake Shore Drive
Chicago, IL 60611
312/280-6048

These posters encourage parents to ensure the health of their children.

Family Medical Record

General public

Pamphlet Length: Date:

Free

09-005-00
March of Dimes Birth Defects Foundation
Supply Division

An accurate family health history can be a valuable tool in the early diagnosis and treatment of many diseases. This simple-to-use chart helps parents keep track of every family member's health from serious chronic diseases to allergies. Great for parents of newborns to record early immunizations and health problems; also makes an excellent take-home school project for elementary and junior high school students.

Immunization: Keeping Babies Healthy

New parents

Pamphlet Length: 6 pp. Date: 1980

Free

New Jersey Hospital Association

Discusses the concept of immunization, the New Jersey Immunization Record Card, and contains the recommended immunization schedule.

Contains Spanish translation: "Immunizacion: Mantiene a los Ninos con Salud".

•Immunization: Keeping Babies Healthy

Hospital professionals

Multimedia kit Length: Date: 1980

$50/kit

New Jersey Hospital Association

Specifically developed to assist hospitals in establishing the Immunization Education Program.

•Immunization: Keeping Babies Healthy, a Training Guide for an Immunization Education and Follow-up Program

Hospital program coordinators

Pamphlet Length: 35 pp. Date: 1980

$10/copy

New Jersey Hospital Association

Designed to assist hospital program coordinators in conducting training sessions for volunteer participants. Accompanying manual to multimedia immunization education program kit.

•Immunization Program Guide Book, a Hospital-based Immunization Education and Follow-up for New Parents

Professionals

Pamphlet Length: 64 pp. Date: 1983

Free

New Jersey Hospital Association

Contains detailed hospital orientation and program procedures, as well as program coordination and community outreach activities. Also includes Training Program for volunteers and sample data collection and reporting forms. Program activities can be adapted to prenatal classes and clinic settings. For use by program administrators, health educators, and community groups.

•Keeping Babies Healthy

Professionals

Filmstrip/cassette Length: 15 min. Date: 1980

Free

New Jersey Hospital Association

For use in program orientation/training sessions for hospital staff and/or volunteers. Contains a brief summary of the seven vaccine-preventable childhood diseases, a review of the recommended immunization schedule, and describes both the education and follow-up program components.

Make Measles a Memory-Immunize

Centers for Disease Control, Immunization Division

Adults

Pamphlet	Length: 1 p.	Date: 1981

Single copy free

Centers for Disease Control, Immunization Division

Advises parents about the benefits of immunizing against measles and gives a recommended immunization schedule.

New Jersey Immunization Record - Official Document

New parents and health care providers

Pamphlet	Length: 4 pp.	Date: 1980

Free

New Jersey Hospital Association

Folded, 3 1/2 x 5" card to record immunization. Contains Spanish translation - "Registro de Immunizacion".

Now That You Have a New Baby

New parents

Package program	Length:	Date:

Write for purchase and lease charges

Center for Health Promotion
American Hospital Association
840 North Lake Shore Drive
Chicago, IL 60611
312/280-6048

This multimedia program package is designed to help new parents recognize the importance of childhood immunization, and encourage them to complete their babies' vaccinations at an early age.

Protect Every Child

Parents

Poster - color Length: 14" x 22" Date:

Free

New Jersey Hospital Association

Lists seven vaccine-preventive diseases. For display on postpartum unit, hospital bulletin boards, and in hospital lobbies and/or other waiting areas.

Available in Spanish - "Proteja Todo Nino".

Reye's Syndrome

General public

Pamphlet Length: 5 pp. Date: 1981

Free

National Institute of Allergy and Infectious Diseases
Building 31, Room 7A-32
NIH
Bethesda, MD 20205

Describes in non-technical language the symptoms of this life-threatening disease that develops in some children after an attack of flu or chicken pox. Discusses research to find the cause of this syndrome, better methods of treatment and diagnosis, and a means of prevention.

Reye's Syndrome

Adults

Pamphlet Length: 6 pp. Date: 1983

Single copy free

Publication Number: (FDA) 83-3129 - English
Publication Number: (FDA) 83-3129S- Spanish
Food and Drug Administration
HFE-88

Provides questions and answers about this condition and its relationship to the use of aspirin in children. Includes a description of symptoms.

Available in Spanish.

Reye's Syndrome Spells Caution to Parents

Adults

Pamphlet Length: 4 pp. Date: 1982

Single copy free

Publication Number: (FDA) 82-3127
Food and Drug Administration
HFE-88

A review of research and events that led up to the discovery of the possible association between Reye Syndrome and the use of aspirin in children.

The Sexually Active and VD

General public

Pamphlet Length: Date: 1983

Write for charges

American Social Health Association
260 Sheridan Avenue, Suite 307
Palo Alto, CA 94306

Likelihood of infection, consequences of VD, prevention of VD.

Some Questions and Answers About GAY's and STDs

General public

Pamphlet Length: Date: 1982

American Social Health Association
260 Sheridan Avenue, Suite 307
Palo Alto, CA 94306

Names of sexually transmissible diseases, signs and symptoms, risks, precautions, major consequnces of having STD.

Some Questions and Answers About Herpes

General public

Pamphlet Length: Date: 1983

Write for charges

American Social Health Association
260 Sheridan Avenue, Suite 307
Palo Alto, CA 94306

Basic facts, how it is transmitted, solutions for the problem of herpes.

Some Questions and Answers About NGU (Non-gonococcal Urethritis)

General public

Pamphlet Length: Date: 1983

Write for charges

American Social Health Association
260 Sheridan Avenue, Suite 307
Palo Alto, CA 94306

What it is, how you get it, treatment for, prevention.

Some Questions and Answers About PID (Pelvic Inflammatory Disease)

General public

Pamphlet Length: Date: 1982

Write for charges

American Social Health Association
260 Sheridan Avenue, Suite 307
Palo Alto, CA 94306

What it is, risk, consequences of, how diagnosed and treated.

Some Questions and Answers About VD

General public

Pamphlet Length: Date: 1983

Write for charges

American Social Health Association
260 Sheridan Avenue, Suite 307
Palo Alto, CA 94306

How they are spread, their dangers, prevention, signs of, treatment and cure.

Starwars

Parents

Poster Length: 14" x 22" Date:

Free

New Jersey Hospital Association

Message - "Parents of Earth, are your children fully immunized?" Particularly effective when displayed on pediatric unit.

207

Stay Well Card

Children and parents

Pamphlet Length: 8 pp. Date: 1982

Single copy free

Publication Number: 514L
Consumer Information Center

Contains a children's educational coloring book on immunization with a short message and immunization checklist for parents.

A Tale of Shots and Drops for Parents of Young Children

Adults

Pamphlet Length: 22 pp. Date: 1979

$3.25/copy

Publication Number: GPO Stock No. 017-092-00058-8
U. S. Government Printing Office

Provides information regarding the need for immunization for childhood diseases. Includes schedule for getting shots and drops.

Women and Babies

General public

Pamphlet Length: Date: 1984

Cost varies depending upon quantity

American Social Health Association
Regional Office
P. O. Box 30526
Columbus, OH 43230
614/475-2767

This pamphlet discusses the serious consequences of VD for women and babies. Included is a chart of five venereal diseases outlining the symptoms in women, consequences to babies and special considerations.

A Word of Caution About Treating Flu or Chicken Pox

General public

Pamphlet	Length: 1 p.	Date: 1984

Single copy free

(FDA) 84-3132
Food and Drug Administration
HFE-88
5600 Fishers Lane
Rockville, MD 20857

Discusses Reyes Syndrome associated with aspirin use for these conditions.

HEAD/SPINAL CORD INJURIES

The Automobile Safety Belt Fact Book

Adults

Pamphlet Length: 23 pp. Date: 1982

Single copy free

(DOT) HS 802-157
U.S. Department of Transportation
National Highway Traffic Safety Administration

Part of the Safety Belt Instructional Series. Contains facts about the protection fastened safety belts provide during motor vehicle accidents.

Bicycle Safety Trips

General public

Pamphlet Length: 2-fold Date: 1984

Single copy free with SASE

PR-22
National Easter Seals Society

Guidelines for selecting a bike and rules for safe cycling. Prepared in cooperation with the National Safety Council.

Bicycles -- Buy Right .... Drive Right

General public

Pamphlet Length: Date: 1981

Write for charges

U.S. Consumer Products Safety Commission

Summary of a number of major safety factors to be considered when selecting and using a bike.

Car Safety: Don't Risk Your Child's Life

General public

Film   Length: 10 min.   Date:

Free loan

Ohio Department of Highway Safety

Excellent 10-minute film on the subject of child restraints. Dramatic crash test footage is included to graphically illustrate the forces involved in an auto crash. Shows the correct use of infant and child restraints, and of standard belts for older children.

Child Restraints

Driving public

16mm/video   Length: 3 min.   Date: 1980

16mm film/$45, videocassette/$45

A09688/PC (16mm film)
A09978/PC (3/4" videocassette)
A09979/PC (Beta 2 videocassette)
A09980/PC (VHS videocassette)
National Audiovisual Catalog

This program demonstrates the function of seat belts and shoulder harnesses in protecting children in 40 mph crashes.

Child Safe

General public

Slides/cassette   Length: Date:

Free loan

Ohio Department of Highway Safety

Depicts how vulnerable tiny passengers are, gives an in-depth look at several types of child restraints and infant carriers, describes the features of each and how to best use them. A pamphlet is available to reinforce the information in the slide show.

Child Safety Seats For Your Automobile

Adult, parent

Pamphlet Length: 17 pp. Date: 1982

Single copy free

Publication Number: (DOT) HS 805-174
U.S. Department of Transportation
National Highway Traffic Safety Administration

Explains why child safety seats are needed and what kinds of safety seats are available. Also demonstrates the proper way to use safety seats. Discusses how to select the best safety seat for your child and where it can be purchased.

Children and Infants in Car Crashes: Restrained and Unrestrained

Professionals and general public

Film Length: 10 min. Date:

Free loan

Ohio Department of Highway Safety

A very dramatic and effective film. This silent crash test footage shows how unrestrained infants and children are injured in crashes. It also shows how effective lap belts are in preventing injury, even with the very young children. Does not demonstrate the performance of infant and child restraint systems.

Suitable for any audience, but it must be part of a presentaiton. Since it has no audio, someone must be prepared to lead a discussion.

Children in Crashes

Professionals and general public

Booklet Length: Date: 5/83

Write for charges

Communications Department
Insurance Institute for Highway Safety
Watergate 600
Washington, DC 20037

Available counter-measure, including the use of child restraint systems.

Consumer Guide to Car Safety Seats

General public

Pamphlet Length: Date: 6/82

Write for charges

Health Education Center
Maryland department of Health and Mental Hygiene
300 West Preston Street
Baltimore, MD 21201

The right car safety seat used correctly on every ride is the very best protection for your child.

Do You Care Enough?

Film Loops

New parents

Filmstrip Length: 7 min. Date:

Free loan

Ohio Department of Highway Safety

This is a 7-minute filmstrip with silent-sync audio cassette designed to motivate new parents to use child car restraints. The filmstrip emphasizes why feeder seats, car beds and mother's arms provide inadequate protection in a car crash. It identifies the features of safe car seats and also demonstrates the proper use of car seats. Posters reinforcing the message come with each kit.

Recommended Use:

- Prenatal, postnatal, and parenting classes
- Child development classes, home economic classes
- In the waiting room of health departments, doctor's offices, and pediatric hospital clinics.

Do You Care Enough About the Way Your Children Ride?

Parents

Booklet Length: Date:

Write for charges

Michigan Office of Highway Safety Planning
7150 Harris Drive, General Office Building
Lansing, MI 48913

Information in this booklet includes auto safety for children by age, installation, making the restraint more acceptable to children, etc.

Don't Risks Your Child's Life

Parents, general public

Pamphlet Length: Date:

Write for charges

Physicians for Automotive Safety
50 Union Avenue
Irvington, NJ 07111

Pamphlet includes general information on importance of child safety devices - selection and use.

•Drug Abuse and the American Adolescent

Professionals

Booklet Length: Date: 1981

Write for charges

Alcohol, Drug Abuse, and Mental Health Administration
Printing and Publications Management Branch
5600 Fishers Lane (Room 6C-02)
Rockville, MD 20857

Research Analysis and Utilization System (RAUS) review report for the National Institute on Drug Abuse (NIDA).

•Effectiveness and Efficiency of Safety Belt and Child Restraint Usage Programs

Professionals

Report Length: 113 pp. Date: 1982

Write for charges

DOT-HS=806-142
National Technical Information Service
Springfield, VA 22161

Comprehensive report on the effectiveness and efficiency of occupant protection program experience. Reviews domestic and foreign programs, and a variety of methods for increasing safety belt and child safety seat usage.

Facts About Teenagers and Drug Abuse

Professionals, teens, general public

Information sheet Length: 1 p. Date: 11/83

Write for charges

Press Office
National Institute on Drug Abuse
5600 Fishers Lane
Rockville, MD 220857

Highest level of illicit drug use by young people in any industrialized nation in the world.

The First Ride - A Safe Ride

General public

Pamphlet Length: Date: 4/83

Single copy free. (Request on office stationery)

Division of Public Education
American Academy of Pediatrics

A family shopping guide to infant/child automobile restraints. Updated every three months. Also - write for list of other "First Ride...Safe Ride" materials.

For Jamie

General public

Film Length: 24 min. Date:

Free loan

Ohio Department of Safety
Post Office Box 7167
Columbus, OH 43205

This 24-minute film is an emotional portrayal of the importance of protecting children in cars. It shows the dramatics of a crash, explains usage of child safety seats and belts, and also deals with the excusses often given for not properly protecting children in cars. The focus is primarily on children from 9 months to 8 years of age.

For Kids' Sake - Vol. 2, No. 1

Professionals and general public

Reprint Length: 6 pp. Date: 1983

Write for charges

For Kids' Sake
Box 484, Medical Center
University of Virginia
Charlottesville, VA 22908

Reprint of an issue of this magazine which is published quarterly - various articles about playground hazards, whiplash shaken infant syndrome, etc.

For Kids Sake ... Think Toy Safety

Adult

Pamphlet/miniposters Length: Date:

$5.50

GPO Stock No. 052-011-00148-1
U. S. Government Printing Office

Includes a pamphlet and series of miniposters on toy safety.

A Handbook of Child Safety

General public

Pamphlet Length: Date: 1982

Write for charges

Gerber Products Company
Fremont, MI 49412

Safety hazards that every child is likely to encounter (approached from the child's point of view), and safety program for the family.

Home Electrical Safety Audit

General public

Checklist Length: Date:

Write for charges

U. S. Consumer Product Safety Commission

Room by room checklist to spot any electrical safety problems which may be present in the home.

Home Safety Round-up

General public

Pamphlet Length: 2-fold Date: 1982
Rev.

Single copy free with SASE

The National Easter Seal Society

A checklist to help you spot potential hazards that may exist in your home.

How Many of These Fairy Tales Have Your Told?

General Public

Pamphlet Length: 8 pp. Date: 1977

Up to 50 copies free

DOT-HS-802-152
Maternal and Child Health
Office of Occupant Protection, NTS-11
Nat'l Hwy Traffic Safety Administration
U.S. Dept. of Transportation
400 7th Street, S.W.
Washington, D.C. 20590

Presents six most common myths about safety belts and counters each one with facts. Information is presented in an entertaining yet informative design.

•Infants and Toddlers in Passenger Car Crashes

Professional

Pamphlet Length: 66 pp. Date: 1983

Single copy free.

U.S. Department of Transportation
National Highway Traffic Safety Administration

Includes key findings on the use of child seats in cars. Outlines effectiveness and trends in child restraint use and comparisons of injuries by age.

•The Injury Prevention Program... Safety is Your Best Prescription

Professionals

Program Length: Date: 3/83

Write for price information.

American Academy of Pediatrics

Replacing "Child Safety Suggestions 1 and 2" is this 2-part program consisting of (1) four pages of age-related safety tips - how to prevent household accidents to infants and children; and (2) three parent questionnaires on home safety habits. May be ordered individually or as sets.

It Hurts When They Cry

General public

Booklet Length: Date: 11/83

Write for charges.

U.S. Consumer Product Safety Commission

Basic information on hazards, safety features and proper use of nursery furniture and equipment.

It's Your Child's Life...But It's Your Decision

Parents

Pamphlet Length: Date:

Write for charges.

University of North Carolina
Highway Safety Research Center
Chapel Hill, North Carolina 27514

Pamphlet gives some statistics on child deaths in auto crashes, detailed information on types of restraints and specific guidelines for determining appropriate restraint for individual automobile and child.

Little Leon the Lizard

Consumer Information Center

Children

Pamphlet Length: 22 pp. Date: 1978

$2.25 per copy

Publication Number: 121L
Consumer Information Center

Includes a story and coloring book emphasizing safe play situations.

Make Sure They're Secure

General public

Pamphlet Length: Date:

Free.

Ohio Department of Highway Safety

Emphasizes the importance of child restraint in preventing head, spinal cord injuries in young children.

MYTHS AND FACTS ABOUT CHILD CAR SAFETY

General public

Pamphlet Length: 6 pp. Date:

Free

DOT-HS-806-046(c)
Maternal and Child Health
Office of Occupant Protection, NTS-11
National Highway Traffic Safety Administration
U.S. Department of Transportation
400 7th Street, S.W.
Washington, D.C. 20590

Sets out and counters most commonly held myths concerning child safety seats in an easy-to-read, concise fashion. This brochure is a companion piece to the Myths & Facts poster.

Myths and Facts About Child Car Safety

Adult, parents

Poster - Color Length: 16"x23" Date: 1981

Single copy free.

Publication # (DOT)HS806-046-(a)
U.S. Department of Transportation
National Highway Traffic Safety Administration

Identifies four common myths about child car safety and explains why they are myths. Lists places where child safety seats can be purchased.

•The National Electronic Injury Surveillance System (NEISS)

Professionals

Pamphlet Length: Date:

Write for charges.

The National Injury Information Clearinghouse
U.S. Consumer Product Safety Commission

Data collection system from hospitals that provides Safety Commission with information that may lead to product modification or development of safety standards.

The Perfect Gift

Expectant and new parents

16mm film Length: 22 min. Date:

Free loan.

Ohio Department of Highway Safety
P.O. Box 7167
Columbus, Ohio 43205

This is a beautifully photographed 22-min. film (16 mm). A pediatrician talks about the problem of traffic crashes as the number one killer and crippler of children, and emphasizes the necessity of infant car safety seats for every infant on every ride. The film is designed to motivate both expectant and new parents to protect their infants in the best possible way.

Recommended Use:

- °Expectant parent classes
- °Parent groups
- °As a training tool for medical and health education staff.

Play Happy, Play Safely

Professionals and general public

Booklet Length: Date:

Write for charges.

U.S. Consumer Product Safety Commission

For teachers, youth leaders, park and recreation directors, parents, and other concerned adults - in safer selection, use, installation, maintenance, and repair of playground equipment.

Playing It Safe

General public

Reprint Length: 4 pp. Date: 1977

Write for charges.

OA-274
National Easter Seal Society

Journal of American Insurance
A checklist for selecting children's toys and for assuring safety of children's play.

Product Safety Fact Sheet
No. 20: Infant Falls

Professionals, general public

Fact Sheet Length: Date: rev. 2/80

Write for charges.

U.S. Consumer Product Safety Commission

How to protect children from falls from high places; precautions in selecting and using furniture designed for babies.

Product Safety Fact Sheet
No. 43: Crib Safety -- Keep Them on the Safe Side

General public

Fact Sheet Length: Date: rev. 4/82

Write for charges.

U.S. Consumer Product Safety Commission

Commission regulations about cribs and precautions about buying and using cribs.

Also available in Spanish.

Product Safety Fact Sheet
No. 66: Baby Walkers

General public

Fact Sheet Length: Date: rev. 3/81

Write for charges.

U.S. Consumer Product Safety Commission

Accident patterns and recommendations for selection and use of baby walkers.

Also available in Spanish.

Product Safety Fact Sheet
No. 70: High Chairs

General public

Fact Sheet Length: Date: rev. 8/81

Write for charges.

U.S. Consumer Product Safety Commission

Accident patterns and how to reduce the risk of high chair falls or collapse of the high chair.

Also available in Spanish.

Product Safety Fact Sheet
No. 86: Baby Rattles

General public

Fact Sheet Length: Date: rev. 8/81

Write for charges.

U.S. Consumer Product Safety Commission

Commission regulations about baby rattles and cautions.

Also available in Spanish.

Protect Your Child From the Greatest Danger of All

General public, parents

Pamphlet Length: Date:

No charge.

Florida Governor's Commission on Highway Safety
Carlton Building
Tallahassee, Florida 32301

Pamphlet describes benefits of child safety belts, as well as types of restraints and guidelines for purchasing seats.

Also available in Spanish.

*Protecting Our Own

Professionals

Pamphlet Length: 75 pp. Date: 1984

Up to 50 copies - free of charge.

Maternal and Child Health
Office of Occupant Protection, NTS-11
National Highway Traffic Safety Administration
U.S. Department of Transportation
400 7th Street, S.W.
Washington, D.C. 20590

Manual type booklet that provides technical and educational information to those who would like to conduct a comprehensive child passenger safety program.

Safe At Home

Adults, parents

Color film Length: 29 min. Date: 1962

Write for charges.

Ohio Department of Health

This is the story of a childless couple caring for little nephews and nieces for a weekend. It shows the many hazards a child meets in his own neighborhood and home. The precautions that should be taken as a matter of routine in all homes are presented clearly.

Safer Products, Safer People

General public

Pamphlet Length: Date: 1/84

Write for charges.

U.S. Consumer Product Safety Commission

Priority projects of the Safety Commission; recalls and corrective actions of hazardous products, mandatory safety standards and bans, special priorities.

Safer Than a Mother's Arms

Adults

Poster Length: 17" x 25" Date: 1981

Single copy free.

Publication Number: (DOT) HS 806-046 (b)
U.S. Department of Transportation
National Highway Traffic Safety Administration

Shows the correct method of carrying an infant in a motor vehicle - in a child carrier.

Safety Belt Fact Sheet

Adults

Pamphlet Length: 2 pp. Date: 1981

Single copy free.

U.S. Department of Transportation
National Highway Traffic Safety Administration

Presents information on motor vehicle accidents and how safety belts make a difference. Illustrates how a safety belt works. Describes and illustrates differing types of safety seats, including infant carriers, convertible models, toddler seats, booster seats, and adult safety belts.

Safety Belt Poster

Clinics, offices, etc.

Poster	Length: 16" x 16"	Date:

Up to 50 copies free.

Maternal and Child Health
Office of Occupant Protection, NTS-11
Nat'l Highway Traffic Safety Administration
U.S. Department of Transportation
400 7th Street, S.W.
Washington, D.C. 20590

Simple graphics illustrate a safety belt with the theme "Get It Together - Please Buckle Up". Appropriate for clinics, offices, etc.

Safety Belts a History Lesson for Adults

Teens and adults

Pamphlet	Length: 8 pp.	Date: 1982

Up to 50 copies - free of charge.

DOT-HS-806-175
Maternal and Child Health
Office of Occupant Protection, NTS-11
National Highway Traffic Safety Administration
U.S. Department of Transportation
400 7th Street, S.W.
Washington, D.C. 20590

Short brochure which discusses salient safety belt themes: commonly held myths, crash dynamics, risks, and the mechanics of how a safety belt works, all using a simple metaphor approach. The brochure is targeted for adults, but its upbeat tone makes its suitable for teenagers as well.

"Security is a KISS (Kids in Safe Seats)"

Parents

Pamphlet Length: Date:

Free.

Ohio Department of Highway Safety

A two-packet folder with a variety of material covering the importance of child restraints.

Travels of Timothy Trent

Jr. High through adult

Film Length: 10 min. Date: 1977

Write for charges.

Ohio Department of Health

Safety packaging is a valuable tool that offers an additional margin of safety from accidental poisoning of children. This film demonstrates this point through the character of Timothy Trent, a young fellow who can't resist putting everything he can reach in his mouth. The film is particularly good for parents of young children, and for anyone who has contact with young children.

When Sally Fell

Jr. High through adult

B & W film Length: 15 min. Date: 1962

Write for charges.

Ohio Department of Health

This film deals dramatically with the dangers which lurk in the home, and the painful consequences which can follow taking a foolish risk in performing household chores. We are made to realize the simple fact that a serious home accident affects each member of the family, as well as the accident victim.

Young Children and Accidents in the Home

Adults

Pamphlet Length: 28 pp. Date: 1974

$4.25/copy (English), $3.25/copy (Spanish)

GPO Stock Number: 017-091-00191-0 (English)
017-091-00199-5 (Spanish)
U.S. Government Printing Office

Describes the major causes of accidents to children in the home - the leading cause of death and injury to young children. Includes a checklist, by age group, of accident-causing situations, and how to avoid them. A tear-out sheet with first-aid information is provided.

Also available in Spanish.

INFANT AND CHILD CARE

Baby Care Kit

Adult

Pamphlet (4)   Length: Date:

$4.50/kit.

GPO Stock #052-011-00113-9
U.S. Government Printing Office

Includes a set of 4 pamphlets on caring for an infant.

An Ounce of Prevention

Professionals and general public

Brochure	Length: 1 page	Date: 1985

Write for charges.

Ohio Developmental Disabilities Planning Council

Explains developmental milestones and measures of intervention.

Babysitting

Teens, general public

Teaching pkg.	Length: 8 hrs.	Date: 1981

$20

Stock No. 320196
Red Cross Chapter

Intended for group instruction with youths, aged 11 and older. May be adapted for day-care center workers and babysitters of children with disabilities. Focuses on the responsibilities of the babysitter, development of job skills, characteristics of children, safety and accident prevention in the home, and child care skills. Includes discussion, problem solving, demonstration, and practice. Package includes an instructor guide, 25 ditto master activity sheets, 2 filmstrips of 12 frames each, and a 30-minute audiocassette recording.

Becoming a Parent

General public

Pamphlet	Length:	Date:

20¢/copy.

G323
Ross Laboratories
Columbus, Ohio 43216

Presents the experiences and feelings of becoming a parent, based on actual interviews with parents, particularly new parents. Shows that the conflicts new parents may have are neither unusual nor unsolvable.

Bond of Love Poster

General public

Color Poster Length: 16" x 21" Date:

$1.25

No. 462
La Leche League International

Full-color poster of mother nursing her baby.

Bonding - How Parents Become Attached to Their Baby

Diony Young

General public

Pamphlet Length: 12 pp. Date: 1978

50c/copy.

International Childbirth Education Association

Focuses on the importance of early establishment of the parent-infant bond in the hospital. Includes factors that affect this attachment process.

Caring For Your Hospitalized Baby

Parents

Pamphlet Length: 15 pp. Date: 1984

75¢/copy.

Association for the Care of Children's Health
3615 Wisconsin Avenue, NW
Washington, D.C. 20016
(202) 244-1801

Information on the effects of hospitalization on growth and development, and suggestions on how parents can help their babies in the hospital.

Bringing Up Healthy Children

General public

Pamphlet Length: Date:

Write for charges.

Child Development Center
593 Eddy Street
Providence, Rhode Island 02902

Listed ways parents can ensure the safety of their children and provide opportunities for them to learn, thus helping to prevent developmental disabilities.

Child Check

General public, professionals

Slide/tape or film, child check diaries, manual Length: Date:

Preview: $10, Rental: $40/week, Purchase: Film - $340, Slide/tape - $160

Lawren Publications, Inc.
P.O. Box 666
Mendocino, California 95460

The importance of the first five years of life...the importance of early intervention...how to use certain skills at ages indicated and more.

Child Development in the Home

Adult

Pamphlet Length: 20 pp. Date: 1978

$3/copy.

Publication Number: 107L
Consumer Information Center

Advises parents how to build self-confidence and self-discipline in the preschool child.

Day Care For Your Children

Adult

Pamphlet Length: 15 pp. Date: 1974

Single copy free. Also for sale by GPO for 35¢.

Publication Number: (OHDS) 74-30047
GPO Stock No. 017-091-00194-4
Administration for Children, Youth and Families

and

U.S. Government Printing Office

Offers guidelines to help parents select the appropriate day-care arrangements for their children and for their particular situation.

Detection and Prevention of Learning Disorders

Adult

Pamphlet Length: 33 pp. Date: 1976

Single copy free.

Publication No.: (ADM) 76-337
National Clearinghouse for Mental Health Information

Covers the description of the "multiple handicap" of learning disorders, describes a clinical approach to detection and prevention, describes an experimental approach to prediction and prevention, and outlines basic causes of learning disabilities.

*Developmental Approach to Casefinding Among Infants and Young Children

Professional

Pamphlet Length: 108 pp. Date: 1979

Single copy free. Also for sale by GPO for $7.50/copy.

Publication No.: (HSA) 79-5210
GPO Stock No.: 017-029-00027-4
National Material and Child Health Clearinghouse

and

U.S. Government Printing Office

Intended to help nurses and other primary health care providers recognize the signs of disease of anomalies in infants and children to whom they deliver services.

Early Childhood Resource Network

General public

Pamphlet Length: Date: 1985

Centralized Referral System
McCampbell Hall, Room 325
1581 Dodd Drive
Columbus, Ohio 43210
(614) 421-1174

Describes services available through the network.

•Evaluating Infants

Professional

1/2" videotape/ 3/4"vid. cass./ 1/2" VHS vid. cass.	Length: 47:59 min.	Date:

CDMRC Media Services
Child Development and Mental Retardation Center
University of Washington
Seattle, Washington
(206) 543-4011

Part I:
Test Management Strategies. This videotape demonstrates some important management strategies and techniques that are useful in infant development evaluations. Guidelines are presented for the use of standardized measurement tools and management of the environment, to encourage the best performance from infants. Strategies are suggested to control some of the factors which influence the test results - the physical environment, the evaluator, the parent, and the infant. These evaluation skills are thought to be important in the early identification of infants at risk for developmental problems.

Part 2:
Demonstration of Test Management Techniques. An entire infant developmental test session is presented to demonstrate how the evaluator manages the infant, the parent, and the test environment, to encourage the best results.

•Early Parent - Infant Relationships

Professionals

Slide/tape color	Length: 10, 11, 16 1/2 min.	Date: 1978

Purchase - $80, Rental - $15

A-1
Materials and Supply Division
March of Dimes Birth Defects Foundation

Sleep and awake states of the newborn - How parents and infants become acquainted - How first impressions are influenced by factors from the maternal background, hospital experiences, and the infant's characteristics - Factors that influence parent-infant attachment for two couples, one preparing for their first child, and the second preparing for their second child.

Early Warning Signs: Conductive Hearing Loss in Children

General public

Pamphlet	Length: 1-fold	Date: 1981

Single copy free with SASE.

PR-35
National Easter Seals Society

What conductive hearing loss is, and why and how to detect it early.

Early Warning Signs: Learning Disabilities - A Hidden Handicap

General public

Pamphlet	Length: 1-fold	Date: 1982

Single copy free with SASE.

PR-37
National Easter Seals Society

How to prevent learning disabilities caused by conductive hearing loss.

The Essentials of Parenting in the First Years of Life

Barbara Gross and Bernard Shuman

Professionals and general public

Booklet	Length: 61 pp.	Date: 1980

$7.95/copy. $59.95/package of 10.

CD-16/ISBN 0-87868-184-1
Stock #1841
Child Welfare League of America, Inc.

The most up-to-date information currently available on the role and responsibilities of parents in creating a fruitful relationship with their very young children. For students, practitioners, and prospective parents, the book fully explains the fundamental principles by which parents can achieve normal growth in the first years of their children's lives. Topics include attachment, parental expectations, kinds of infant stimulation and their effects on the infant-parent relationship.

Family First

Professionals, general public

Brochure Length: Date: 1985

Write for charges.

Daniel Young
360 S. Third Street
Suite 101
Columbus Ohio 43215
(614) 228-4333

Describes parent/peer teaching program/curriculum for educating parents of young children.

The First Year

Parents

Pamphlet Length: Date:

Single copy - 50¢

Health Education Associates, Inc.

Explains ages and stages in the first year in simple terms and gives parents suggestions for dealing with each stage. "If you know what to expect at different ages, it can make life easier on you." Inexpensive way to prepare parents for the reality of the first year.

Footsteps: A Parenting Guide

Adult, parents

Pamphlet Length: 65 pp. Date: 1980

$5/copy.

Publication No. 2181
Consumer Information Center

Practical advice for parents of young children or sibling rivalry, teaching values, independents, creativity, and more; based on the TV show "Footsteps".

The Fortunate Few

Professionals, general public

16mm film Length: 12 min. Date: 1979

Loan

Central Ohio Instructional Resource Center
Communication, Inc.
470 Glenmont Avenue
Columbus, Ohio 43214

Presents early intervention, its value and cost effectiveness.

•Guidelines for Early Intervention Programs

Professional

Pamphlet Length: 107 pp. Date: 1980

Single copy free.

National Maternal and Child Health Clearinghouse

Contains proceedings of a conference on Health Issues in Early Intervention Programs in May, 1980. Presents state of the art papers on infant and childhood intervention, and outlines recommended guidelines, including physical and psychosocial development.

How Your Baby Grows

General public

Poster Length: Date: rev. 1982

Write for charges.

Johnson & Johnson Baby Products Co.
Skillman, New Jersey 08558

Body, hand, speech and social development at different stages.

I'm a Parent Now

Adult, parents

film/videocassette Length: 17 min. Date: 1977

Film - $165. Videocassette - $55.

Title # A10328/CG (film)
Title # A00924/CG (videocassette)
National Audiovisual Center

Helps new parents deal with the mixed emotions, conflicting roles, and unfamiliar experiences that accompany the arrival of a baby; guide is included.

The Importance of Play in Child Development

Adult

Pamphlet Length: 16 pp. Date: 1981

Single copy free.

Publication No. (ADM) 81-969
National Clearinghouse for Mental Health Information

Part of the "Caring About Kids" series. Describes what play is, how play helps a child develop, how play changes as a child grows older, the role of toys and sex stereotypes, fantasy, and imagination. Advises parents how to help their children play. Provides a reference list.

Infancy in the Eighties

Professionals and general public

Pamphlet Length: 20 pp. Date: 1983

Single copies free of charge.

National Center for Clinical Infant Programs
733 15th St., N.W.
Suite 912
Washington, D.C. 20005

A summary of current scientific knowledge about the needs of infants and young children, and the implications of such knowledge for public policy.

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Infant as a Human Being

General public

Pamphlet Length: 4 pp. Date: 1978

50¢/copy.

#53 - La Leche League International

The child's need for human contact and love is thoroughly explored.

Infant Care

New parents

Pamphlet Length: 67 pp. Date: 1980

For sale by GPO Stock # - $4.75; Spanish version - $4.50.

GPO Stock #017-091-00228-2
GPO Stock #017-091-00238-0 (Spanish version)
U.S. Government Printing Office

Gives new parents basic information on caring for an infant - including breastfeeding, clothing, bathing, and health care. Advises on handling "difficult" babies, first aid and emergency treatment, and a variety of common problems from diaper rash to colds.

Also available in Spanish.

*Infant Satellite Nurseries: Family Day Care With a Difference

Professional and general public

Pamphlet Length: 13 pp. Date: 1978

Single copy free; for sale by GPO for $2.50

Publication No. (ADM) 78-658
GPO Stock No. 017-024-0084305
National Institute of Mental Health

and

U.S. Government Printing Office

Describes an innovate approach to home day care, developed in Hawaii, to provide low-income families with subsidized care of excellent quality for their infants and toddlers.

Mother - Child Home Program

National Clearinghouse for Mental Health Information

Professional and public

Pamphlet Length: 11 pp. Date: 1978

Single copy free.

Publication Number: (ADN) 78-659
National Clearinghouse for Mental Health Information

Part of the parent-child program series. Describes the mother-child home program, which educates the parents of preschoolers in low income families to become more effective guides for their toddlers' development. Outlines the home visits, program staffing, facilities and supplies, and program impact.

•Observations and Developmental Assessment

Professionals

Pamphlet Length: 8 pp. Date:

Write for charges.

Julius Landwirth, M.D.
Bridgeport Hospital
Department of Pediatrics
267 Grant Street
Bridgeport, Connecticut 06602

This material is in outline form, offering observation and developmental assessment techniques of gross motor, fine motor, and visual motor skills (with norms given), cranial nerves, reflexes, motor function, and cortical sensory tests.

There is also included a section called Classification of Children by IQ Scores, offering AAMD Psychological Classifications, Educational Classifications, and Educational Placement. The prognosis based on psychological evaluation for each classification are also given, as are academic and vocational potential.

242

On The Birth of Your Baby

General public

Pamphlet Length: Date:

Write for charges.

Public Awareness Campaign for Developmental Disabilities
1535 Marsetta Drive
Dayton, Ohio 45432

Promotes early parent awareness of normal infant growth and development and infant stimulation, and provides a developmental; checklist as a guideline for parents.

•**Parent Education in a Pediatric Clinic**

Professionals

Pamphlet Length: 9 pp. Date: 1978

Single copy free.

National Clearinghouse for Mental Health Information

Part of the Parent-Child Program Series. Describes the Parent Education Program initiated as a demonstration project at Mt. Sinai Hospital (NY). Outlines how the program creates a series of experiences for 2 to 3 year olds that raise their IQs and may help them later perform well in school.

•Parenting Curriculum

Grace C. Cooper

Professional

Set of booklets (6) Length: Date: 1973

Complete set - $13.50. Individual booklets - $2.50 each.

Child Welfare League of America

Six booklets written specifically for adolescent mothers, contain child care and development information on the prenatal period through the end of the first year, including much material that relates to the student's own mental, physical and emotional growth. They have been prepared in individualized workbook style, starting at an easy reading level and progressing to about eighth-grade reading level, with vocabulary exercises to broaden and improve reading skills. Drawings and brief text. Can be used alone or as a supplement to GUIDE TO TEACHING EARLY CHILD DEVELOPMENT.

Booklets:

- Getting to Know Your Baby and Yourself/Prenatal to Birth
- Your New Human/Birth to One Month
- Learning About the World/One to Three Months
- Your Baby Grows/Three to Six Months
- Learning More Each Day/Six to Nine Months
- The End of the First Year/Nine to Twelve Months

Parenting: Your Child From One to Six

Parents

Teaching pkg. Length: 16 hrs. Date: 1981

Leader's Manual - $6.75; Parent's Manual - $5.

Stock No. 321248 (Leader's Manual)
Stock No. 321249 (Parent's Manual)
Red Cross Local Chapter

Focuses on skills needed in parenting; emphasizes group discussion on ways to help the parents stimulate the child's language, social, emotional, intellectual, and motor skills. Explores skills that help the child develop desired behaviors. The Parent's Guide is a workbook for use during the course.

Parents: Do You Know the Early Warning Signs of Children With Special Needs?

Parents

Pamphlet Length: 2-fold Date: 1976

Single copy free with SASE.

PR-31
National Easter Seals Society

(PR-31S - in Spanish)

Early warning signs that may indicate existence of a problem in growth and development.

Patterns of Growth

General public

Poster Length: Date: rev. 5/83

Write for charges.

Gerber Products Company
Medical Marketing Services
445 State Street
Freemont, Michigan 49412

Patterns of growth for boys and girls from birth to age 6 years.

•Preventing Handicaps in Children

Professionals, general public

Pamphlet Length: Date: 1983

Write for charges.

Florida Developmental Disabilities Planning Council

Defines early intervention and emphasizes the importance of evaluation, training and the parents' role in seeking early intervention services. Availability and location of services are described.

The Road to Normalcy for the Cleft Lip and Palate Child

General public

Length: Date: 1972

Write for charges.

Mead Johnson Nutritional Division
Evansville, Indiana 47721

Questions and answers, with pictures, about cleft lip and/or palate.

Selected Readings on Child Neglect

Professionals, general public

Pamphlet Length: 67 pp. Date: 1980

Single copy free.

Publication Number: (OHDS) 80-30253
National Center on Child Abuse and Neglect

Contains six papers on various aspects of child neglect, including standards for determining neglect, emotional neglect, casework treatment of a neglectful mother, and treatment of infants with organic failure to thrive.

*Statewide Training for Cooperative Community Early Intervention

Professionals

Brochure Length: Date: 1985

Write for charges.

Ohio Department of Health
(614) 466-8932

Ohio Department of MR/DD
DD Planning Council
8 East Long Street
6th Floor
Columbus, Ohio 43215
(614) 466-7203

Describes steps in the implementation of the Ohio Curriculum and establishing a community network for early intervention.

Steps in Habiliation for the Cleft Lip and Palate Child

Professionals

Booklet Length: Date: 1979

Write for charges.

Mead Johnson and Company
Evansville, Indiana 47721

Aid for professional staff in discussing cleft lip and/or palate with the parents.

Stimulating Baby Senses

Adults

Pamphlet Length: 10 pp. Date: 1978

Single copy free.

Publication Number (ADM) 77-481
National Clearinghouse for Mental Health Information

Part of the "Caring About Kids" series. Helps parents and other caretakers learn how to stimulate the growth and development of their infant. Emphasizes the differing needs for sensory stimulation of parents and children. Identifies knowledge of baby's senses of sight, hearing, taste, and touch, and gives a few suggestions on ways to encourage sensory development.

The Super Sitter

Teens, general public

Booklet Length: Date: rev. 1983

Write for charges.

U.S. Consumer Product Safety Commission

Guidelines of things expected of the sitter and of the parents.

Teaching Mothers Mothering

Professionals, general public

Pamphlet Length: 22 pp. Date: 1977

Single copy free.

Publication Number: (ADM) 77-520
National Clearinghouse for Mental Health Information

Reports on an early intervention program designed to stem the adverse influence of deprived environments on an infant's cognitive development. Describes this home-based program, which worked directly with the mothers to teach them more effective ways of stimulating their young children.

Tender Loving Care

Professionals, general public

Pamphlet Length: 33 pp. Date: 1976

$3.50/copy.

Salvation Army

Units of varying length. Tested in a residential setting with a mobile group of pregnant teenagers, young mothers, and their babies. Emphasizes building self-esteem, developing knowledge about the growth, development, and care of young children, and learning community resources. Provides outlines.

Unfinished Child

High school home economics and family life classes

16mm color film/videocassette Length: 30 min. Date: 1976

Film - $135. Videocassette - $50.
$10 prepaid for rental/preview

March of Dimes Birth Defects Foundation
Supply Division

Documentary, narrated by Patricia Neal, dealing with the impact of maternal, fetal, and infant malnutrition on mental and physical development. Links the poverty cycle and nutrition of the poor with circumstances which keep the cycle unbroken.

•Watching for Developmental Lags and Disabilities

Health care professionals

Reprint Length: 2 pp. Date: May/June 1977

Write for charges.

Mendota Mental Institute
301 Troy Drive
Madison, Wisconsin

An outline of partial listing of behaviors which should alert care givers to the possible need of a child for clinical evaluation.

What is Infant Stimulation?

General public, professionals

Pamphlet Length: Date:

$.10 each, bulk prices available

Inland Counties Resource Center
Developmental Disabilities Services Prevention Program
808 North Arrowhead
San Bernandino, California 92408

The material in this pamphlet focuses on the what, why, who, how, when and where of infant stimulatioh.

•Young and Special Preview Package

Professionals

Training pkg./curriculum Length: Date:

Write for charges.

Audiovisual Programs
University Park Press
300 N. Charles Street
Baltimore, Maryland 21201

Sample leader's guide, student materials and a videotape for early childhood teachers and aides for mainstreaming.

Your Baby's First Days

Childbirth education classes

16mm & videocassette color   Length: 21 min.   Date:

Rental - $40, Purchase - $395.

Polymorph Films

Childbirth education usually emphasizes preparation for the events surrounding the birth, which may last for a number of hours, with only passing reference to what immediately thereafter becomes an incredibly demanding full-time job: caring for the infant. Simple tasks such as holding, nursing and bathing a baby can be amazingly difficult when you have little or no prior experience.

The film uses vivid closeups of newborn infants to answer commonly asked questions about normal newborn appearance, behavior and development. The film shows a number of Caucasian and black infants, and describes physical characteristics of the newborn such as milia, cradle cap, dry skin and rashes, skin color changes, "witch's milk", enlarged nipples and genitalia, body hair, stork bite and mongolian spots, the location and function of soft spots on the baby's head, and more.

Also presents a great deal of basic information of help to a new mohter in caring for the physical needs of the infant. The emotional needs of the infant for closeness, security and interaction are also discussed, and swaddling, carrying and comforting a crying baby are shown.

The film will be of great value to women near the end of their pregnancy and soon after delivery, as well as to their care givers, their husbands, and to anyone wishing to learn about newborn infants and their care.

Your Cleft Lip and Palate Child - A Basic Guide for Parents

General public

Booklet Length: Date: 1980

Write for charges

Mead Johnson Nutritional Division
Evansville, IN 47721

What it is, why it occurred, counseling, medical and emotional aspects of this deformity.

Your Child From One to Six

Adults/parents

Pamphlet Length: 92 pp. Date: 1978

$5/copy

GPO Stock No.: 017-091-00219-3
U.S. Government Printing Office

Covers patterns of development (physical, linguistic, and social), sleep (outgrowing the crib, highlights nightmares, etc.) eating, discipline, toilet training, relationships, school readiness, fears, separations, fighting, health care, illness, accidents, and much more.

Your Child From Six to Twelve

Adults/parents

Pamphlet Length: 98 pp. Date: 1980

$5/copy

GPO Stock No.: 017-091-00070-1
U.S. Government Printing Office

Discusses the role of parents as family leaders, what play means in the life of a child, children and money, keeping the child healthy, guiding the child's social involvements, helping the child make the most of school, and much more.

Your New Baby

General public

Pamphlet Length: Date:

50¢/copy

Health Education Associates, Inc.

Also available in Spanish - Tu Bebe Nuevo.

Easy to read, and equally appropriate for traditional families and single mothers. Helps new parents to understand what a new baby is like, and makes positive suggestions for dealing with the baby's needs. "What should I do when my baby cries?" "How do I know I won't spoil the baby?"

Your Premature Infant

General public

Pamphlet Length: Date: 1961

Write for charges

Ross Laboratories
Columbus, OH 43216

Understanding the baby's needs, and the ways to care for the premature infant.

Your Special Child

General public

Pamphlet Length: Date: 2/82

Free

09-239-00
March of Dimes Birth Defects Foundation
Supply Division

Supplies supportive and encouraging information for parents who, through, prenatal diagnosis, have learned that their child may be born with birth defects.

LEAD AND OTHER POISONING

The Chemical Do's and Don'ts Book (Shell Answer Book #20)

General public

Pamphlet Length: Date: 1979

Free

Shell Answer Books
Post Office Box 61609
Houston, TX 77208

Over two dozen things you should know about the safe use and safe storage of household products.

Children At Play With Poison

Adult

Color film Length: 11 min. Date: 1970

Write for charges

Ohio Department of Health

A cartoon depicting the many ways that children can come into contact with poisons common to the average household. It gives, in easy steps, the methods of keeping these substances safely stored and out of reach of children's inquisitive hands.

•Joint Statement: Lead Poisoning in Children

Health care providers and administrators

Pamphlet Length: 4 pp. Date: 1979

Single copy free

National Maternal and Child Health Clearinghouse

Summarizes the current information on lead poisoning in children and makes recommendations for programs that provide health care to children who are potential victims of lead poisoning.

Lead Poisoning Could Strike Your Child

Professionals and general public

Color videotape Length: 30 min. Date: 1970

Write for charges

Ohio Department of Health
Health Education Unit
246 North High Street
Columbus, OH 43216
(614) 466-4626

Discusses prevention, diagnosis, and treatment of lead poisoning. Points out consequences such as blindness, severe crippling, and death. Illustrates symptoms by following the case of one girl.

Reviewers did not consider this to be an appropriate level for medical students; it seemed to be directed toward parents. However, they think it might be useful as it shows diagnostic techniques and emphasizes prevention. Dramatic presentation.

Lead Poisoning - The Hidden Epidemic

Senior high school through adult professional groups

Color film Length: 10 min. Date: 1973

Write for charges

Ohio Department of Health

Explains the medical aspects of lead poisoning in understandable terms for the consumer. A large portion of the film is also directed at the corrections and prevention of environmental problems. Thus, the film makes the consumer aware of some of the simple remedies which are available to help control this problem.

•Lead Poisoning in Children

Professionals

Pamphlet Length: 25 pp. Date: 1967

Single copy free

Publication Number: (HSA) 5142
GPO Stock No. 017-030-00032-9
National Maternal and Child Health Clearinghouse

also

(for sale)
U.S. Government Printing Office

Discusses problems of lead paint poisoning and emphasizes essential steps in preventing death or handicapping conditions.

Lead Poisoning: Watch Out For Lead-Based Paint

General public

Pamphlet Length: Date: 6/79

Write for charges

U.S. Government Printing Office
Superintendent of Documents

Facts for renters and purchasers of homes.

Parents: Are Your Walls Poisoning Your Children?

Parents

Pamphlet Length: Date: 7/79

25¢/copy

Superintendent of Documents
U.S. Government Printing Office

How to keep your children safe from lead poisoning.

Poison Prevention Packaging

General public

Pamphlet Length: Date:

Write for charges

U.S. Consumer Product Safety Commission

Explanation of the Poison Prevention Packaging Act, with exceptions for older consumers and the handicapped.

Poison Safety Game

Older elementary school children and young teens

Pamphlet Length: 4 pp. Date: 1983

Single copy free

HFE-88
Food and Drug Administration
Office of Consumer Affairs

Includes instructions and game board for a Poison Safety Game. Designed for older elementary school children and young teens as a guide to help them protect their younger brothers and sisters and friends from poisonings.

Poisons Around The Home

Jr. High through adult

Color film Length: 11 min. Date: 1967

Write for charges

Ohio Department of Health

Linda Lane reports near tragedy when her little sister Ann drank paint thinner. Members of her class decide to form a "Posion Patrol" to find poisons around the home before younger children can find them and be harmed. To their surprise, they found that many of the useful products in the kitchen, bathroom, bedroom, garage and garden were poisonous. With the cooperation of their parents, poisonous products were put out of sight and out of reach of children. The class adopts "Poison - Hands Off" as a motto.

Preventing Childhood Poisonings

Adults

Pamphlet Length: 3 pp. Date: 1979

Single copy free

Publication Number: (FDA) 75-7001
Food and Drug Administration
Office of Consumer Affairs

Describes common accidental household poisonings of children. Advises what parents can do to prevent poisonings in the home, and what to do if a child is poisoned.

Preventing Childhood Poisonings (Revised)

Parents with young children, grandparents

Videocassette 3/4" Length: 5 min. Date: 1985

$80

A14592/PY (3/4" videocassette)
A14594/PY (Beta 2 videocassette)
A14593/PY (VHS videocassette)
National Audiovisual Catalog

Alerts consumers to the seriousness of accidental childhood poisonings and provides information on why and where accidental poisonings occur, and advice on how to prevent them.

Preventing Lead Poisoning in Children

Professionals and general public

Pamphlet Length: 6 pp. Date: 1974

Single copy free

National Maternal and Child Health Clearinghouse

Discusses importance of preventive measures, identification of children in early stages of undue lead absorption, and remedial action.

Preventing Lead Poisoning in Your Child

Parents

Pamphlet Length: Date:

Write for charges

Medical Research and Public Health Committee
Massachusettes Association for Retarded Citizens
381 Elliot Street
Newton Upper Falls, MA 02164

How children get lead poisoning and precautions to prevent the occurrence.

•Undue Absorption of Lead Among Children: A New Look at an Old Problem

Professionals

Pamphlet Length: 23 pp. Date: 1977

Single copy free

Publication Number: (HSA) 79-5141
National Maternal and Child Health Clearinghouse

Provides a historical perspective and describes recent developments in lead poisoning in children. Includes recent data on psychological and other types of impairments potentially associated with undue lead absorption.

Watch Out For Lead Paint Poisoning

General public

Pamphlet Length: Date: 1975

Write for charges

U.S. Department of Health, Education and Welfare
Public Health Services Administration
Bureau of Community Health Services
Rockville, MD 20852

How to keep your child safe from lead poisoning.

What Price Shall We Pay for Lead Poisoning in Children?

Adults

Pamphlet Length: 6 pp. Date: 1979

Single copy free

Publication Number: (HSA) 79-5144
National Maternal and Child Health Clearinghouse

Presents an up-to-date summary of the problem of lead poisoning in children and emphasizes its preventable nature.

MALNUTRITION

Allergies in Breastfed Babies

General public

Pamphlet Length: 12 pp. Date: 1985

$1.25/copy

#54
La Leche League International

Information on food allergies - symptoms and causes and what to do about them.

Babies Need Iron

Parents

Slides/cassette Length: 7 min. Date:

Write for charges

Ohio Department of Health
WIC Division

Available in Spanish (El Hierro y su Bebe)

The slides and music are enjoyable. Discusses function of iron in baby's body, and the importance of iron in the diet, iron rich foods, and when they are needed.

•Breastfeeding: A Commentary

Professionals

Pamphlet Length: 11 pp. Date: 1978

$1/copy

#112
La Leche League International

The joint statement of the Canadian Pediatric Society and the American Academy of Pediatrics in support of breastfeeding. Reviews the research (113 references) on the benefits of breastfeeding.

•Breastfeeding and Dental Caries

Professionals

Pamphlet	Length: 4 pp.	Date: 1979

40¢/copy

#31
La Leche League International

Discusses nursing and other factors that influence dental health in young children.

•Breastfeeding and Drugs in Human Milk

Professionals

Pamphlet	Length: 26 pp.	Date: 1984

$5.95/copy

#505
La Leche League International

Comprehensive listing of drug and their effects on the nursing mother and infant with 311 references. Introductory comments discuss factors to consider when prescribing for the nursing mother. Reprinted from Veterinary and Human Toxicology.

Breastfeeding ... Good For Your Baby and Good For You

General public

Poster - color	Length: 17" x 22"	Date:

Single copy free

New York State Department of Health

Utilizes striking graphic of breastfeeding mother and baby to promote the concept of breastfeeding.

Breastfeeding: New Evidence It's Far More Than Nutrition

General public

Pamphlet Length: 5 pp. Date: 1979

75¢/copy

#137
La Leche League International

Scientific evidence on the value of breast milk for human development. Reprinted from Medical World News, 1979.

Breastfeeding: The Best Beginning

General public

Pamphlet Length: 8 pp. Date: 1983

Free. Over 25 copies, shipping/handling will be charged

#150
La Leche League International

Introductory brochure for new and expectant mothers. An encouraging, positive look at the benefits of breastfeeding; also describes La Leche League's publications and program.

Breastfeeding the Down's Syndrome Baby

General public

Pamphlet Length: 8 pp. Date: 1985

75¢/copy

#23
La Leche League International

The La Leche League's philosophy of mothering applied to the retarded child. Includes the how and why of breastfeeding and ideas for helping the Down's Syndrome baby achieve his full potential.

Breastfeeding Your Premature Baby

General public

Pamphlet Length: 12 pp. Date: 1980

75¢/copy

#13
La Leche League International

Advice on coping with the emotions that follow a premature birth, as well as hints for expressing and storing milk and getting the baby started at the breast.

Breastfeeding Your Twins

General public

Pamphlet Length: Date:

50¢/single copy mailed out

Health Education Associates, Inc.

All the basic information as in First Weeks, plus how to nurse twins. Nine photography, including twin positioning.

•Checkmarks for Good Health

Adult and professional

Poster Length: 17" x 22" Date: 1981

Single copy free

Publication Number: (HSA) 81-5115
National Maternal and Child Health Clearinghouse

Illustrates techniques for proper nutrition checkups. Designed for use with patient education pamphlet and manual for professionals.

263

•Diet During Lactation

Professionals

Education module Length: Date:

Write for charges

Ohio Department of Health
Division of WIC

Learning module for professionals working with maternal and child health. Contains pre and post tests.

•Diet Management of PKU for Infants and Preschool Children

Nutrition and dietary professionals

Pamphlet Length: 30 pp. Date: 1978

Single copy free. Also for sale by GPO - $4.25

(HSA) 78-5209
GPO Stock No.: 017-026-00057-7
National Center for Education in Maternal and Child Health

Provides information for nutritionists and dieticians on methods of diet management for children treated for phenylketonuria. Gives methods and materials to help in teaching parents about diet management.

•Development of Food Habits

Professionals

Education modules Length: Date:

Write for charges

Ohio Department of Health
Division of WIC

Learning module for professionals working with maternal and child health. Contains pre and post tests.

•Do You Care?

Professionals

Pamphlet Length: 7 pp. Date: 1980

Write for charges

FNS-192 (Supplemental Food Programs Division)
U.S. Department of Agriculture
Food and Nutrition Services

Briefly explains the WIC Program target population, the benefits offered by WIC, and the cost-effectiveness of the WIC Program. Describes how physicians can assist their low-income patients in obtaining WIC Program benefits.

Environmental Contaminants in Breast Milk

General public and professionals

Pamphlet Length: 4 pp. Date: 1982

40¢/copy

#30
La Leche League International

Reviews the research and provides reassuring answers. Suggests ways a mother can minimize her exposure to contaminants.

The Family Health Cookbook

General public

Book Length: 284 pp. Date: 1980

$9.95

Society for Nutrition Education

Contains basic nutrition information for pregnant women, infants, and adolescents. Each of the more than 250 recipes is followed by a breakdown of its protein, fat, sodium, calorie, and major vitamin and mineral content.

Fathers Ask: Questions About Breastfeeding

Expectant or new parents

Pamphlet Length: Date:

Single copy 50¢

Health Education Associates, Incorporated

Lists the advantages of breastfeeding and explains how the father can participate. Good for expectant or new parents. "What about nursing in mixed company?"

Feeding Baby

General public

Pamphlet Length: Date:

Write for charges

Gerber Products Company
Fremont, MI 49412

The six-step feeding plan for ensuring proper infant nutrition.

Feeding in the First Year

Prenatals and mew mothers

Slides/cassette Length: 20 min. Date:

Write for charges

Ohio Department of Health
WIC Division

This is a slide presentation which discusses some common questions new mothers may have on baby feeding. The topics covered are: the role of calories and nutrients in a diet, the nutritional adequacy of breastmilk and infant formula in early feeding, the importance of supplemental iron in a baby's diet, and the introductions of solid foods into a baby's diet.

First Foods

General public

Pamphlet Length: 8 pp. Date: 1980

$1.50/copy

Society for Nutrition Education

Helps parents make the introduction of a baby's first solid foods a successful experience. Includes practical information on when and how to start feeding semi-solid foods; sources of protein, iron, andessential vitamins; safe home preparation of baby foods; and buying and using commerical baby foods. Economical ways to ensure balanced nutrition are emphasized.

Also available in Spanish.

First Foods

WIC Programs, prenatal and pediatric clinics, high schools

Color film Length: 14 min. Date: 1978

Write for charges

Ohio Department of Health

This film offers parents the basic information they need to introduce solid food to their babies during the first year of life. The film directly addresses the concerns of new parents and educates them in an entertaining way.

Food ... Birth to Birthday

General public

Pamphlet Length: Date: 1979

Write for charges

National Dairy Council
Rosemont, IL 60018

Proper nutrition for the first year.

A Good Beginning - How To Feed Your Baby: By Breast or By Bottle

General public

Pamphlet Length: Date: 5/80

Write for charges

NU 101
Ohio State University Cooperative Extension Service
11100 Winton Road
Cincinnati, OH 45218-1199

Comparison between breastfeeding and bottle feeding.

•Guide to Breastfeeding the Infant with PKU

Health professionals

Pamphlet Length: 51 pp. Date: 1980

Single copy free. For sale by GPO, $4.25.

(HSA) 79-5110
National Center for Education in Maternal and Child Health

GPO Stock No.: 017-026-00091-7
U.S. Government Printing Office

Provides guidelines for health professionals to assist women in continuing to breastfeed infants with PKU. Discusses the rationale for use of human milk, dietary management, and how to prescribe and calculate a diet.

Have You Considered Breastfeeding?

Doris Haire

General public

Pamphlet Length: 4 pp. Date:

10¢/copy

International Childbirth Education Association.

Explains that breastfed babies have fewer illnesses, that breastfeeding saves money and is more convenient, and that one can breastfeed without being noticed. Answers six common questions about breastfeeding.

268

Help Your Child Avoid A Life-Long Weight Problem

Parents

Pamphlet Length: Date:

50¢/copy. Bulk price - 25-499 copies/21¢ per copy.

Health Education Associates, Inc.

Gives parents insight into the connection between adult overweight and eating habits learned in early childhood. Especially recommended for cases in which the young child is too heavy or cases in which one or both parents are overweight.

How To Care For Yourself and Your Baby

General public

Booklet Length: Date:

20¢/copy.

G383
Ross Laboratories
Columbus, OH 43216

Simple language, well illustrated booklet which includes information about the pregnant and breastfeeding mother's diet, the baby's diet, bathing the baby, infant safety, and doctor visits.

Infant Feeding Guide

General public

Pamphlet Length: 4 pp. Date: 1/81

Write for charges

Ohio State University
Cooperative Extension Service
11100 Winton Road
Cincinnati, OH 45218-1199

Introducing solid foods, suggested meal plans, preparation, storage and shopping hints.

Infant Feeding Series

Teens, general public

Pamphlet Length: Date: 5/79

Write for charges

Department of Health and Social Services
Division of Health
Madison, wI 53701

Breastfeeding, commercial formula, bottling, weaning, feeding babies, feeding problems, introducing solid foods, and vegetarianism are topics covered in individual pamphlets.

Infant Nutrition and Feeding

Professionals

Education module Length: Date:

Write for charges

Ohio Department of Health
Division of WIC

Learning module for professionals working with maternal and child health. Contains pre and post tests.

Iron Sufficiency in Breast-fed Infants; The Availability of Iron From Human Milk

General public

Pamphlet Length: 6 pp. Date: 1976

75¢/copy

No. 61
La Leche League International

Important study on iron nutrition in completely breast-fed babies. Reprinted from *Pediatrics*.

Is Your Baby Jaundiced?

General public

Pamphlet Length: 4 pp. Date: 1982

50¢/copy

No. 84
La Leche League International

Explains jaundice in newborns and why doctors are concerned about it, and how it can be treated without interfering with breastfeeding. Reprinted with additional references from The Womanly Art of Breastfeeding.

•Low Birthweight Infant Survival Chart

Professionals

Chart Length: Date:

50¢/copy

G485
Ross Laboratories
Columbus, OH 43216

Neonatal mortality risk for the eighties: The importance of birth-weight gestational age.

Low Weight Gain in the Healthy Breastfed Infant

Nursing mothers

Chart Length: 11" x 17" Date:

$1 plus postage

Health Education Associates, Inc.

Lists causes and interventions for nursing mothers whose babies are not gaining.

Making Baby Food

General public

Pamphlet Length: 6 pp. Date: 1/1981

Write for charges

Ohio State University Cooperative Extension Service
11100 Winton Road
Cincinnati, OH 45218-1199

Equipment needed, cooking methods, serving and storing and some basic recipes.

•Malnutrition, Learning and Behavior

Professionals and general public

Booklet Length: Date:

Write for charges

NICHD Office of Research Reporting
NIH
Bethesda, MD 20014

Focuses attention on the developmental problems of malnourished children. Aspects discussed include the cultural environment of malnutrition, the extent to which children are temporarily or permanently handicapped in learning because of malnutrition and the effects of hunger on child development.

•Maternal Nutrition

Professionals

Education modules Length: Date:

Write for charges

Ohio Department of Health
Division of WIC

Learning module for professionals working with maternal and child health. Contains pre and post tests.

Next to Mother's Milk, There's Infant Formula

Adults

Pamphlet Length: 4 pp. Date: 1980

Single copy free

Food and Drug Administration, Office for Consumer Affairs
HFE-88

Takes a look at the different kinds of infant formulas and the history of their development. Tells what happened when one manufacturer omitted chloride from its formula, resulting in legislation giving FDA greater authority.

Nursing My Baby with a Cleft of the Soft Palate

General public

Pamphlet Length: 8 pp. Date: 1983

50¢/copy

No. 22
La Leche League International

A mother shares her personal experience with teaching a cleft palate baby to breastfeed. Reprinted from Clinical Pediatrics.

•Nutrition

Professionals

Pamphlet Length: 38 pp. Date: 1983

Single copy free

National Institute of Child Health and Human Development

Reprinted from a chapter in Child Health and Human Development and Evaluation and Assessment of the State of Science. Covers objectives in nutrition research, current state of knowledge needs and opportunities for research, and priorities and recommendations.

Nutrition Checkups for Children

Adults

Pamphlet	Length: 8 pp.	Date: 1981

Single copy free

National Maternal and Child Health Clearinghouse

Describes the examinations performed to check children for potential health problems caused by poor nutrition. For use with poster and manual (for professionals).

Also available in Spanish.

*Nutrition Counseling

Professionals

Education module	Length:	Date:

Write for charges

Ohio Department of Health
Division of WIC

Learning module for professionals working with maternal and child health. Contains pre and post tests.

Nutrition, Growth and Development During Your Baby's First Year

New parents

Booklet	Length:	Date:

$1.00

G735
Ross Laboratories
Columbus, OH 43216

A reference book to help new parents learn th role of nutrition in the amazing growth and development of their baby during the first year. Developmental milestones and the approximate times they occur are listed.

•Nutrition Intervention in the Community - The "WIC" Program

J. Berkenfield, M.B.A., and J. B. Schwartz, M.S., R.D.

Professionals

Reprint Length: Date:

Free

PE PRS-14
March of Dimes Birth Defects Foundation
Professional Education Department

Reports on the Women, Infants, and Children (WIC) program in Massachusettes, the eligibility requirements and services provided, and the improved outcome for the newborns.

•Nutritional Screening of Children: A Manual for Screening and Follow-Up

Professionals (Health)

Pamphlet Length: 16 pp. Date: 1981

Single copy free

Publication Number: (HSA) 81-5114
National Maternal and Child Health Clearinghouse

Instructs health providers how to perform screening tests for nutritional problems in children. Designed for use with pamphlet and poster.

Nutrition - The First Years

Mothers/new parents

16mm film/videocassette Length: 16 min. Date: 1980

16mm film - $170, videocassette - $100

A12904/PC (16 mm)
A12905/PC (3/4" videocassette)
A12907/PC (Beta 2 videocassette)
A12906/PC (VHS videocassette)
National Audiovisual Catalog

Gives mothers basic information on child care and nutrition to start infants on the road to a healthy and happy life.

*Pediatric Products Handbook

Professionals

Booklet	Length:	Date: 1983

Write for charges

Mead Johnson Nutritional Division
Evansville, IN 47721

Infant formulas, complete diets, special diets, oral electrolytes, diet modifiers, hospital feeding systems, additional product information, pediatric vitamins and OTC products.

The Perinatal Assessment of Maturation

Medical/nursing students and physicians associates

Slide/tape	Length: 35 min.	Date: 1974

$55

Title #005488/PY
National Audiovisual Catalog

Discusses four methods for determining the gestational age of infants. Shows how to categorize infants into pre-term, term, and post-term groupings, how to plot infant weights on intrauterine growth carts, and how to identify the major problems to be anticipated.

*PKU and the Schools

Teachers, administrators, and other school personnel

Pamphlet	Length: 16 pp.	Date: 1979

Single copy free

National Maternal and Child Health Clearinghouse

Discusses the disease, a special dietary treatment being used to manage children with PKU, the kind of lunch the children might bring to school, and hints for dealing with lunchtime refreshments. Designed for teachers, administrators, and other school personnel.

•PKU: Its Dietary Management

Health care professionals

Videotapes (2) Length: 30 min. (Prog. 1) Date:
22 min. (Prog. 2)

Both programs $500. Program 1 - $345/$55 rental
Program 2 - $295/$55 rental

Sparks Center Dissemination Unit
University of Alabama at Birmingham
Box 313, University Station
Birmingham, AL 35294

Program 1 - PKU: Its Diagnosis and Management - gives viewers in all disciplines an overview of phenylketonuria (PKU). Provides the latest scientific information for health care professionals involved in treatment and follow-up of PKU.

Program 2 - PKU: Its Dietary Management - introduces viewers to the diagnostic principles of phenylketonuria (PKU), along with information necessary for planning and initiating dietary treatment. Documentary segments of untreated adults with PKU are included, along with shots of children with the disorder who are involved in testing and treatment. This program features the biochemist and nutritionist.

Available in all video format. Separate audiocassettes are available ($35/set).

•Products for Dietary Management of Inborn Errors of Metabolism and Other Special Feeding Problems

Professionals

Booklet Length: Date: 10/83

Write for charges

Mead Johnson
Nutritional Division
Customer Service
2404 Pennsylvania Street
Evansville, IN 47721

Information on Phenylketonuria, Maple Syrup Urine Disease, Hereditary Tyrosinemia, Alcaptonuria, Homocystinemia, Histidinemia, Urea Cycle Disorders, Acidemia, Hereditary Fructose Intolerance; product information and clinical experience.

Recommendations for Feeding Normal Infants

Professionals

Pamphlet Length: 8 pp. Date: 1979

Single copy free, for sale by GPO.

Publication Number: (HSA) 79-5108
National Clearinghouse in Maternal and Child Health

GPO Stock No.: 017-026-00079-8
U.S. Government Printing Office

Contains technical guidance for health care providers about breastfeeding, infant formula, foods, and flouride before and after 6 months of age.

Six Authorities Review and Update Issues in Infant Nutrition

Professionals

Cassette & program guide Length: 50 min. Date: 1982

Write for charges

Medical Marketing Services
Gerber Products Company
Fremont, MI 49412

Nutritional needs of the lactating woman, breastfeeding vs. bottle feeding, infant formula feeding, introduction of supplements, prevention of iron deficiency by appropriate selection of infant foods, sugar and salt in infant feeding.

*Skim Milk in Infant Feeding

Professionals

Pamphlet Length: 5 pp. Date: 1978

Single copy free

Publication Number: (HSA) 78-5102
National Maternal and Child Health Clearinghouse

Presents objections to the practice of feeding skim milk to infants. Discusses management and prevention of obesity in infants.

So You've Decided to Breastfeed Your Baby

General public

Pamphlet Length: Date:

Write for charges

Gerber Products Company
Fremont, MI 49412

Reasons for and techniques of breastfeeding.

•The Surgeon General's Workshop on Breastfeeding and Human Lactation, Report of

Professionals and general public

Pamphlet Length: 94 pp. Date: 1984

Single copy free

HRS-D-MC 84-2
National Maternal and Child Health Clearinghouse
38th and R Streets, NW
Washington, DC 20057

Contains reports on the presentations to the plenary sessions of the workshops held in June, 1984 which brought together some 100 experts from a dozen disciplines with experience serving different geographic, ethnic and cultural groups throughout the nation. Recommendations of the workgroups which focused on six general areas - breastfeeding issues relating to the world of work, public education, professional education, the health care system, support services and research - are also included.

The Uniqueness of Human Milk

General public

Pamphlet Length: 57 pp. Date: 1971

$2.95/copy

#161
La Leche League International

Reprint of a 1971 symposium published in the *American Journal of Clinical Nutrition.* A classic collection of scholarly articles on the advantages of breastfeeding.

Watch Them Grow

Parents

Filmstrip/slides/cassette Length: 8 min. Date:

$20

New Jersey Hospital Association

For parent education. Within the context of the major growth and development milestones during the child's first two years of life. "Watch Them Grow" emphasizes the importance of early and complete immunization and parental responsibility for maintaining an up-to-date immunization record for each child. The filmstrip could be utilized on the Post-partum Unit and/or in birth preparation classes, out-patient clinics, and in a variety of community health education activities.

The audiocassettes which accompany the filmstrips can be used on either manual or automatic filmstrip projectors.

Available in Spanish - "Miralos Crecer".

What Shall I Feed My Baby

General public

Pamphlet Length: 50 pp. Date: 1981

$4.25/copy by stock number

Stock #001-000-04235-1
Government Printing Office

An infant feeding guide for WIC and CSFP participants. Serves as an aid for pregnant women and mothers in understanding important facts on breastfeeding, how to prepare infant formula, how to make baby food, and how to tell when a baby is ready to drink from a cup or eat from a spoon.

280

What's Cookin'

Parents and young children

16mm/video Length: 24 min. Date: 1978

16mm rental/$40, 16mm sale/$225; video. sale/$110

A00888/PS (3/4" videocassette)
A02119/PS (Beta 2 videocassette)
A02408/PS (VHS videocassette)
A00859/PS (16 mm film)
National Audiovisual Catalog

Stresses the importance of good nutrition to ensure a healthier life.

When Your Baby Needs Your Milk: Collecting Milk For a Baby Who Cannot Nurse

Mothers of premature infants

Pamphlet Length: Date:

50¢/copy

Health Education Associates, Inc.

Practical information, especially suitable for mothers of premature infants. Step-by-step illustrations also make it appropriate for mothers with low reading levels.

NEAR DROWNING

Kids Aren't Drownproof - Did You Know?

Professionals and general public

Fact Sheet Length: 1 p. Date: 1985

Single copy free

Drowning Prevention Coordinator
Community Association for the Retarded (CAR)
3864 Middlefield Road
Palo Alto, CA 94303
(415) 494-0550

Provides facts on incidence of near-drowning cases and prevention measures.

Is Your Pool Safe?

General public

Fact Sheet Length: 1 p. Date: 1985

Single copy free

Drowning Prevention Coordinator
Community Association for the Retarded (CAR)
3864 Middlefield Road
Palo Alto, CA 94303
(415) 494-0550

Provides helpful hints on "childproofing" the family pool.

What Every Parent Should Know About Water Safety

Parents

Information Sheet Length: 1 p. Date: 1985

Single copy free

Drowning Prevention Coordinator
Community Association for the Retarded (CAR)
3864 Middlefield Road
Palo Alto, CA 94303
(415) 494-0550

Provides list of do's and don'ts for parents of young children around water.

Kids Aren't Drownproof

Professionals and general public

Poster Length: Date: 1985

Single copy free

Drowning Prevention Coordinator
Community Association for the Retarded (CAR)
3864 Middlefield Road
Palo Alto, CA 94305
(415) 494-0550

TRAINING RESOURCES

Within this section, the reader will find specific information related to causes of and prevention strategies for developmental disabilities. Also provided in this section are additional sources from which DD prevention information can be obtained. Sections include:

.. Prevention of Developmental Disabilities

.. Newsletters and journals related to early identification and intervention.

.. Bibliographies, Resource Directories and Training Packages

.. National Information Clearinghouses

.. Ohio Specific Training Resources

.. Suggested related readings in preconceptional, prenatal and postnatal causes of DD.

PREVENTION OF DEVELOPMENTAL DISABILITIES

Action for Prevention

Professionals and general public

Newsletter Length: Date: 12/83

Write for charges

Action for Prevention, Inc.
Post Office Box 437
Charlottesville, VA 22902
(804) 972-1800

Covers actions that can and should be undertaken to reduce the incidence of developmental disabilities.

Behavioral Pediatrics - Infant Development and the High Risk Infant

Professionals

Pamphlet Length: 6 pp. Date: 1978

Write for charges

Frances Rhoads, M.D.
Kauikeolani Children's Medical Center
University of Hawaii
1319 Panahou
Honolulu, Hawaii 96826

Lists curriculum content and educational objectives in behaviorial pediat- rics. Categories are parent-infant interaction and the role of physi- cian, infant development, high risk infant. A reference list is given with sections on development and behavior management.

Birth Defects - Tragedy and Hope

Teens and adults

Booklet Length: Date: 1/83

Free

09-026-00
March of Dimes Birth Defects Foundation
Supply Division

Kinds of birth defects, causes, detection and diagnosis, treatment and prevention.

Birth Defects Original Article Series - Normal Values for Selected Physical Parameters: An Aid to Syndrome Delineation

Professionals

Booklet Length: Date: 1974

Free

10-13
March of Dimes Birth Defects Foundation
Professional Education Division

A study of physical parameters to provide basis to better define both new and old syndromes.

•The Family: A Neglected Element in Prevention

Professional

3/4" videocassette color   Length: 22:19 min.   Date: 1981

Write for charges

Ohio State University
The Nisonger Center
434 McCampbell Hall
Columbus, Ohio 43210

Singles out two key aspects of family life for examination - parenting and poverty - as a basis for highlighting issues, concepts and problems that have moral, legal and ethical impact for our society and for advancing prevention in the field of mental retardation.

•Follow-Up Prematurity

Professionals and general public

Slide/tape   Length: 10:25 min.   Date:

Weekly rental: $17, purchase price: $129.

CDMRC Media Services
Child Development and Mental Retardation Center
University of Washington
Seattle, Washington
(206) 543-4011

This slide/tape program draws attention to some of the developmental vulnerabilities of preterm, low birth weight infants after they are released from the intensive care nursery. It is demonstrated that this population of infants is at a higher risk for delayed motor development and permanent motor problems, visual disorders, hearing impairments,and learning disabilities. Long-term surveillance is recommended to identify these problems which may emerge during the early months and years following the premature birth.

Healthy Mothers, Healthy Babies, A Coalition for Public Education to Improve Maternal/Infant Health

Professionals and General Public

Pamphlet Length: 6 pp. Date: 1985

Single copy free

Executive Secretariat
600 Maryland Ave., S.W.
Suite 300 E
Washington, D.C. 20024

Pamphlet describes the purpose of the Coalition, its objectives, what has been produced, and what is being done by the group. It also lists all the coalition members.

The Kennedy Foundation Research and Service Initiatives of 1982

Professionals and general public

Booklet Length: 3 pp. Date:

Write for charges

The Joseph P. Kennedy, Jr. Foundation
1701 K Street, NW
Suite 205
Washington, D.C. 20006

A continuation of the foundation's commitment to the development of scientific knowledge about mental retardation, prevention and amelioration of handicapping conditions in the fetus and newborn, and creation of caring institutions and responsible families.

Little Babies Born Too Soon, Born Too Small

General public

Pamphlet Length: 20 pp. Date: 1977

Single copy free

(NIH) 77-1079
Public Inquiries
National Institute of Child Health and Human Development - NIH

Building 31, 2A-34
Bethesda, Maryland 20205

Explains health problems that low-birth-weight babies can have, preventive measures mothers and physicians can take, and research now underway.

Making Healthy Decisions For Ourselves and Future Babies, Volume I: Important Considerations for Consumers

Janet Gauntner, M.A. and Karen Heiser, Ph.D.

Professionals for use with general public.

Workshop Length: 1 hour Date: 1986

Write for charges

Ohio State University
The Nisonger Center
434 McCampbell Hall
1580 Cannon Drive
Columbus, Ohio 43210

These materials identify key information which adults in childbearing years need to optimize the likelihood of having healthy babies. Major emphasis is placed on information critical during pregnancy and the first years of life. Activities particularly appropriate for adult audiences are suggested, and fact sheets for persons with limited reading skills also are included. Professionals from a variety of health, education, medical, and social service backgrounds have effectively used these materials with a wide range of audiences.

Making Healthy Decisions For Ourselves and Future Babies, Volume II: Prevention Choices: Teens Choosing to Make a Difference

Judy Geunther, M.S., Janet Gauntner, M.A., and Karen Heiser, Ph.D.

Teachers for use with teens

Workshop Length: 1 hour Date: 1986

Write for charges

Ohio State University
The Nisonger Center
434 McCampbell Hall
Columbus, Ohio 43210

These prevention materials were developed specifically for educators working with teen audiences, and are designed to be utilized in schools and youth clubs. Divided by major topic areas, e.g., alcohol, nutrition, they outline key facts about each area, describe learning activities relevant to teens, and relate this information to the prevention of developmental disabilities. In this format, therefore, topics can be presented as a comprehensive unit on prevention, or they can be integrated into existing health, home economics, social sciences, science, language arts, or drama classes. All materials are written so that they can be utilized by an educator without special training in developmental disabilities.

•Maternal-Child Health Care for the Young and the Poor

Professionals

Pamphlet Length: 96 pp. Date: 1983

$4.50/copy

International Childbirth Education Association

Reviews problems and possibilities for the 1980s with detailed programs for family planning, prenatal care, nutrition education and more.

Mental Retardation/Developmental Disabilities Prevention

Film/slides Length: Date:

Write for charges

Lisa Poe, Assistant Director
Office of Prevention and Information Services
Dept. of Mental Health/Mental Retardation
P.O. Box 1797
Richmond,VA 23214

Audiovisual resource materials for loan or obtainable through contact with the distributor.

Mental Retardation: Prevention Strategies That Work

Professionals

Booklet Length: Date: 1980

Write for charges

Superintendent of Documents
U.S. Government Printing Office

President's Committee on Mental Retardation report to President Reagan, to serve as an aid to promotion of national, state and local activity to reduce the incidence of this handicapping condition.

An Ounce of Prevention

General Public

Slide/tape Length: 25 min. Date: 1977

Write for charges

Wisconsin Human Services Information Center
317 Knutson Drive
Madison, Wisconsin 53704
(608) 266-1164

Discusses some of the major causes of developmental disabilities, and the preventive measures that can be taken by all individuals.

Preventable Causes of Mental Retardation in the Newborn Period

General public

Pamphlet Length: Date:

Write for charges

Child Development Center
593 Eddy Street
Providence, Rhode Island 02902

Categories of problems that arise either during or shortly after birth.

•Preventive Child Health Care

Professional

Chart Length: 4 pp. Date:

Write for charges

Dr. John S. O'Shea, Director
Division of Ambulatory Pediatrics
Brown University
Rhode Island Hospital
Providence, Rhode Island 02902

This is a very simple chart mapping out general Developmental Landmarks (adopted from the Denver Developmental Screening Test), suggested Discussion questions, Test Procedures, and Immunizations according to age, ranging from 1 month through twelve years to adulthood.

Pregnancy and Perinatology

Professionals and general public

Pamphlet Length: 40 pp. Date: 1981

Single copy free

(NIH) 81-2347
Public Inquiries
National Institute of Child Health and Human Development
NIH
Bldg. 31, 2A-34
Bethesda, Maryland 20892

Describes the research programs of the National Institute of Child Health and Human Development in the areas of pregnancy and perinatology, premature labor and birth, disorders of the newborn, and sudden infant death syndrome.

Pre-Term Babies

Parents

Pamphlet Length: 14 pp. Date: 1980

$2

GPO Stock No. 017-024-01014-6
U.S. Government Printing Office

Discusses the mental health issues often associated with premature birth, particularly the stresses experienced by parents whose infants have medical problems. Offers tips on calming infants and explores the importance of early parent/child interaction. Part of the Caring About Kids series.

293

•Preventing Developmental Disabilities

Professionals

Pamphlet Length: Date: 11/83

Write for charges

Wisconsin Council on Developmental Disabilities
Prevention Task Force
Waisman Center
1500 Highland Avenue
Madison, Wisconsin 53705

Findings and recommendations of the Task Force as a starting point in improving efforts in Wisconsin to prevent developmental disabilities.

•Preventing Developmental Disabilities in Maine: Recommendations for Action

Professionals

Report Length: Date: 10/83

Write for charges

Medical Care Development, Inc.
11 Parkwood Drive
Augusta, Maine 04330

A report to help the Maine Planning and Advisory Council on Developmental Disabilities determine the types of programs which can most effectively reduce the incidence of developmental disabilities in Maine.

•Preventing Developmental Disabilities

Professionals

Pamphlet Length: Date: 11/83

Write for charges

Wisconsin Council on Developmental Disabilities Prevention Task Force
Waisman Center
1500 Highland Avenue
Madison, Wisconsin 53705

Findings and recommendations of the Task Force, as a starting point in improving efforts in Wisconsin to prevent developmental disabilities.

•Prevention of Mental Retardation: The North Carolina Story

Harris R. Chamberlin, M.D.

Professionals

Videotape or manuscript Length: 38 pp.(manuscript) Date: 1982

Write for charges

Media Coordinator
Division for Disorders of Development and Learning
University of North Carolina at Chapel Hill
Biological Sciences Research Center 220H
Chapel Hill, North Carolina 27514

A review of prevention activities in the state of North Carolina, presented in Atlanta in September, 1982.

Prevention Strategies for Developmental Disabilities: A Multidisciplinary Approach

Bonnie M. Hedrick, B.S., M. Ed., (Ed.)

Health and human service professionals

Workshop curriculum Length: 6 3-hour workshops Date: 1985

$65 per workshop module

University Affiliated Cincinnati Center for Developmental Disorders
Room 3-79
Elland and Bethesda Avenues
Cincinnati, Ohio 45229

This curriculum is a set of six workshop modules on prevention of develop- mental disabilities (DD) is designed to provide continuing education to health and human service professionals. The materials increase partici- pant awareness of prenatal causes of DD, such as genetic, health and lifestyle related factors; postnatal causes, such as child abuse, infec- tions and lead poisoning; and prevention strategies which address these causes. Professionals are recruited from a variety of disciplines and encouraged to incorporate simple DD prevention strategies into their routine tasks, in an attempt to achieve a comprehensive approach to DD prevention. In doing so, professionals are in a position to identify and refer high-risk clients for in-depth assessment, and to convey DD preven- tion principles to their clientele.

•Recommendations for Revisions to Chapter 393, F.S. "The Retardation Prevention and Community Services Act"

Professional

Booklet Length: Date:

Write for charges

Florida Developmental Disabilities Planning Council

Study conducted to determine how the rights of persons with developmental disabilities were being maintained since the passage of the act in 1977. Study contains recommendations for statutory revisions and recommendations regarding the related administrative rules.

Report from the Conference on the Prevention of Developmental Disabilities

M. Bi Denedetto, ed.

Professionals

Monograph Length: 43 pp. Date: 1979

$3.00

The Ohio State University
Nisonger Center

This monograph contains five papers and a summary of a panel discussion presented at the conference on the Prevention of Developmental Disabilities held on June 19, 1979 at the Nisonger Center. The monograph reflects the focus of the conference which involved medical, behavioral, and administrative issues in the area of prevention. Three major topics are explored: screening, diagnosis, and counseling; early intervention and prevention; and interagency cooperation.

A Statement on the Scope of Maternal and Child Health Nursing Practice

Professionals

Pamphlet Length: 12 pp. Date: 1980

$1.50/copy

Publication Number: MCH-10
American Nurses Association, Incorporated

Statement by the American Nurses Association - Division on Maternal and Child Health Nursing Practice describing this area of nursing practice and the types of practitioners in it.

A Statement on the Scope of High-Risk Perinatal Nursing Practice

Professionals

Pamphlet Length: 6 pp. Date: 1980

$1.50/copy

Publication Number: MCH-12
American Nurses Association, Incorporated

The American Nurses Association Council of High-Risk Perinatal Nurses defines the role, characteristics, essential knowledge, skills, and professional responsibilities of today's high-risk perinatal nurse.

Status of the Fetus and Newborn

Professionals

Pamphlet Length: Date: 4/73

Write for charges

Ross Laboratories
Columbus, Ohio 43216

A report of the second Ross Conference on Obstetric Research. Discusses pre and postnatal laboratory tests. Useful in assessing the state of development of welfare of the fetus and newborn.

Surgeon General's Workshop on Maternal and Infant Health

Professionals and general public

Pamphlet Length: 55 pp. Date: 1981

Single copy free

Publication Number: (PHS) 81-50161
National Maternal and Child Health Clearinghouse

Contains proceedings of the findings and recommendations of the Surgeon General's Workshop held in December, 1980. Focuses on improvement of delivery to the underserved, expansion of health promotion and prevention services, and development of knowledge in maternal and infant health.

Twenty-five Years of Birth Defects Prevention

General public

Pamphlet Length: Date: 1983

Free

March of Dimes Birth Defects Foundation
Supply Division

Discussion of some of the successes in the fight against birth defects.

Tomorrow's Children

General public

Pamphlet Length: Date: 9/81

21¢/copy

Tennessee Children's Services Commission
306 Capitol Boulevard Building
Nashville, Tennessee 37219

To inform the general public of the need for mental retardation prevention, and outline the policy stance on mental retardation prevention in Tennessee.

Abstracts for Nurse Educators in Alcohol Abuse and Alcoholism

Professionals

Booklet Length: 12 pp. Date:

RP 0343
National Clearinghouse for Alcohol Information

Listing of resources which have particular relevance to the most important aspects of nursing and alcoholism.

Alcohol and the Unborn - The Fetal Alcohol Syndrome

Professionals and the general public

Packet Length: Date:

Write for charges

Fetal Alcohol Syndrome Project
1323 Winewood Boulevard
Tallahassee, Florida 32301

Educational materials available.

EARLY IDENTIFICATION AND INTERVENTION

JOURNALS AND NEWSLETTERS RELATED TO EARLY IDENTIFICATION AND INTERVENTION

American Journal of Orthopsychiatry:

American Orthopsychiatric Association, 1775 Broadway, New York Published quarterly, January, April, July, October, Rates $20.00 per volume; single issues $5.50.

The Journal is dedicated to informing public policy, professional practice and knowledge production relating to mental health and human development from a multidisciplinary and intraprofessional perspective.

CDF. Washington, D.C.: Children's Defense Fund, P. O. Box 7584, 20044.

Published monthly, Subscription - Organizations, $30.00
Individuals, $15.00

Provides monthly information concerning national, state and local policy developments spanning a range of children's issues, including education, child welfare, child care, child health, housing descrimination of juvenile justice.

Children Today. Washington, D.C.: U.S. Govt. Printing Office, 20402.

Published bi-monthly, Subscription $8.00 annually, $2.00 per issue.

A publication of the Children's Bureau, Administration for Children, Youth and Families, Office of Human Development Services. Covers a wide range of topics related to all aspects affecting children, youth and families, written by leading experts. For general and professional audiences.

Counterpoint

3705 South George Mason Drive
Suite C-4
Falls Church, VA 22041
(703) 931-4432
Published May-November $9.00 annually, Newspaper format, Brief overview of projects, programs, issues, trends and problems in Education, Special Education Rehabilitation, and personal preparation.

Exceptional Children. Reston, VA: The Council for Exceptional Children, 1920 Association Drive, Reston, VA 22091.

Published six times a year, Subscription for non-members - $25.00

The journal addresses all aspects of special education and related services to children with special needs. Regularly includes overviews of major policy issues.

The Exceptional Parent. Boston: Psy-Ed Corporation, 20 Providence Street, Room 700 Statler Office Bldg., 02116.

Published bi-monthly.

Intended to meet the needs of parents with children with handicaps. Articles of practical advice and support. Professionals may wish to recommend this to parents of children with developmental disabilities. NOTE: For listings of other journals suitable for parents, see Moore and Martin, A Reader's Guide.

Infant Mental Health Journal. New York: Human Sciences Press, Inc., 72 Fifth Avenue, 10011. (212) 243-6000.

Published quarterly, Subscription - $18.00, institutional rate - $35.00.

This journal is dedicated to an interdisciplinary approach to the optimal development of infants. Articles include original research, practical programs as well as review articles. Periodically, issues are single topics, in-depth looks at specific subjects.

Journal of School Health. Kent, OH: American School Health Association, 1521 S. Water Street, P.O. Box 708, 44240.

Published monthly except June/July, single copies - $3.00 - $30.00 annually.

A range of school health issues including health education, role of health personnel in schools. Especially helpful to school nurses as a source of practical information, resources, meetings and innovative programs and ideas.

MCN. The American Journal of Maternal Child Nursing, New York: The American Journal of Nursing Co., 555 W. 57th Street, 10019.

Published bi-monthly, Subscription - 1 yr. $15.00, 2 yr. $25.00.

Designed to serve the maternal child health nurse, including many articles of interest and value to other professionals working with infants and young children, as well as families of child-bearing age. Articles are comprehensive with emphasis on parent education and participation as well as cooperation with allied professionals.

Topics on Early Childhood Special Education. Gaithersberg, MD: ASPM Septimus Corp., 16792 Oakmore Avenue, 20877.

Published quarterly, Subscription - $38.00

Goal of this publication is to provide a forum to communicate changes in theory, research, programming and methodology on aspects of early childhood special education. Each issue is devoted to one topic.

Totline
939 Storrs Road RR
Storrs, CT 06268

Editor: Pamela L. Roberts

Published quarterly by the Pediatric Section of the American Physical Therapy Association. Subscription for non-members is $25.00 annually.

Totline covers a broad range of topics related to pediatric physical therapy. Comprehensive updates on legislation and policy issues. Highlights regional resources, innovative programs, reviews of specific conditions (i.e. muscular dystrophy) or techniques or research. Notices about regional workshops, bibliographies and audio-visual materials.

Word From Washington. Washington: Chester Arthur Bldg., 425 I Street, NW, Suite 141, 20001.

Published monthly. Subscription - $50.00
(Free Sample copy available)

Newsletter published jointly by the United Cerebral Palsy Association, The Epilepsy Foundation of America and The National Society for Autistic Children. (Federal developments affecting the handicapped in general and the developmentally disabled in particular). Approximately 20 pages each issue, filled with concise information on appropriations, regulations, performance reports, congressional briefs, agencies, grant announcement and publications.

Young Children. Washington, D.C.: The National Association for the Education of Young Children (NAEYC), 1834 Connecticut Avenue, 20009.

Published bi-monthly, Subscription/membership - $12.00.

Excellent book reviews, spotlights current projects theory and research in early childhood as well as practical articles.

Zero to Three. Washington, D.C.: National Confer for Clinical Infant Programs, 815 15th Street NW, Suite 600, 20005.

Published 4-6 times per year, Subscription - $10.00.

The National Center for Clinical Infant Programs is a private, nonprofit corporation, established in 1977 by lay and professional representatives in the fields of mental health, pediatrics and child development in order to improve and support initiatives in infant mental health and development. In addition to articles, there are case reports, notices of forthcoming conferences, reviews of recent publications and descriptions of innovative and exemplary programs.

JOURNALS - SPECIAL ISSUES

Children Today, "The Earliest Years," Vol. 10, No. 4 (July-August, 1981), 45 pp.

This special issue is designed to enhance the knowledge of all who care for and work with very young children and their families. It was prepared in consultation with a distinguished group of leaders in the field of infant and child health. Includes ten pertinent articles, such as:

"Newborn and Behaviorial Assessment, Research, Prediction and Clinical Uses" by T. Berry Brazelton and Stephen Parker.

"At Risk: The Developing Infant" by Daniel Kessler and Eli Newsberger.

"Preventive Intervention With Infants in Multi-Risk Factor Families" by Robert Nover, D. W. Williams and D. B. Ward.

"Obstacles to Early Assessment and Treatment of Infants" by S. Provence and A. J. Solnit.

Above special issue is available from U.S. Printing Office, Washington, D.C. 20402. HHS Pub. No. (CHDS) 81-30014, Cost - $2.00.

BIBLIOGRAPHIES
RESOURCE DIRECTORIES

An Annotated Reference List on Alcohol and Substance Abuse for Medical Educators

Medical educators

Booklet	Length: 14 pp.	Date: 1980

RPO 306
National Clearinghouse for Alcohol Information

Broken down into subjects such as Handbooks, Symposia, and General Works, etc. Pepared by Project Cork at Dartmouth Medical School.

Audiovisual Resources in Food and Nutrition, 1970-1978

Book	Length: 232 pp.	Date: 1979

$18 plus 95¢ postage

Oryz Press
2214 North Central at Encanto
Phoenix, Arizona 85004
(602) 254-6156

Bibliography of Health-Related Materials in English, Vietnamese, Laotian, and Cambodian

Professionals, general public

Bibliography	Length: 14 pp.	Date:

Free

The Ohio Department of Health
Refugee Health Program

A listing of translated materials in the Indochinese languages. Each item is number coded with a brief description and information on the available languages. The subject areas include immunization, tuberculosis, family planning, pre and post-natal care, nutrition, child and home safety, and mental health. Many of the translated materials were developed by agencies working with refugees, some were translated from existing materials, and others were developed and translated by the Refugee Health Program staff. An Ethiopian staff member is available to translate materials into the Ethopian national language.

Please order after October 1, 1986.

Bibliography of Prevention Materials and Community-based Services

Carolyn Pardue

Professional

Bibliography Length: Date: 1982

Write for charges

Florida Development Disabilities Planning Council

Listings represent a sampling of available materials in the areas of causation/prevention of developmental disabilities and community-based services for persons with developmental disabilities.

Bibliography on Fetal Alcohol Syndrome and Related Issues 2nd Edition

Professionals

Bibliography Length: Date:

The bibliography on Fetal Alcohol Syndrome presents 312 unannotated journal articles for use by professionals working with American Indian people, and is designed to serve as a vital source of knowledge on alcohol and child health. The bibliography is intended to list articles on Fetal Alcohol Syndrome and humans, and only highlight a minimal number of effects of alcohol on experimental animals. The literature, from 1967 to 1980, includes topics such as the effects of alcohol on the fetus: alcoholism during pregnancy; smoking and drug addiction related to an infant's health; cases and history of Fetal Alcohol Syndrome; infants of alcoholic mothers; clinical perspectives on the fetal alcohol syndrome; infants of drug addicted mothers; characteristics of the mental development of children of alcoholic mothers; effects of maternal alcohol, nicotine, and caffeine use during pregnancy on infant mental and motor development; psychologic handicaps in children with Fetal Alcohol Syndrome; and IQ in children of recovered alcoholic mothers. The bibliography also includes citations on experimental animals with Fetal Alcohol Syndrome.

Birth Defects International Directory of Genetic Services

Professionals

Pamphlet Length: Date:

$2

50-1
March of Dimes Birth Defects Foundation
Professional Education Department

Lists general counseling centers throughout the world, and the services offered at each center. 7th edition.

Catalog of National Center on Child Abuse and Neglect Publications

Professionals and general public

Catalog Length: Date: 2/83

Write for charges

National Center on Child Abuse and Neglect
Department of Health and Human Services

Bibliography information and brief annotations for each publication currently available; categorized according to general purpose and use.

Catalog of Public Health Education Materials

Pamphlet Length: Date: 1986

Free

March of Dimes Birth Defects Foundation
Public Health Department

Publications and audiovisuals designed specifically for those involved in prenatal care.

Catalog of Publications of the National Center for Health Statistics 1978-82

Professionals and general public

Catalog Length: Date: 7/83

Write for charges

National Center for Health Statistics
3700 East-West Highway, Room 1-57
Hyattsville, Maryland 20782

Listing of reports from the National Center for Health Statistics divided into 2 parts. Part 1 presents listing of reports; part 2 is index to selected health topics covered in the reports.

Comprehensive Bibliography on Pregnancy and Work

Professional and public

Book Length: 130 pp. Date: 1978

$6/copy

GPO Stock Number: 017-033-00288-6
U.S. Government Printing Office

Unannotated bibliography of English and foreign language articles on the influence of the work and home environment on the health of mother and fetus.

Curriculum Resources for Medical Education in Alcohol and Drug Abuse

Professionals

Pamphlet Length: Date:

MS 226
National Clearinghouse for Alcohol Information

Useful to the medical educator in alcohol and drug abuse.

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Developmental Disabilities

Professional

Pamphlet Length: Date: 1986

Write for charges

Florida Developmental Disabilities Planning Council

Listing of a compilation of materials funded by the FDDPC during 1980-86. Materials include pamphlets, public service announcements, resource guides, and special studies.

Directory of National, Federal and Local Sickle Cell Disease Programs

Professionals and general public

Pamphlet Length: 39 pp. Date: 1981

Single copy free

(NIH) 81-714
Public Inquiries
National Heart, Lung, and Blood Institute
NIH
Bldg. 31, 4A-25
Bethesda, Maryland 20892

Lists comprehensive sickle cell centers, sickle cell screening and education clinics, national centers for family planning services, VA hospitals, State health departments, and public private organizations.

Directory of National Information Sources on Handicapping Conditions and Related Services

Professional and public

Book Length: 263 pp. Date: 1982

$8/copy

Publication # E-82-22007
GPO Stock # 065-00000142-0
U.S. Government Printing Office

Documents information on national resources for handicapped persons and those individuals working on their behalf.

Directory of Services in Greater Cincinnati for Mentally, Physically, Emotionally and/or Learning Disabled Persons

Professionals and general public

Directory	Length:	Date:

Write for charges

National Association
Mothers of Special Children
P.O. Box 42077
Cincinnati, Ohio 45242

Organizations, services, information, support groups and agencies involved. Useful tool for those who counsel and work with the handicapped and their families.

1983 Directory of United States Poison Control Centers and Services

Professionals and general public

Booklet	Length:	Date: 1983

Write for charges

U.S. Department of Health and Human Services
Food and Drug Administration
Office of Drugs
Poisoning Surveillance and Epidemiology Branch
5600 Fishers Lane
Rockville, MD 20857

Location and telephone numbers of poison control centers and poison control coordinators, listed in alphabetical order of city or town within state.

311

Educational Resources for Medical Students and Pediatric Residents in Child Development Handicapping Conditions

Professionals

audiovisual materials and unpublished curricula	Length:	Date: 1980

Write for charges

The Pediatric Education Project
The Ohio State University
The Nisonger Center

Audiovisual materials and unpublished curricula prepared by The Pediatric Education Project.

Federal and Non-Federal Resources for Nutritional Information and Services - A Selected List

Professional

Pamphlet	Length: 81 pp.	Date: 1979

Single copy free

Publication No. (OM) 79-20004
National Maternal and Child Health Clearinghouse

Contains a list of available Federal and non-Federal resources designed to improve the environmental and nutritional status of individuals served by primary health care centers.

Fetal Alcohol Effects: A Selected Bibliography

Professionals

Article	Length:	Date:

RPO 328
National Clearinghouse for Alcohol Information

Annotated bibliography with key selections from published research on the teratogenic effects of alcohol.

Food and Nutrition Bibliography

Professionals and general public

Bibliography	Length: 345 pp.	Date: annual

$18 plus 95¢ postage

Oryx Press
2215 North Central at Encanto
Phoenix, Arizona 85004
(602) 254-6156

An annotated list of the print materials in the FNIC collection. Each edition covers 9 years of acquisitions.

Food and Nutrition Inventory (FANI)

Professionals and general public

Inventory	Length:	Date:

Free

National Agricultural Library
5th Floor
Beltsville, Maryland 20705
(301) 344-3709

An inventory of all Federal food, nutrition, and agriculture programs. Compiled as a prototype in 1979, the initial inventory contained information on 359 programs, including legislative authority, program function, intended users or beneficiaries, budget authority, outlays, program level and responsible Congressional subcommittees. Since 1979, the file has been updated for each appropriations cycle to include current program information and new programs.

Food and Nutrition Microfiche Program

Microfiche Length: Date:

Write for charges

Microfilming Corporation of America
1620 Hawkins Ave.
P.O. Box 10
Sanford, North Carolina 27330
(919) 775-3451

934 documents on 1500 fiche, updated annually. Includes noncopyrighted materials from the FNIC collection: surveys, reports, research findings, and educational materials. Noncopyrighted materials developed through WIC and NET funding will be available in separate updates.

A Guide to Selected National Genetic Voluntary Organizations

Directory Length: Date:

$5

G50
National Center for Education in Maternal and Child Health

Health Education Database: A Sub-File of the Combined Health Information Database (CHID)

Professionals

Computerized index Length: Date:

Write for charges

Bibliographic Retrieval Service (BRS)
1200 Route 7
Latham, New York 12110-1061

Healthy Mothers Coalition Directory of Educational Materials

Book Length: Date: 1986

Single copy free

Executive Secretariat
600 Maryland Ave., S.W., Suite 300 E
Washington, D.C. 20024

This collection of educational materials is aimed at facilitating the dissemination of existing materials to pregnant women, their families, and the professionals who work with them. The collection does not include materials produced by commercial sources or publishers.

Healthy Mothers, Healthy Babies: A Collection of Prenatal and Infant Care Publications and Films Produced by the Public Health Service

General public and professional

Pamphlet Length: 12 pp. Date: 1981

Single copy free

(PHS) 81-50175
National Maternal and Child Health Clearinghouse

and

The National Health Information Clearinghouse

Contains a list of educational materials from the Public Health Service on perinatal health care.

Illinois Guide to Maternal and Child Health Services

Professional and general public

Booklet Length: 60 pp. Date: 1986

Available to Illinois residents

Illinois Public Health Association
428 West Jefferson Street
Springfield, Illinois 62702
(217) 522-5687

Designed as a guide to Maternal and Child Health Services available for the people in the community, this directory is a result of a survey conducted by the Illinois Public Health Association under a contract from the Governor's Planning Council on Developmental Disabilities and is divided into the following regions:

- West Central
- Southwestern
- Southern
- Northwestern
- North Central
- Northeastern
- East Central
- Chicago/Cook County

ICEA Cesarean Birth Committee Selected Bibliography and Resource Guide

General public

Pamphlet Length: 6 pp. Date:

50¢/copy

International Childbirth Education Association

Listing of current publications on various aspects of cesarean birth.

Infant Stimulation Education Association

Professionals and general public

Information packet Length: Date:

Write for charges

Director
UCLA Medical Center
Factor 5-942
Los Angeles, California 90024

Materials available through the Association, and items that pertain to the goals of the Association.

The Joseph P. Kennedy, Jr. Foundation Affiliated Centers

Professionals, general public

Information sheet Length: 1 p. Date:

Write for charges

The Joseph P. Kennedy, Jr. Foundation
1701 K Street, NW, Suite 205
Washington, D.C. 20006

Complete listing including phone numbers of affiliated centers in the United States of this foundation.

Maternal and Child Health Technical Information Series

Professionals and general public

Publication Length: Date: 7/83

Write for charges

U.S. Department of Health and Human Services
Public Health Service
Health Resources and Services Administration
Bureau of Health Care Delivery and Assistance
Division of Maternal and Child Health
Rockville, Maryland 29857

An administrative publication with items of interest and listing of new publications on maternal and child health.

Media Resource Catalog

Health care professionals

Pamphlet Length: Date: 1986

Free

National Audiovisual Center
National Archives and Records Service
General Services Administration Order Section
Washington, D.C. 20409

Audiovisuals produced by national organizations, including those dedicated to health care research, which will broaden understanding of health care delivery and enhance patient care skills.

A National Directory of Residential, Education and Training Facilities Serving Hearing Impaired Developmentally Disabled Persons

Professionals

Directory Length: Date: 9/78

Write for charges

Model Demonstration Program
The Rehabilitation Center
University of Arizona
Tucson, Arizona 85721

Compilation of results of survey of more than 745 residential facilities and schools throughout the United States.

A National List of Voluntary Organizations in Medical Genetics and Maternal and Child Health

Professional

Resource Directory Length: Date:

Write for charges

National Center for Education in Maternal and Child Health

Nutrition Education Resource Guide: An Annotated Bibliography of Educational Materials for the WIC and CSF Programs

Professionals

Book	Length: 146 pp.	Date: 1982

$6. Single copy free to WIC and CSF Program Administrators.
Purchase copies using GPO Stock #.

Food and Nutrition Information Center
NAL Building
Beltsville, Maryland 20705

GPO Stock #001-000-04307-2
U.S. Government Printing Office

Nutrition Publications for Consumers: A Selected Annotated Bibliography

Professional

Pamphlet	Length: 22 pp.	Date: 1983

Single copy free

National Health Information Clearinghouse

Contains descriptions of over three dozen nutrition publications for consumers.

Ohio Services Directory: A Guide to Preventive Health and Intervention Services for Persons at Risk or with Developmental Disabilities and Their Families

Professionals

Book Length: ca 220 pp. Date: 1985

$7.50 each plus shipping

Publications Department
O.S.U. Nisonger Center
424 McCampbell Hall
1580 Cannon Drive
Columbus, Ohio 43210

These directories are arranged by county into the five Ohio Cooperative Extension Service Districts. Each directory is organized into major topical areas such as information and referral, prenatal health care, other medical services, transportation, financial assistance, housing, professional and volunteer services, food and nutrition services, family support, advocacy and legal services, and educational and vocational programs. They are suggested for use by professionals in a position to recommend services to families with preventive health care needs and/or health/developmental concerns which require specialized assistance. The counties included in each district are listed below.

East District - Belmont, Carroll, Coshocton, Fairfield, Guernsey, Harrison, Jefferson, Knox, Licking, Monroe, Morgan, Muskingum, Noble, Perry, Washington, Tuscarawas.

Northeast District - Ashland, Ashtabula, Columbiana, Cuyahoga, Erie, Geauga, Holmes, Huron, Lake, Lorain, Mahoning, Medina, Portage, Richland, Summit, Stark, Trumbull, Wayne.

Northwest District - Allen, Crawford, Defiance, Fulton, Hancock, Hardin, Henry, Lucas, Marion, Morrow, Ottawa, Paulding, Putnam, Sandusky, Seneca, Van Wert, Williams, Wyandot.

South District - Adams, Athens, Brown, Clinton, Fayette, Gallia, Highland, Hocking, Jackson, Lawrence, Meigs, Pickaway, Pike, Ross, Scioto, Vinton.

Southwest District - Auglaize, Butler, Champaign, Clark, Clermont, Darke, Delaware, Franklin, Greene, Hamilton, Logan, Madison, Mercer, Miami, Montgomery, Preble, Shelby, Union, Warren.

Parenting: An Annotated Bibliography

Professional and general public

Pamphlet Length: 34 pp. Date: 1981

Single copy free

National Center on Child Abuse and Neglect

Contains descriptions and bibliographic information for several dozen books on various aspects of parenting and parent education. Specific topics covered include parenting for teenagers and single parents, working mothers, discipline, and behavior modification.

Perinatal Resource Directory

Professionals and general public

Booklet Length: Date: 1985

Perinatal Outreach Team
Newborn Division of Pediatrics
College of Medicine, Room 6153
University of Cincinnati
231 Bethesda Avenue
Cincinnati, Ohio 45267

Designed to assist both consumers and health professionals in obtaining information and coordinating services to families through pregnancy and the infant's first year of life.

Pregnancy and Diabetes

Professionals and general public

Bibliography Length: Date: 10/80

National Diabetes Information Clearinghouse

Available journals, etc. on pregnancy and diabetes as an information resource for health care providers, health educators, patients and their families, and the public.

Premature Infants - A Selected List of Lay Materials

Adults

Pamphlet Length: 4 pp. Date: 1983

Single copy free

National Maternal and Child Health Clearinghouse

Lists public education resources available on premature infants and prematurity. Includes list of pamphlets, books, journal articles, and voluntary organizations.

Prenatal Diagnosis and Genetic Counseling: A Selected List of Lay Materials

Adult

Pamphlet Length: 9 pp. Date: 1981

Single copy free

National Maternal and Child Health Clearinghouse

Contains a list of public and patient education materials on prenatal diagnosis and genetic counseling. Lists both printed and non-printed (audiovisual) materials.

Prenatal Diagnosis and Genetic Counseling: A Selected List of Professional Materials

Professionals

Pamphlet Length: 20 pp. Date: 1981

Single copy free

National Maternal and Child Health Clearinghouse

Contains a list of professional education materials on prenatal diagnosis and genetic counseling. Lists both printed and non-printed materials.

Professional Education Catalog

Pamphlet	Length:	Date: 1986

Free

March of Dimes Birth Defects Foundation
Professional Education Department

Publications and audiovisuals - perinatal, birth defects, nursing staff development programs.

Reaching Out: A Directory of Voluntary Organizations in Maternal and Child Health

Directory	Length:	Date:

$5

G30
National Center for Education in Maternal and Child Health

Reaching Out to the Pregnant Teenager

Health and food assistance professionals

Resource pkg., guide, posters	Length: 35 pp.	Date: 1981

Single copy free

Publication Number: Program Aid No. 1303
Nutrition and Technical Services Division
U.S. Department of Agriculture
Office of Public Information

A collection of resource materials coordinated through a joint public/private effort involving the U.S. Department of Agriculture, the U.S. Department of Health and Human Services, and the March of Dimes Birth Defects Foundation. Designed to assist health programs, food assistance programs, and other related programs in tailoring their nutrition education services to the special needs, interests, and lifestyles of pregnant teenagers.

A Selected, Annotated Resource Guide on Fetal Alcohol Effects

Professional

Pamphlet	Length: 16 pp.	Date: 1982

Single copy free

National Clearinghouse for Alcohol Information

Presents information on fetal alcohol effects in five media categories: print resources, pamphlets, films, posters, and fetal alcohol syndrome program contacts.

Sickle Cell: A Selected Resource Bibliography

Health professionals

Pamphlet	Length: 35 pp.	Date: 1983

Single copy free

National Maternal and Child Health Clearinghouse

Contains a selected bibliography which lists resources available nationwide, including genetic counseling and prenatal diagnosis.

Social and Psychological Aspects of Genetic Disorders: A Selected Bibliography

Professionals

Book	Length: 53 pp.	Date: 6/85

Single copy free

National Center for Education in Maternal and Child Health
3520 Prospect Street, N.W.
Washington, D.C. 20057
(202) 625-8400

A selected bibliography of both articles and books from the professional literature, and audiovisual materials produced by voluntary organizations and professional filmmakers.

Starting Early: A Guide to Federal Resources in Maternal and Child Health

Professionals and general public

Pamphlet	Length: 86 pp.	Date: 1984

Write for charges

National Maternal and Child Health Clearinghouse
38th and R Streets, NW
Washington, DC 20057

This guide is designed to simplify the search for federal resources in Maternal and Child Health.

State and Territorial Alcoholism Authorities and Program Directors

Professionals

Booklet	Length: 11 pp.	Date: 6/82

Write for charges

MS140
National Clearinghouse for Alcohol Information

Listing of state and territorial alcoholism authorities and program directors, intended as a communication aid.

Subject Area Bibliography on Alcohol and the Fetus

Professionals and general consumers

Booklet	Length:	Date:

No charge

National Clearinghouse for Alcohol Information

Divided into four sections: Human Studies; Animal Studies; Maternal Alcohol Infusion to Preventing Premature Birth; Related Reading.

A Summary of Existing Legislation Relating to the Handicapped - 1980

Professionals

Book Length: 156 pp. Date: 1980

Single copy free

Publication Number: (E)80-22014
Clearinghouse on the Handicapped

Summarizes legislation affecting handicapped people, with legislative histories of law affecting handicapped people.

Voluntary Organizations in Maternal and Child Health, a National List of:

Professionals and general public

Pamphlet Length: 64 pp. Date: 1985

Single copy free

Code No. G30
National Maternal and Child Health Clearinghouse
38th and R Streets, NW
Washington, DC 20057

A national listing of organizations which disseminate free information regarding genetic diseases. The listing is alphabetized by type of disorder.

Warning Signals: Can We Recognize a Potentially Abusive Parent Before a Baby is Born?

Professionals and general public

Information sheet Length: 1 p. Date: 4/82

Write for charges

Children's Protective Services
Ohio Department of Public Services
30 East Broad Street, 30th Floor
Columbus, OH 43215

List of characteristics of a potentially abusive parent.

What's New in Selected Federal Maternal and Child Health Information Centers

Directory Length: Date:

Free

#W06
National Center for Education in Maternal and Child Health

INFORMATION CLEARINGHOUSES

Clearinghouse on Child Abuse and Neglect Information
PLO Box 1182
Washington, DC 20013
301/251-5157

Answers inquiries from professionals and the public. Maintains a database of information on published documents, descriptions of ongoing research projects, descriptions of relevant audiovisual materials, and excerpts from current State laws on child abuse and neglect. Publishes directories of information in its database, reports on special topics, annual reviews of the current status of research projects and programs, and a catalog of Clearinghouse publications.

Consumer Product Safety Commission (CPSC)
Washington, DC 20207
800/638-CPSC

Publications describe common hazards associated with the use of consumer products and recommend ways to avoid these hazards. Information and publications on safety standards for cribs, toys, and other accessories for infants and children are available by calling the toll-free number.

Illinois Public Health Association
BIRTH-TO-THREE CLEARINGHOUSE
c/o GPCDD
840 South Spring Street
Springfield, IL 62706
(217) 785-1364 or (217) 782-8602

The clearinghouse, funded by the Governor's Planning Council on Developmental Disabilities, will be open Monday-Friday, 8-5, for use by anyone in the State of Illinois.

National Center for education in Maternal and Child Health
National Clearinghouse for Maternal and Child Health
38th and R Streets, N.W.
Washington, DC 20057
202/625-8400

Responds to requests for information about maternal and child health, including genetics. Publishes a variety of guides, directories, bibliographies, and newsletters. Maintains a resource center for educational materials available to the health professional.

National Center for Health Statistics (NCHS)
Scientific and Technical Information Branch
3700 East-West Highway
Hyattsville, MD20782
301/436-8500

Collects, analyzes, and disseminates data on health in the United States. Statistical information covers a wide range of health-related topics, including births, birth defects and congenital malformations, breastfeeding, infant mortality, infertility, maternal mortality, sudden infant death syndrome, unwanted and unplanned childbearing, and working mothers. Data from surveys are published in the Vital and Health Statistics Series. Other publications include:

> Advance Data from the Vital and Health Statistics Series - provides the means for early release of selected findings from the health and demographic surveys conducted by NCHS.
>
> Monthly Vital Statistics Report - contains data on births, marriages, divorces, and deaths by State and for the U.S.
>
> Facts at Your Fingertips: A Guide to Sources of Statistical Information on Major Health Topics

National Clearinghouse for Alcohol Information (NCALI)
Post Office Box 2345
Rockville, MD 20852
301/468-2600

Maintains a database of the alcohol literature; answers public and professional inquiries; publishes fact sheets, summaries of current literature and other reference materials, an Information and Feature Service, and a quarterly magazine, "Alcohol Health and Research World". Information includes materials for the public and professionals on the effects of alcohol on the fetus.

National Clearinghouse for Family Planning Information

Professionals

Pamphlet Length: Date:

Write for charges

U.S. Department of Health & Human Services, Public Health Service Health Services Adm., Bureau of Community Health Services, Offices for Family Planning.

Information available as a resource to provide comprehensive family planning services in a community.

National Clearinghouse for Family Planning Information
Post Office Box 2225
Rockville, MD 20852
301/251-5153

Promotes the exchange of family planning information among service providers, family planning consumers, and educators. Answers inquiries from the public and professionals, and publishes fact sheets, bibliographies, the Health Education Bulletin, the Information Services Bulletin, the Catalog of Family Planning Materials, and the Directory of Family Planning Grantees and Clinics.

National Health Information Clearinghouse (NHIC)
Post Office Box 1133
Washington, DC 20013
800/336-4797
703/522-2590 (in Virginia)

Serves as a central source of information and referral for health questions. Maintains a database containing descriptions of health-related organizations and programs throughout the country. Answers public and professional inquiries. Publishes a directory of health information resources, a series of topical resource guides, and other publications. Information includes descriptions of the major organizations in the maternal and child health field.

National Information Center for Handicapped Children and Youth
Post Office Box 1492
Washington, DC 20013
703/522-3332

Provides information on various disabilities, listings of parent organization throughout the country, and sources for additional local information. Answers inquiries and distributes a newsletter and other publications.

National Institute of Child Health and Human Development (NICHD)
Office of Research Reporting
9000 Rockville Pike, Room @A-32
Bethesda, MD 20892
301/496-5133

The Institute conducts basic and clinical research in maternal and child health and the population sciences. Answers inquiries from professionals on related topics such as sudden infant death syndrome, Down syndrome, studies on reproductive biology and contraception, mental retardation, and development disabilities. Also distributes popular and technical publications. Selected titles are listed under "National Institutes of Health" in the entry for the U. S. department of Health and Human Services.

National Institute on Drug Abuse: Publications for Parents

Parents

Pamphlet Length: 4 pp. Date: 1981

Single copy free

National Clearinghouse for Drug Abuse Information

Lists publications on drug abuse and prevention designed for parents.

National Maternal and Child Health Clearinghouse - Selected Publications Catalog

Health care professionals and general public

Catalog Length: 6 pp. Date: 4/86

Free

National Maternal and Child Health Clearinghouse
38th and R Streets, NW
Washington, CC 20057
202/625-8410

Office of Adolescent Pregnancy Programs
Public Health Service
U. S. Department of Health and Human Services
200 Independence Avenue, S.W.
Washington, DC 20201
202/472-9093

Funds grants to public and private nonprofit organizations and agencies which deliver comprehensive services to pregnant adolescents or serve as a linkage agent of these services. Answers public inquiries and publishes "Office of Adolescent Pregnancy Programs Information Bulletin".

Office on Smoking and Health (OSH)
Technical Information Center
Park Bldg., Room 1-10
5600 Fishers Lane
Rockville, MD 20857
301/433-1690

Answers inquiries from professionals and the public and maintains a database of scientific information. Publishes a variety of bibliographies and reports, including: a directory of ongoing research, an annual legislative report on State legislation regarding smoking and health, an annual bibliography on smoking and health, an annual report to Congress, and the "Smoking and Health Bulletin", a current awareness publication for published literature on all aspects of smoking and health, published 8 to 10 times per year. Technical information includes current research on the effects of smoking on birth weight, fetal growth, infant mortality, and breastfeeding.

Sudden Infant Death Syndrome Clearinghouse
8201 Greensboro Drive, Suite 600
McLean, VA 22101
703-821-8955

Answers inquiries from the public and professionals, maintains a database of current literature of sudden infant death syndrome (SIDS), and disseminates approximately 25 publications on various aspects of SIDS.

U.S. Pharmaceutical Convention, Inc (USP)
12601 Twinbrook Parkway
Rockville, MD 20852
301/881-0666

A non-profit, non-governmental organization responsible for establishing standards for the strength, quality, and purity of drugs. Every five years, USP publishes revised standards for drugs in The United States Pharmacopeia and The National Formulary. Publications for consumers include complete reference and abridged editions of About Your Medicines, containing detailed information on uses and effects - including during pregnancy - of commonly prescribed drugs. USP is also planning to publish a consumer's guide to drugs used in pregnancy and labor.

OHIO SPECIFIC TRAINING RESOURCES

State Departments

Ohio Department of MR/DD
30 East Broad Street
Columbus, OH 43215

Ohio Developmental Disabilities Planning Council
8 East Long Street, 6th Floor
Columbus, OH 43215
614-466-5205

Ohio Department of Health and Human Services
Division of Maternal and Child Health
246 North High Street, 6th Floor
Columbus, OH 43215
614-466-4716

Ohio Department of Highway Safety
P. O. Box 7167
Columbus, OH 43205

University Affiliated Facilities

University Affiliated Cincinnati Center
for Developmental Disorders
Elland and Bethesda Avenue
Cincinnati, OH 45229

The Nisonger Center
McCampbell Hall
1580 Canon Drive
Columbus, OH 43210-4205

Ohio's Level III Hospitals (6-85)

Cleveland Metropolitan General Hospital
3395 Scranton Road
Cleveland, OH 44109

University Hospitals of Cleveland
2074 Abington Road
Cleveland, OH 44106

Columbus Children's Hospital
700 Children's Drive
Columbus, OH 43205

University Hospital
410 West 10th Avenue
Columbus, OH 43210

Children's Medical Center
Elland and Bethesda Avenues
Cincinnati, OH 45229

Good Samaritan Hospital
3217 Clifton Avenue
Cincinnati, OH 45220

University Hospital - Cincinnati
234 Goodman Street
Cincinnati, OH 45267

Toledo Hospital
2142 North Cove Boulevard
Toledo, OH 43606

Children's Medical Center
One Children's Plaza
Dayton, OH 45404

Miami Valley Hospital
One Wyoming Street
Dayton, OH 45409

Akron City Hospital
525 East Market Street
Akron, OH 44309

Children's Medical Center
281 Locust Street
Akron, OH 44308

OHIO REGIONAL PERINATAL EDUCATION COORDINATORS

The following individuals can assist in establishing perinatal education programs:

REGION I - CINCINNATI

Judy Musial, RN
University of Cincinnati
College of Medicine, Room 6153
231 Bethesda Avenue
Cincinnati, OH 45267
513-872-5346

REGION II - DAYTON

Susanne Cooley, MPA
Children's Hospital Medical
Center
One Children's Plaza
Dayton, OH 45404
513-226-8300 Ext. 8620

REGION III - TOLEDO

Debbie Fritz, R.N.
Toledo Hospital
NW Ohio Regional Perinatal
Center
2142 North Cove Boulevard
Toledo, OH 43606
419-471-4646

REGION IV - COLUMBUS

Lynn Jacobson, MS
Doan Hall N-1118
410 West 10th Avenue
Columbus, OH 43210
614-421-8660

REGION V - CLEVELAND

Gael Jarrett, NW
Cleveland Regional Perinatal Network
2105 Adelbert Road
Cleveland, OH 44106
216-444-3391

REGION VI - AKRON

Position Vacant see
Elise Veremakis below
Akron Children's Medical Center
281 Locust Street
Akron, OH 44308
216-379-8349

Elise Veremakis, R.N.
Maternity Outreach Education
Coordinator
Akron City Hospital
525 East Market Street
Akron, OH 44309
216-375-3718

From: State Perinatal Guidelines, Ohio Department of Health, Division of Maternal and Child Health. Adopted October 1977.

OHIO SICKLE CELL PROJECTS

Model Neighborhood
Residents Association
1220 1/2 City Park
Toledo, Ohio 43602
419/255-0190

Neighborhood Church Clinic
428 Lincoln Park Circle
Springfield, Ohio 45505
513/325-0464

Drew Sickle Cell Center
1323 West Third Street
Dayton, Ohio 45407
513/223-4612

B. F. Lee Health Center
Brush Row Road
Wilberforce, Ohio 45384
513/372-8060

Cincinnati Sickle Cell Project
Children's Hospital Research
Foundation
Elland & Bethesda Avenues
Cincinnati, Ohio 45229
513/559-4266

United Health Foundation
128 Sheffield Center
Lorain, Ohio 44055
216/233-7206

American Sickle Cell Anemia
Association
2036 East 100th St.
Cleveland, Ohio 44106
216/229-8600

Sickle Cell Anemia
Foundation, Inc.
496 Glenwood Ave.
Youngstown, Ohio 44501
216/747-3561

Sickle Cell Association
of Jefferson County
217 Washington Street
Steubenville, Ohio 43592
614/282-1582

LEADS Sickle Cell Project
9 North Fifth Street
Newark, Ohio 43055
614/345-5449

ECCO Family Health Center
1166 East Main Street
Columbus, Ohio 43205
614/253-0861

OSCHA
1393 East Broad Street
Columbus, Ohio 43205
614/252-1090

Comprehensive Sickle Cell Clinic
Children's Hospital
700 Children's Drive
Columbus, Ohio 43205
614/461-2310

OHIO GENETIC CENTERS

Division of Genetics &
Cytogenetics
Department of Pediatrics
Medical College of Ohio
C.S. #10008
Toledo, Ohio 43699
419/381-3442

Rehabilitation Service of
North Central Ohio
Genetics Clinic
270 Sterkel Blvd.
Mansfield, Ohio 44907
419/756-1133

Children's Medical Center
Birth Defects & Medical
Genetics Clinic
One Children's Plaza
Dayton, Ohio 45404
513/226-8408

Regional Genetic Resource Center
Cincinnati Center for
Developmental Disorders
3300 Elland Avenue
Cincinnati, Ohio 45229
513/559-4691

Genetic Center
Case Western Reserve University
School of Medicine
2119 Abington Road
Cleveland, Ohio 44106
216/368-2744

Cleveland Metropolitan General
Hospital
Genetics Clinic
3395 Scranton Road
Cleveland, Ohio 44109
216/459-4271

The Children's Hospital Medical
Center of Akron Genetics Clinic
281 Locust Street
216/379-8574

Youngstown Hospital Association
Tod Babies & Children's Unit
Gypsy Lane & Goleta Avenue
Youngstown, Ohio 44501
216/747-1431

Genetics Clinic
Aultman Hospital
2600 Sixth Street, South West
Canton, Ohio 44710
216/452-9911

Center for Human Development
Parks Hall
Ohio University
Athens, Ohio 45701
614/594-5921

Genetic Center
Children's Hospital
Columbus, Ohio 43205
614/461-2663

OHIO MARCH OF DIMES OFFICES

Central

Nina Berkheiser
1500 W. 3rd Ave., Suite 303
Columbus, OH 43212
(614) 486-5243

East Ohio River

Polly J. Agresta
2700 Sunset Blvd., Suite 4
Steubenville, OH 43953
(614) 266-2118

Greater Cincinnati

Charlie Krig
5041 Oaklawn Drive
Cincinnati, OH 45227
(513) 396-7500

Miami Valley

Marie Slife
3898 Linden Ave., Suite 212
Dayton, OH 45432
(513) 254-6297

North Central

Carol Adams
1090 Lexington Avenue
Mansfield, OH 44907
(419) 756-9466

COORDINATOR OF CHAPTER SERVICES

Kathy Hayden
21 So. First Street, Suite 102
Newark, OH 43055
(614) 349-8238

Northeast

George Robinson
1449 W. 117th Street
Cleveland, OH 44107
(216) 228-7880

Scioto Valley

Sue Roberts
425 Chester Street, Rm 44
Chillicothe, OH 45601
(614) 775-7945

Northwest

Laura Lee Brunner
5151 Monroe St.
Suite 222
Toledo, OH 43623
(419) 882-8496

West Central

Betty Pierson
201 W. Elm Street
Lima, OH 45801
(419) 22-1686

Western Reserve

Pat Britt
3175 Belmont Ave.
Suite C
Youngstown, OH 44505
(216) 759-2411

AMERICAN LUNG ASSOCIATION OF OHIO

STATE OFFICE
1. AMERICAN LUNG ASSOCIATION OF OHIO
1700 Arlingate Lane
P.O. Box 16677
Columbus, OH 43216
(614) 279-1700

2. American Lung Association of Ohio
--North Central Branch
200 Newark Rd., P.O. Box 613
Mount Vernon, OH 43050
(614) 392-9366

3. American Lung Association of Ohio
--Summit County Branch
1772 State Rd., 2nd Floor
Cuyahoga Falls, Ohio 44223
(216) 923-7781

4. American Lung Association of Ohio
--Western Reserve Branch
125 E. Erie St.
Painesville, Ohio 44077
(216) 352-3988

5. American Lung Association of
Central Ohio
1700 Arlingate Lane
Columbus, OH 43228
(614) 276-4321

6. American Lung Association of Ohio
--East Central Branch
1036 Wheeling Avenue
P.O. Box 856
Cambridge, OH 43725
(614) 439-2252

7. American Lung Association of Ohio
--Eastern Branch, Westview Center
5208 Mahoning Ave., Suite 207
Youngstown, OH 44515
(216) 792-1215

8. American Lung Association of Ohio
--Western Branch
P.O. Box 870-1034 W. Market St.
Lima, Ohio 45802
(419) 224-8561

9. American Lung Association of
the Miami Valley
P.O. Box 902-266 Bellemonte
Park E.
Dayton, Ohio 45405
(513) 222-8391

10. American Lung Association of
Northern Ohio
4614 Prospect Ave., Room 307
Cleveland, Ohio 44103
(216) 361-8000

11. American Lung Association of
Northwestern Ohio
520 Madison Avenue, Suite 225
Toledo, OH 43604
(419) 255-2378

12. American Lung Association of
Ohio--South East Branch
P.O. Box 219
Athens, OH 45701
(614) 592-1080

13. American Lung Association of
Ohio--South Shore Branch
16 West Church
Milan, OH 44846
(419) 499-4651

14. American Lung Association of
Southwestern Ohio
2330 Victory Parkway
Cincinnati, Ohio 45206
(513) 751-3650

15. American Lung Association of
Stark-Wayne
1300 Christmas Seal Drive
Canton, Ohio 44709
(216) 456-8275

16. American Lung Association of
Ohio--West Central Branch
113 E. Church Street
Urbana, OH 43078
(513) 652-1109

PLANNED PARENTHOODS OF OHIO

PRENATAL SERVICES

(Akron)
Planned Parenthood of Summit,
Portage, and Medina Counties
39 East Market Street
Akron, Ohio 44308
No prenatal services

(Athens)
Planned Parenthood of Southeast Ohio
306 Security Building
8 North Court Street
Athens, Ohio 45701

(Canton)
Planned Parenthood of Stark County
626 Walnut Avenue, Northeast
Canton, Ohio 44702
No prenatal services on site

(Cincinnati)
Planned Parenthood Association of
Cincinnati, Inc.
2406 Auburn Avenue
Cincinnati, Ohio 45219
No prenatal services on site

(Cincinnati)
Planned Parenthood Association of
Cincinnati Price Hill Clinic
4406 Glenway Avenue
Cincinnati, Ohio 45202
No prenatal services

(Cincinnati)
Planned Parenthood Association of
Cincinnati Clermont Family Planning
and Prenatal Clinic
Route 125 and Will-O-Wee Road
Amelia, Ohio 45102
**Offers prenatal services through
maternal-child health clinic

(Cleveland)
Planned Parenthood of Greater Cleveland
Bulkley Building
1501 Euclid Avenue, Suite 300
Cleveland, Ohio 44115
No prenatal services on site

(Cleveland)
Planned Parenthood of Greater Cleveland
Lakewood Clinic
16208 Madison Avenue
Lakewood, Ohio 44107
No prenatal services

(Cleveland)
Planned Parenthood of Greater Cleveland
East Cleveland Clinic
1835 Forest Hills Boulevard
East Cleveland, Ohio 44112
No prenatal services

(Cleveland)
Planned Parenthood of Greater Cleveland
Bedford Clinic
19550 Rockside Road
Bedford, Ohio 44146
No prenatal services

(Dayton)
Planned Parenthood Association of
Miami Valley
224 N. Wilkinson Street
Dayton, Ohio 45402

(Hamilton)
Planned Parenthood Association of
Butler County, Inc.
11 Ludlow Street
Hamilton, Ohio 45011
Offers a prenatal clinic and prenatal services

(Hamilton)
Planned Parenthood Association of
Butler County, Inc.
Middletown Hospital
Middletown, Ohio 45042
**Offers prenatal services through maternal-child health clinic.

(Hamilton)
Planned Parenthood Association of
Butler County, Inc.
32 West Walnut Street
Oxford, Ohio 45056
No prenatal services

(Newark)
Planned Parenthood Association of East
Central Ohio
Newark Medical Center
843 North 21st Street
Newark, Ohio 43055

(Springfield)

Planned Parenthood of West Central Ohio
Arcue Building, 5th Floor
6 West High Street
Springfield, Ohio 45502

(Toledo)

Planned Parenthood of Northwest Ohio, Inc.
1302 Jeferson
Toledo, Ohio 43624

(Youngstown)

Planned Parenthood of Mahoning Valley, Inc.
77 East Midlothian Boulevard
Youngstown, Ohio 44507
Prenatal counseling and referral -- East Liverpool site offers a prenatal clinic.1

OHIO AAA CLUB HEADQUARTERS

1. Akron Auto Club
111 W. Center Street
Akron, Ohio 44308
(216) 762-0631

2. Alliance Auto Club
2322 S. Union Ave.
Alliance, OH 44601

3. Ashland Co. Auto Club.
502 Claremont Ave.
Ashland, OH 44805
(419) 289-8133

4. Barberton Auto Club.
139 E. Tuscarawas Ave.
Barberton, OH 44203
(216) 753-7779

5. Belmont Co. Auto Club
56160 National Rd.
Wolfhurst, OH 43912
(614) 635-2050

6. Crawford Co. Auto Club
314 S. Sandusky Ave.
Bucyns, OH 44820
(419) 562-9969

7. AAA of S. Central Ohio
83 W. Main St.
Chillicothe, OH 45601

8. Cincinnati Auto Club
15 W. Central Parkway
Cincinnati, OH 45202
(513) 762-3100

9. Ohio Motorists Assn.
6000 Marginal Rd.
Cleveland, OH 44103
(216) 361-6000

10. Ohio Auto Club
90 E. Wilson Bridge Rd.
Columbus, OH 43215
(614) 431-7800

11. Miami Valley Auto Club
825 S. Ludlow St.
Dayton, OH 45402
(513) 224-2801

12. Columbiana Co. Motor Club
213 E. 4th St.
East Liverpool, OH 43920
(216) 385-2020

13. Findlay Auto Club
1550 Tiffin Rd.
Findlay, OH 45840
(419) 422-4961

14. Fairfield Co. Auto Club
714 N. Memorial Drive
Lancaster, OH 43130
(614) 650-0912

15. Massillon Auto Club
1972 Wales Rd., N.E.
Massillon, OH 44646
(216) 833-1084

16. Tuscarawas Co. Auto Club
1112 4th St., N.W.
New Philadelphia, OH 44663
(216) 343-4481

17. Miami Co. Auto Club
601 West High St.
Piqua, OH 45356
(513) 773-3753

18. Auto Club of Southeastern Ohio
710 Waller St.
Portsmouth, OH 45662
(614) 354-5614

19. Shelby Co. Motor Club
920 Wapakoneta Ave.
Sidney, OH 45365
(513) 492-3167

20. Toledo Auto Club
2271 Ashland Ave.
Toledo, OH 43620
(419) 241-0182

21. Youngstown Auto Club
116 E. Front St.
Youngstown, OH 44503
(216) 744-8451

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..BOOKS

..ARTICLES

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